



EPICS



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THE INDIAN
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SCHOOL (SENIOR)
KUWAIT

E EMOTIONAL **P** PHYSICAL **I** INTELLECTUAL **C** CULTURAL **S** SPIRITUAL

OCTOBER 2019



PRINCIPAL'S MESSAGE

Dear Children,

I know that you are in a relaxed mood after your first terminal examination. Next you have to focus for our GYANOTSAV the edu exhibition where your creative thinking and skills will

be uplifted. I request all of you to participate in Gyanotsav 2019. Second term onwards school is going to have two more short breaks with 5 minutes duration, which is for drinking water and to eat fruits and vegetables to build healthy habits on you. Do exercise which is one of the best things you can do for yourselves. Below you'll find 9 benefits of exercise.

1. Reducing Stress

Have you had a rough day? Are you stressed? Come out and do some walk somewhere. You can also go to the gym and run for a bit. One of the best effects of exercising is stress relief. Getting a healthy sweat going can help you to manage your mental and physical stress responses.

2. Boosting your body's happy chemicals

Exercising is never easy, but if you can do it, the body will reward you for it. Exercising releases endorphins, which in turn create feelings of happiness. Several studies have shown that exercise has such a powerful effect it can even reduce depression.

3. Boosting your self-confidence

It doesn't matter how old you are do some exercise and try to produce endorphins which will make you feel better about yourself for the whole day. Working out a few times a week will make you feel more secure, less threatened by external factors and more confident in your own abilities.

4. Reducing your anxiety

Studies have found that a 20 minute jog is actually better at alleviating anxiety. The happy chemicals that get released during and after a good work out help us calm down with good comfort. To reduce your sensitivity to anxiety, go on the treadmill for moderate-to-high intensity aerobic workouts.

5. Boosting Brainpower

Various studies conducted on the effect of cardiovascular exercise on mice and humans have revealed that

exercise can actually create new brain cells (also known as neurogenesis) while enhancing brain performance overall. In addition, experts have discovered that a brain-derived protein known as BDNF (Brain-derived neurotrophic factor) increases with a good workout, and helps in better decision making, higher-form thinking and speed of learning. So do exercise and let it be a part of your life.

6. Fighting addiction

It doesn't matter what you're addicted to (Television, Mobile, Computer, Video game or any other), the effect is usually the same. Our brains are wired to release dopamine (the neurotransmitter that makes us feel pleasure) when we surrender to our addictions. Exercise has been proven to help with recovery from addiction. Short sessions can distract our brain from the pleasure it seeks by making it produce endorphins instead of dopamine. This helps the cravings and 'reboots' the body's clock, thus helping those that cannot fall asleep without their favourite addiction to relax and drift off.

7. Getting more done

Feeling like you have absolutely no incentive to get things done? Go for a run, right now. Studies show that people who take time to exercise on a regular basis have more energy and get more done than others.

8. Tapping into your creativity

Many believe that creativity is best achieved from a relaxed state, sitting comfortably in front of a blank page or pondering a problem. Experts would disagree. In fact, research shows that a good cardio-vascular workout can boost creativity for up to 2 hours afterwards. So if you're challenged by a tough problem, don't sleep on it - run first, take a shower and then go to work on it, you might find that you are thinking more clearly and arrive at better results.

9. Socialize for added benefits

Whether it's a game of football or a group class at the gym, studies show that exercising with others enhances all the effects we've just discussed, especially self-confidence, pleasure and fighting symptoms of depression. Working out is much more fun when done with others. So if you want to supercharge these effects, find a group to workout to really get the maximum results.

Once again reminding all of you to participate in Gyanotsav 2019 to get the maximum knowledge and skill. Wish You All The Best.

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ICSK ON FACEBOOK AND YOUTUBE

For enhancing our communication with parents, and for updating campus activities via our social media ie Facebook and YouTube, requesting the support of all stakeholders of ICSK in this regards.

Like & Subscribe ICSK in Face book and Youtube



YouTube

ICSK -The Indian Community School, Kuwait



ICSK -The Indian Community School, Kuwait



EDITORS' NOTE

Dear children,

Greetings from the editorial board.

I came across this beautiful message and I thought of sharing with you.

Let this be an inspiration for you to scale greater heights of excellence in the years to come.

I watched a local football match in a school playing ground. As I sat down, I asked one of the boys what the score was. With a smile, he replied; they are leading us 3-0.

And I said, REALLY. I have to say you don't look discouraged. "Discouraged" the boy asked with a puzzled look. Why should I be discouraged when the referee has not blown the final whistle.

I have confidence in the team and the managers; we shall definitely overcome.

Truly, the match ended 5-4 in favor of the boy's team.

He waved at me gently, with a beautiful smile as he left; I was amazed, mouth wide open; Such confidence; Such beautiful faith. I marveled at the boy.

As I got back home that night, his question kept coming back to me

Why should I be discouraged when the referee has not blown the final whistle.

Life is liked a game....

Why be discouraged, when there is still life.

Why be discouraged when your final whistle has not sounded.

The truth is that many people blow the final whistle themselves....

But as long as there is life, nothing is impossible and it is never too late for you.

Half time is not full time.....

Don't blow the whistle yourself....

Be Alive Always

**Send your valuable contributions to
epicseditor@icsk-kw.com**



Mrs. Susan George



Mrs. Tintu Wilson



WOMEN'S WORLD CUP FRANCE 2019

The 2019 FIFA Women's World Cup was the eighth edition of the FIFA Women's World Cup. It took place between 7th June and 7th July 2019, with 52 matches staged in nine cities in France. The United States entered the competition as defending champions after winning the 2015 edition in Canada and successfully defended their title with a 2-0 victory over the Netherlands in the final.



ABIGAIL YANG
- 12 B



The tournament in France has drawn a huge wave of interest and made history on and off the pitch, reflecting an increased international commitment and investment in the sport.

The USWNT has now won a record four titles and their joint captain Alex Morgan equaled the record for most goals scored by an individual in a Women's World Cup match, with five in their crushing 13-0 defeat of Thailand on 11 June.



This result also made history, with the US breaking the record for the highest margin of victory.

And Carli Lloyd, playing for the US, broke records by scoring in six consecutive games across the 2015 and 2019 World Cups.

Brazil's Marta also became the record scorer in World Cup finals, with 17 goals in five tournaments.

A second-half penalty against Italy saw her become the all-time leading scorer at men's or women's World Cups, surpassing retired Germany striker Miroslav Klose.

The 2019 Women's World Cup has surpassed expectations, smashing records and proving we are entering a new era in the women's game.

ICSK SENIOR COMMEMORATES GANDHI JAYANTI



The Principal of ICSK Senior, Dr. V Binumon, Vice Principal, Mrs. Susan Rajesh and Deputy Vice Principal Mrs. Mini Shaji along with the entire crew of ICSK Senior, commemorated the 150th birth anniversary of The Father of the Nation, on 2nd October 2019 by unveiling

the monumental statue of Gandhiji. The statue was unveiled by Mrs. Shehnaz Dalvi (Secretary of Staff Club) ICSK Senior. The Principal, Dr. V Binumon and the Vice Principal Mrs. Susan Rajesh addressed the entire staff and students and shared their joy and adulation on



this auspicious occasion.

The statue of Gandhiji was sculpted by Mr. Suraj, Art Teacher of ICSK Senior. A floral tribute was also paid to Gandhiji by Mr. Hamad Muneef [Inspector, Ministry of Education, Kuwait].

.....*"The future depends on what you do today."* MAHATMA GANDHI

A Tribute to The Father of the nation on his 150th Birth Anniversary

“BE THE CHANGE THAT YOU WANT TO SEE IN THE WORLD” - Mahatma Gandhi

For the Indians, he became 'BAPU' and 'THE FATHER OF THE NATION'. To the rest of the world, he was a unique general who fought against injustice in every form.

His weapons were truth and non-violence. Family values may have shaped him, but it was his own courage and persistence that made Mohandas Karamchand Gandhi change the way people thought and that's how he changed the way, the Indian people lived for the better.

His tireless effort, non-violence, courage and patience to face any situations has even inspired many world leaders. He is a much revered leader and is considered as the International Symbol of non-violence and peace.



JOHANN PREMJI
- 8 B

He drew such immense admiration for his contributions worldwide that his date of birth is observed as the "International Day of Non-Violence".

Through his freedom movements like the Quit India movement, Non-cooperation movement, Civil disobedience, Dandi march, Gandhiji always stood for the human rights. Gandhiji has been a true inspiration for the past generations and also for generations to come.

May his deeds keep inspiring us forever.
JAI HIND



Mahatma Gandhi was born on 2nd October 1869 at Porbandar, Gujarat. He went to England to study Law and then went to South Africa to practice it. In South Africa he fought against racism. In 1915, he returned to India and started helping the people of India who were humiliated and insulted during the British rules. The path to freedom was never too easy. After many national movements and talks with the British, he faced failures, but never gave up.

He had faith in his own values and determinations. The British tried every tactics to divide and rule India, but Gandhiji with the entire nation banded and led his country in to one thread.

EPITOME OF SUCCESS

THE STORY OF JAN KOUM AND BRIAN ACTON



With Facebook acquiring WhatsApp, its co-founders - Jan Koum and Brian Acton - have become billionaires and stars of technology world. It has been an incredible journey for Jan Koum who lived on food stamps as a teenager. Their company exemplifies the spirit of Silicon Valley... "WhatsApp is on a path to connect 1 billion people. The services that reach that milestone are all incredibly valuable," Facebook CEO Mark Zuckerberg said in a statement.

The most interesting part of their journey is that both Jan Koum and Brian Acton applied for a job in Facebook and were rejected in 2009. Expressing disappointment over the rejection, Brian Acton had then tweeted, "Facebook turned me down. It was a great opportunity to connect with some fantastic people. Looking forward to life's next adventure."

Jan Koum, co-founder of WhatsApp

was born in a small village near Kiev in Ukraine. He led a life full of hardships as his family struggled hard to meet ends meet. His house did not even have electricity. However, Koum escaped from the trouble-torn place when he was just 16 years old, along with his mother. Jan Koum used to do menial jobs.

But life's adversities only made Jan Koum stronger and resilient. By 18, he learnt computer networking all by himself with the help of manuals from a used book store.

Little did he realize that this was the beginning of an illustrious career. Meeting Brian Acton was a turning point in his life. Koum later got a job at Yahoo as an infrastructure engineer.

Both of them bid farewell to Yahoo and decided to unwind and travel around. As savings started getting over, the

duo started thinking about new start-up ideas. Incidentally, in 2009, the seeds of this amazing innovation were sown. Koum bought an iPhone and figured out that apps would be the next big thing. He thought creating a hassle-free and instant messaging service would work wonders across the globe if it had mobile users as base.

There were several trying times when things would not fall in place. Initially, the messaging service was tried on phones of his Russian friends.

The response was encouraging. Koum released WhatsApp 2.0 with a messaging component and active users went up to 250,000. By 2011, WhatsApp found a place among the top 20 apps in the US app store.

Two years later in 2013, WhatsApp's user base had zoomed to 200 million active users.

Today WhatsApp has more than 450 million active users, and reached that number faster than any other company in history, points out Venture Capitalist Jim Goetz in a blog on Sequoia Capital website which has invested in the company.

The most remarkable aspect of the company is that, "It doesn't even employ a marketer or PR person. Yet like the world's greatest brands, it's created a strong emotional connection with consumers."

EPI-Facts

1. Did you know August has the highest percentage of births?
2. Did you know unless food is mixed with saliva you can't taste it?
3. Did you know a bear has 42 teeth?
4. Did you know lemons contain more sugar than strawberries?
5. Did you know 8% of people have an extra rib?
6. Did you know 85% of plant life is found in the ocean?

7. Did you know a lobster's blood is colorless but when exposed to oxygen it turns blue?
8. Did you know reindeer like bananas?
9. Did you know the longest recorded flight of a chicken was 13 seconds?
10. Did you know birds need gravity to swallow?
11. Did you know cats spend 66% of their life asleep?
12. Did you know Switzerland eats the most chocolate, equating to 10 kilos per person per year?
13. Did you know stewardesses is the longest word that is typed with only the left hand?

14. Did you know M&M's chocolate stands for the initials for its inventors Mars and Murrie?
15. Did you know that you burn more calories eating celery than it contains (the more you eat the thinner you become)?
16. Did you know the only continent with no active volcanoes is Australia?



MEDHANI G.
-8E



BEST STUDENTS - SEPTEMBER



GAUTAM PRAKASH
- 12A



FARHANA ALLY
- 12B



EBIN SHIBU
- 12C



SHUBHAM MANISH
GANDHI - 12D



JENAB HAKIM AZIZ
- 12E



NIKHIL MENEZES
- 12F



ARPITA PATNAIK
- 12G



NIVEDITHA BEHJU
- 12H



JATIN KUMAR
- 12I



MARZUK
- 12J



RONAK KISHORE
- 12K



SRILAKSHMI
- 11A



ALISHA NAGEEM
- 11B



NOEL JACOB BIJU
- 11C



JAYADEV NEEDHI
DEVAN - 11D



RON SHAJU
- 11E



MEEVEL GEORGE
- 11F



JOEL VARGHESE
- 11G



CELINE SARA SIBIN
- 11H



SAFFANA
- 11I



GAUTAM KRISHNA
- 11J



AISWARYA SUNIL
NAIR - 10A



SAGAMA JAMIL
- 10B



NANDA KRISHNA
- 10C



KEVIN VARGHESE
- 10E



AAHIL
- 10F



ELEORA ANDRADE
- 10G



JESSLYN SARA
- 9A



AISHWARYA JAYA
SHANKAR - 9B



NAVAMI NAIR
- 9C



NADIYA ADNAN
- 9D



MABEL EMILIE
- 9E



MOHAMMED FAYIZ
- 9F



LAVNYA NAIR
- 8A



AYUSHI AISHWARYA
- 8B



CHANDLER COLIN
- 8C



ASMI MAHESH
- 8D



KAVERI AMIT NATH
- 8E



SYED MUHAMMED
AMEER - 8F



SARA GHOUSE
- 7A



NESRIN NIYAS
- 7B



MEHEK KHAN
- 7C



NESLINE MARIA
- 7D



AARON VARGHESE
- 7E



K. RAMYA
- 7F



HANNAH MARIA
- 6A



NADIRA
- 6B

BELIEVE IN YOURSELF



Learning how to believe in yourself will open up endless possibilities in your life. At times you may find this difficult to do. The truth is that we've been conditioned

throughout our lives to doubt ourselves. We must retrain ourselves to get rid of our fears and self-doubt in order to build self-esteem and self-confidence.

Everything you have in your life is a result of your belief in yourself and the belief that it's possible. Here are the four most important steps to learning how to believe in yourself. Practice them and you'll be amazed at the results: Believe it's possible. Believe that you can do it regardless of what anyone says or where you are in life.

Visualize it. Think about exactly what your life would look like if you had already achieved your dream.

Act as if. Always act in a way that is consistent with where you want to go. Take action towards your goals.

Do not let fear stop you, nothing happens in life until you take action. "Start believing in yourself and you'll see the world around you changing"



SARA JAMES - 12 F



8 Signs of Depression in Children to Never Ignore



Depression is an ailment encompassing the body, thoughts and moods and impacts the manner an individual eats and sleeps, the manner they feel about themselves, and the way you reason about stuff. Unfortunately, the disease also impacts our children.

Childhood depression is not similar to the typical "blues" and routine emotions that take place as the kid grows. The child may have depression when indicators last and affect interests, social activities, family life, and schoolwork. Depression is curable, even though it is a serious condition.

8 WARNING SIGNS OF DEPRESSION IN CHILDREN THAT YOU MUST NOT OVERLOOK.

1. SADNESS AND SLUGGISHNESS

The kid may suffer from hopelessness and lowness. They may perhaps cry easily. Some of them shall hide away their tears by getting reserved. Children suffering from depression often react,

walk, and talk slower. They might be less playful and active than usual.

2. LACK OF ATTENTION AND DISPLEASURE

A kid who has continuously loved playing sports, for instance, might abruptly choose to not engage in such activities anymore. They might turn down a suggestion to partake in stuff, which they have continuously enjoyed before or complain of being "bored."

3. NERVOUSNESS AND TENSION

Dejected children might not be able to sit still or have signs of tension through restlessness. Anxiousness, panic, and tension might be seen in the child. The anxiety source may provide you a hint to what is initiating the depression.

4. CONFUSION AND GLOOMINESS

The child might turn short-tempered and troubled. As a consequence of the distress, they are experiencing they may lash out in anger or get moody.

Individuals with depression may become cynical, identifying themselves, their environment, and their life, in an awful portrayal.

5. GUILT, SELF-HARM, AND FEELING OF UNIMPORTANCE

Children who are depressed may have an obsession with their supposed disappointments and mistakes, feel so guilty, and assume they are of no use. People who are depressed may cause physical pain to themselves or take extreme risks. A good illustration of such actions is self-injury

6. SECLUSION FEELINGS

A child who has frequently been harassed may turn out to be so sensitive to any offend from his friends.

7. CHANGES IN WEIGHT OR EATING HABITS

Appetite either increases or decreases in most persons with depression. Those who typically have a desire for food may unexpectedly lose concern for eating. Youngsters may as well respond in a reverse manner, by overeating food to self-treat their emotional state.

8. SLEEPING DISORDERS

Depressed children might have strain falling asleep and remaining asleep when they do. Oversleeping or waking up too early might be experienced. During the day at school, they may struggle to stay awake.

When signs last shortly, it might be a temporary situation of "the blues." However, if they take over two weeks and hinder normal routine activities and school life, the child may be facing depression.

Quote Garden

1. Never bend your head. Always hold it high. Look the world right in the eye.
2. Don't believe in age, believe in energy, don't let age dictate what you can do.
3. There is greater wealth in this world than peace of mind.
4. Your mind is the strongest and the most powerful healer of your body.
5. Put your heart, mind and soul into even your smallest acts. This is the secret of success.

CBSE INSPECTION

“Quality comes not from inspection, but from improvement of the production process.”



The CBSE inspection was conducted at ICSK Senior, on 24th September 2019, wherein the CBSE Inspector Mr. Arul Dharmaraj, Principal of Integrated Indian School, monitored the

administration and academics of the school. A photo session was organized with the entire teaching and non-teaching staff of ICSK Senior.

Bharatanatyam



Bharatanatyam originated in the temples of Tamil Nadu as a part of ceremonial worship. It was reconstructed as a performing art for the stage during the last century, particularly during the period 1920–1960. The defining feature of Bharatanatyam is the alternation between dramatic expression, or abhinaya, and crisp, fast-paced, pure dance movements.



Popular dancer Padma Shri. Shobana Chandrakumar

Dance is not merely a body movement, but poetry in motion. Yes, Bharatanatyam is one of its kind of traditional Indian dance originated from Tamilnadu, 2000 years old. “Bha” from Bhava (emotions) “Ra” from Raga (music) “Ta” from Taala (rhythm) and “Natyam” (dance). It is a mixed delights of Mudras and postures, songs and steps, which is a magical blend of expressions, melody and rhythm.

There are three elements called Nritta, Nritya and Natya.

Nritta emphasis on pure dance movement, creating patterns in space and time, mostly along straight lines, triangles, circles / semi circles without any specific intension. Nritya is a combination of Rhythm and expression.

Natya is dramatic element. It is nothing but performing a theme like Ramayana, Mahabharata.

The entire movement makes the body flexible and mind active. It increases the concentration thus giving physical and moral strength to our body. It teaches discipline, unity and patience.

Practice, strong determination, patience, dedication is very important during your learning process.



AATHISHNI SIVAKUMAR – 12 B

Imagine your mind like a garden and your thoughts are the seeds.

You get to choose what seeds you plant in it. You can plant seeds of positivity, love and abundance. Or you can plant seeds of negativity, fear and lack. You can also spend time trying to take care of everyone else’s garden. Or you can work on making yours beautiful and attract other beautiful people to your garden.

Birthday Arcade - October



AMIRA MUNIR
12G - OCT 1



IVINE RAMESH
7D - OCT 1



NIMISHA PRASATH
8C - OCT 1



AMALA JAISON
11B - OCT 2



ANAS ATIF KHANZADA
8D - OCT 2



EMMA KURIAN
8D - OCT 2



EVITA D SOUZA
12F - OCT 2



HANNAH KURIAN
8A - OCT 2



IRIN MATHEW
7C - OCT 2



MOHAMMED SAAD
9B - OCT 2



ZUHAIB ANSAR KHAN
9F - OCT 2



KHUSHI SHARMA
12K - OCT 3



ALIASGAR HUSAIN
11I - OCT 3



MURTAZA HOZEFA
12C - OCT 3



NATHAN ABEJ
12D - OCT 3



SAFA RAHIM
9C - OCT 3



SHEREEN FATHIMA
11F - OCT 3



ADNAN ABDULLA
12C - OCT 4



CRISTY SAJJAN
11H - OCT 4



MOHAN KUMAR VS
12I - OCT 4



FARJANA MOHAMMED
12J - OCT 5



SHADHA KALATHIL
12E - OCT 5



SHAIKH YOUSUF
10C - OCT 5



CALEB RICHARD
7B - OCT 6



ILHAM NADEEM
9B - OCT 6



USHANI U
10G - OCT 6



DEVAM PRANAV
8F - OCT 7



DON THOMAS CROSS
9A - OCT 7



HAMZA MOHAMMED
10G - OCT 7



MADIHA FAISAL KAZI
12C - OCT 7



RHYS FERNANDES
12J - OCT 7



SAURAV GHANASHYAM
11F - OCT 7



NAUFEL SAALIM
6B - OCT 8



ROSHAN THOMAS
12E - OCT 8



ADNAN ABBAS
8E - OCT 9



ANEES MUHAMMED
12K - OCT 9



ARIHANT BABLU
11D - OCT 9



EBEN JOHN CHACKO
8A - OCT 9



FATHIMA MAHNAS
12G - OCT 9



KAZI NOOR
10G - OCT 9



RUTH GLADWIN
8E - OCT 9



SYED HUSSAIN
11B - OCT 9



TAHA KASSIM
12A - OCT 9



BHUMI ALPESHKUMAR
9F - OCT 10



ARYA NAIR
7B - OCT 10



DEVI AJAYA KUMARAN
9A - OCT 10



ETHAN SANJAY
8E - OCT 10



RAEBEL SHAJU
8A - OCT 10



SAHEDURZAMAN
12J - OCT 10



DIVYA UMESH
12C - OCT 11



GORUR MOHD RAEES
12A - OCT 11



HAKHILESH N.
12C - OCT 11



JOSHUA BASIL
11A - OCT 11



NAVAMI NAIR
9C - OCT 11



SHIBIN BENNY
12J - OCT 11



TANIRIKA MATHEWS
10G - OCT 11



ZARA FAROOK
12K - OCT 11



MARIYAM ATHAR
12C - OCT 12



DEEPAK DEVENDRA
10E - OCT 12



DEERAJ DEVENDRA
9D - OCT 12



ERIN SHENNI
8B - OCT 12



UMMEAYMAH
8D - OCT 12



CHRIS DSOUZA
8E - OCT 13



IBRAHIM JAVED
8B - OCT 13



MIDHAT FATEMA
7B - OCT 13



PRERANA
11H - OCT 13



ZAHRA FAROOQ
8C - OCT 13



JASIM ALI
12J - OCT 14



RASHA FATHIMA
12H - OCT 14



ROHIT RAJESH
10A - OCT 14



SANJANA MENGHANI
9D - OCT 14



GRAHAM JIJI THOMAS
8F - OCT 15



ANANDITHA P.
11B - OCT 16



DINAH STEPHEN
12C - OCT 16



IMMANUEL MATHEW
10G - OCT 16



JIEU SAJU ABRAHAM
11J - OCT 16



NIHARA RAHIM
11E - OCT 16



SAMAR FATIMA
12F - OCT 16



SAPANA SRINIVAS
10A - OCT 16



SONU BOSCO
12J - OCT 16



AREEBAH NAWAZ
11J - OCT 17



ASHWITA ANANDRAJ
7C - OCT 17



AHMED AJAZ
11B - OCT 17



IMAN JAVID SAYYED
8C - OCT 17



JOEL GEORGE
12A - OCT 17



LAMIAH HANIF
9C - OCT 17



SHIJON SAIJU
10B - OCT 17



SHUBHAM MANISH
12D - OCT 17



SHIHAM MOHAMMED
10G - OCT 17



AHMED FAYYAZ
7C - OCT 18



AMAL RAJ
11H - OCT 18



BEN AJITH KURIAN
10A - OCT 18



FAIZAH MOHAMMED
11H - OCT 18



FEBA JOSE
11A - OCT 18



HUSAINA JAKIR
7C - OCT 18



JOHANN THOMAS
10A - OCT 18



AATEKA NADEEM
8A - OCT 19



ALI ASGAR
8B - OCT 19



ANAGHA HOMBALI
8E - OCT 19



ANN SHIBU
9C - OCT 19



DANIYA OMAR
8A - OCT 19



MOHAMMED FAAIZ S
12J - OCT 19



SARAH MARIAM
12J - OCT 19



AREENA AFSHANA
12E - OCT 20



SAGAMA JAMIL
10B - OCT 20



VYSHNAV ANOOP
12G - OCT 20



ZAIMA MOHAMED
8B - OCT 20



AFHAM NANETHAN
9D - OCT 21



JEET SANDHAR
10E - OCT 21



MAYRA FAISAL
8A - OCT 21



MOHAMMAD SABBIR
8F - OCT 21



RYAN CHERI JACOB
11B - OCT 21



ASIM SHAREIF
8D - OCT 22



PRENZILA SARILDA
12H - OCT 22



AARUSHI SAXENA
6A - OCT 23



ABDULLAH ALAM
10F - OCT 23



ALIFIYA ABBAS
11I - OCT 23



MATHEWS ABRAHAM
6A - OCT 23



NADIRA YASMEEN
6B - OCT 23



ROSHAN JEEMON
6A - OCT 23



RUBIN BENNY
8A - OCT 23



SANIA NASIR KHAN
9E - OCT 23



AATHISHNI SIVAKUMAR
12B - OCT 24



ALRIA JAYCE
7D - OCT 24



HAYAT BIJU
7C - OCT 24



JAMES JOHN
7C - OCT 24



JOSHUA SHAJAN
9A - OCT 24



ADWATH NAIR
7E - OCT 25



MOHAMMAD ZAHIR
12J - OCT 25



NADEEM ISMAIL K.P.
7E - OCT 25



RITHIN PHILIP JOSE
8B - OCT 25



RUTVIK VENKATA
11C - OCT 25



S. MOHAMMED
10E - OCT 25



LYNN JENNIFER PAIS
12G - OCT 26



SALIHA SHABBIR
10C - OCT 26



SANDRA ELIZABETH
8E - OCT 26



SOFIAN AHMED
6B - OCT 26



JOSHUA ALVIN
7D - OCT 27



MOHAMMAD BASIT
10C - OCT 27



TALHA KHALIQ
11B - OCT 27



ZIYAD JABIR GULATI
9B - OCT 27



ABISHEAKH SOMI
9F - OCT 28



ALFIE MARIAM AJU
9A - OCT 29



AYAAN ISMAIL
9B - OCT 29



AMAL RAWOOT
11A - OCT 29



OSCAR PEREIRA
11A - OCT 29



YOUSUF ZILLUR
7A - OCT 29



ABHINAV ANIL G
8A - OCT 30



ALEFIYA ABBAS
11F - OCT 30



AROMAL ANIL G.
7B - OCT 30



ARPANA ANIL G.
8E - OCT 30



MARIYA MAZAHIR
12H - OCT 30



VEDANSHI BHATT
10F - OCT 30



ANAKHA VINOD
10A - OCT 31



HAMID HUSSAIN
11H - OCT 31



JUBAL VARUGESE
12A - OCT 31



SAMANTHA F.
11F - OCT 31



SHAAMIYA MARIYAM
11H - OCT 31



MR. ANTONY
AUSTIN - OCT. 02



MRS. JAYASHREE
SHETTY - OCT. 18



MRS. SUSAN
GEORGE - OCT. 18



MRS. SANDHYA
MENON - OCT. 21



MRS. AMBIKA
TAMANG - OCT. 22



MRS. SHYNA
RAMESH - OCT. 23



MRS. GOPIKA
MOHAN - OCT. 28



MRS. SUJA KOSHY
OCT.28

BIRTHDAY CUM CHARITY FUND

BALANCE SHEET FOR THE MONTH OF SEPTEMBER 2019

INCOME (MAY)	KD	EXPENDITURE (SEPTEMBER)	KD
Balance c/f from May	2789.270	Mrs. Smitha Binu	150.000
		Mrs. Rajalakshmi Janaki Jayachandran	150.000
Balance c/f from May	2339.270	Mrs. Celedonia Sabalo Almirol	150.000
Contribution from students & Staff (September)	465.630		
Contribution from well wisher (September)	112.975		
Miscellaneous	12.000		
Balance in Hand	2929.875	Total	450.000

BIRTHDAY FUND AND CHARITY FUND COLLECTION - SEPTEMBER 2019

CLASS / SEC	Birthday Fund	Charity Fund	Sub Total
12A	-	25.205	25.205
12B	-	17.100	17.100
12C	-	5.100	5.100
12D	-	3.050	3.050
12E	-	10.220	10.220
12F	-	6.400	6.400
12G	1.000	13.660	14.660
12H	-	11.565	11.565
11A	-	15.700	15.700
11B	-	7.040	7.040
11C	-	10.155	10.155
11D	-	50.000	50.000
11E	2.000	3.545	5.545
11F	-	26.415	26.415
11G	-	6.005	6.005
11H	-	19.560	19.560
10A	-	12.250	12.250
10B	1.500	17.010	18.510
10C	-	7.825	7.825
9A	1.450	4.340	5.790
9B	-	6.180	6.180
9C	3.000	6.480	9.480
9D	4.950	0.900	5.850
9E	-	27.000	27.000
8A	-	5.990	5.990
8B	-	3.420	3.420
8C	0.100	4.285	4.385
8D	-	6.780	6.780
8E	-	4.660	4.660
7A	-	2.200	2.200
7B	-	20.130	20.130
7C	-	4.955	4.955
7D	-	3.650	3.650
7E	-	2.410	2.410
6A	-	7.065	7.065
6B	-	2.450	2.450
Total	14.000	380.700	394.700
AFTERNOON			
7 F	-	1.595	1.595
8 F	-	1.690	1.690
9 F	-	6.400	6.400
10 E	-	6.110	6.110
10 F	-	6.840	6.840
10 G	-	9.430	9.430
11 I	-	11.515	11.515
11 J	-	1.370	1.370
12 I	-	10.060	10.060
12 J	-	6.440	6.440
12 K	-	7.480	7.480
Total		68.930	68.930
Grand Total	14.000	449.630	463.630



CHARITY CONVENORS - OCTOBER



AKANKSHYA PRATAP
- 12A



FAHAD JAVID AHMAD - 12B



GAUTHAM SAI SREENI - 12C



C.G. ANJALI - 12D



YOUSUF FAISAL KAZI - 12E



EVITA DSOUZA - 12F



JESTIN RAJ - 12G



ANGELINA MARIAM - 12H



ELTON ELVIS - 12I



YUSUF SALIM - 12J



CALVIN SEBASTIN - 12K



ELITHIA CORDA - 11A



SONA ADHITHI - 11B



BLESSY KAVUTURU - 11C



ARSH IMTIAZ - 11D



GEORGIE VARGHESE - 11E



ALDRIEN VOEN PAIS - 11F



FATEMA IRFAN - 11G



NUPUR MONESH - 11H



ALI ASGAR HUSAIN - 11I



AARATHY JNANA PRAKASHAN - 11J



KATHERINE MARY - 10A



VAISHNAV ANIL - 10B



KHADIJA SALIM - 10C



TANVIR SINGH - 10E



TAWHIDUL ALAM - 10F



KAZI NOOR - 10G



TANISHA RICHARD - 9A



ADIL P ASIF - 9B



SIMON GLADWIN - 9C



ARFANA - 9D



FAISAL KHAN - 9E



ABDUL RAHMAN - 9F



AFRAH QUADRI SYEDA - 8A



SYED AKBAR - 8B



SAIF RAFIQ AGARIA - 8C



JOHN PREETHAM - 8D



PIYUSH DEVADAS - 8E



MOHD FARJAAD UMAR - 8F



SHARANJIT SINGH - 7A



MOHAMMED MUFADDAL - 7B



IRIN MATHEW - 7C



KISHORE PONNA - 7D



NADEEM ISMAIL - 7E



SAJILA - 7F



ATHISH KRISHNA - 6A



DEERAJ REDDY - 6B

GOODWILL AMBASSADORS

MORNING SHIFT



SAMUEL RENJI - 11 D



AMEENA BADARUDEEN - 9 E



YOHANN MATHEW - 7 B

AFTERNOON SHIFT



MOHAMMED NIHAL - 11 I



SHAIKH MOHAMMED - 10 F



MOHAMMED SHABIR - 8 F

EPITravel ITALY



in the 1990s, posting gains in the number of overseas and domestic tourists. In addition, the Jubilee celebrations promoted by the Roman Catholic Church in 2000 to mark the advent of its third millennium attracted millions of tourists to Rome and its enclave, Vatican City, the seat of the church. Pope Francis declared 2016 to be an Extraordinary Jubilee of Mercy, an event that drew still more pilgrims to the Vatican.

Places to visit

The tourist industry has flourished under both national and international patronage. The most popular locations, apart from the great cultural centres of Rome, Florence, Venice, and Naples, are the coastal resorts and islands or the Alpine hills and lakes of the north; the Ligurian and Amalfi riverias; the northern Adriatic coast; the small islands in the Tyrrhenian Sea (Elba, Capri, and Ischia); the Emerald Coast of Sardinia; Sicily; Gran Paradiso National Park and the Dolomites; and Abruzzo National Park.

Italy, country of south-central Europe, occupying a peninsula that juts deep into the Mediterranean Sea. Italy comprises some of the most varied and scenic landscapes on Earth and is often described as a country shaped like a boot. At its broad top stand the Alps, which are among the world's most rugged mountains. Italy's highest points are along Monte Rosa, which peaks in Switzerland, and along Mont Blanc, which peaks in France. The western Alps overlook a landscape of Alpine lakes and glacier-carved valleys that stretch down to the Po River and the Piedmont. Tuscany, to the south of the cisalpine region, is perhaps the country's best-known region. From the central Alps, running down the length of the country, radiates the tall Apennine Range, which widens near Rome to cover nearly the entire width of the Italian peninsula. South of Rome the Apennines narrow and are flanked by two wide coastal plains, one facing the Tyrrhenian Sea and the other the Adriatic Sea. At the bottom of the country, in the Mediterranean Sea, lie the islands of Sicily and Sardinia.

Most iconic food to eat in Italy

Pizza - Bottarga - Lasagna - Fiorentina steak - Polenta



Currency of Italy : Euro

Official language spoken : Italian

Italy is renowned as a tourist destination; it attracted more than 40 million foreign visitors annually in the early 21st century. Conversely, less than one-fifth of Italians take their holidays abroad. The tourist industry in Italy experienced a decline from 1987 onward, including a slump during the Persian Gulf War and world recession, but it rebounded



ICSK SENIOR, BOYS UNDER-19 WINS THE CBSE KUWAIT CLUSTER FOOTBALL TOURNAMENT



"The key is not the will to win- everybody has it. It is the will to prepare to win that is important."

With an attitude to win, the boys, the pride of ICSK Senior bagged the trophy of the CBSE Kuwait cluster, under-19 football tournament. Sheer determination, hard work and self confidence made them achieve triumph. ICSK family applauds the champions and the ordeals taken up by the members of the Department of Physical Education.

ICSK SENIOR REVELS TEACHERS DAY

"If there were no teachers, all other professions would not exist."



September 5th, the birth anniversary of Dr. Sarvepalli Radhakrishnan is marked as Teachers Day. ICSK Senior, that values all its teachers, went on a spree by roistering Teachers Day in

a splendid way. On this auspicious occasion a special assembly was organized by the students in order to exhibit their love and indebtedness towards their loving teachers.

The Principal, Dr. V Binumon addressed the assembly and presented flowers to all the teachers. The children presented a thought provoking skit to amuse the teachers. A flamboyant dance performance followed by a soulful group song was also presented. The Vice Principal Mrs. Susan Rajesh presented the students with the Best Class Awards and also the class Captains and Vice Captains were invested with their badges.

A day quite memorable indeed.

Teachers day is dedicated to the teachers and mentors who guide and train us to be better human beings.

21 BASIC LIFE ETIQUETTE



1. Don't call someone more than twice continuously. If they don't pick up your call, presume they have something important to attend to;
2. Return money that you have borrowed even before the other person remembers asking for it from you. It shows your integrity and character. Same goes with umbrellas, pens and lunch boxes;
3. Never order the expensive dish on the menu when someone is giving you a lunch/dinner. If possible ask them to order their choice of food for you;
4. Don't ask awkward questions like 'Oh so you aren't married yet?' Or 'Don't you have kids?' or 'Why didn't you buy a house?' Or why don't you buy a car? For God's sake it isn't your problem;
5. Always open the door for the person coming behind you. It doesn't matter if it is a guy or a girl, senior or junior. You don't grow small by treating someone well in public;
6. If you take a taxi with a friend and he/she pays now, try paying next time;
7. Respect different shades of opinions. Remember what's 6 to you will appear 9 to someone facing you. Besides, second opinion is good for an alternative;
8. Never interrupt people talking. Allow them to pour it out. As they say, hear them all and filter them all;
9. If you tease someone, and they don't seem to enjoy it, stop it and never do it again. It encourages one to do more and it shows how appreciative you're;
10. Say "thank you" when someone is helping you.
11. Praise publicly. Criticize privately;
12. There's almost never a reason to comment on someone's weight. Just say, "You look fantastic." If they want to talk about losing weight, they will;
13. When someone shows you a photo on their phone, don't swipe left or right. You never know what's next;
14. If a colleague tells you they have a doctors' appointment, don't ask what it's for, just say "I hope you're okay". Don't put them in the uncomfortable position of having to tell you their personal illness. If they want you to know, they'll do so without your inquisitiveness;
15. Treat the cleaner with the same respect as the CEO. Nobody is impressed at how rude you can treat someone below you but people will notice if you treat them with respect;
16. If a person is speaking directly to you, staring at your phone is rude;
17. Never give advice until you're asked;
18. When meeting someone after a long time, unless they want to talk about it, don't ask them their age and salary;
19. Mind your business unless anything involves you directly - just stay out of it;
20. Remove your sunglasses if you are talking to anyone in the street. It is a sign of respect. Moreso, eye contact is as important as your speech;
21. Never talk about your riches in the midst of the poor. Similarly, don't talk about your children in the midst of the barren...or talk about your spouses around those who don't have.



CAPTAINS & VICE CAPTAINS - OCTOBER

CLASS 12A



MEET CHANDRESH



MELAN VARGHESE



AATHISHNI SIVAKUMAR



PRAISLY MANALIL



PARTHRAJ



ADNAN ABDULLA



MERLIN MARY SAJI



INSIYA SAIFEE



ZUHA FATIMA SHAIKH



SHERON DIMOTH

CLASS 12B

CLASS 12C

CLASS 12D

CLASS 12E

CLASS 12F

CLASS 12G

CLASS 12H

CLASS 12I

CLASS 12J



FATEMA BOHRA



RASHI PRABHA



AKSHITA BIPIN



MARIYAM SHABEER



PRERNA CHITRE



KIRAN BASIL BINU



TONY RONY



REHAN ZACHARIAH



SHIFAD HAZRAT



AWEES HUSSAIN

CLASS 12K

CLASS 11A

CLASS 11B

CLASS 11C

CLASS 11D



RONAK KISHORE



ANEES MUHAMMED



ISHRAT FATIMA



SARAH MATHEW



IRENE MARY



LIYAN GIGI



ASHWIN THOMAS



GAYATHRI HARI



JEFFREY JACOB



OMKAR SURESH

CLASS 11E

CLASS 11F

CLASS 11G

CLASS 11H

CLASS 11I



NAYANA ELSA



ASHWIN SANJAY



SAFA ABDUL SADIK



MOHAMMED ABDUL



GAYNELLE EVANA



HUZAIFA KHUZAMA



JOSHUA DANIEL



CRISTY SAJAN



MUSKAN SINGH



QURAM HAKIM

CLASS 11J

CLASS 10A

CLASS 10B

CLASS 10C

CLASS 10E



ZAHRA ABBAS



MOHAMMED IMRAN



VYSHNAVI



JOHAN JAMES



SYED ATIF ASHRAF



SREELAKSHMI LAL



BHARGAVEE DAS



ESTHER THOMAS



DEEPAK D NAYAK



FATHIMA HASEER

CLASS 10F

CLASS 10G

CLASS 9A

CLASS 9B

CLASS 9C



SAYED SALMAN



VEDHANSHI BHATT



ETHAN STEVE



SAKINA ARJAN



NIDHI MYTHILY



AARON SAM



ANNA SHEJU



PRANAV AJAY



NABILAH



ANNA MARRY

CLASS 9D

CLASS 9E

CLASS 9F

CLASS 8A

CLASS 8B



ANUSKA PRATAP



ABBAS KUTBUDDIN



MARYAM BURHAN



ARHAAN AQTHAR



SHAHID AHAMED



BHUMI ALPESHKUMAR



NEHA ANN MANOJ



SIVANESAN SRINIVASAN



ADRIEL JOSEPH



AARAV DODEJA

CLASS 8C

CLASS 8D

CLASS 8E

CLASS 8F

CLASS 7A



FAIZAAN FAYAZ



FATIMA SAYEED



ASIYA YUSUF KHAN



HADI NABEESH



ACELIN SANJU



SANVI SURESH



SAI AKHIL



NAWAL MOHD YUSUF



MOHAMMED ATIFUDDIN



ROSHNA BINDHU

CAPTAINS & VICE CAPTAINS - OCTOBER



HOW FASHION RULES THE WORLD

DEPARTMENT OF FASHION STUDIES



In the 21st century the style trends of the fashion industry dominate the world more than they ever did, and control not only the way people dress but also trends in home ware design, makeup fashion and people's overall attitudes. In the 60s flower power did not only mean flares and tunics, it summed up the whole attitude of a generation, and this is even more prominent today.

Nowadays, fashion is bold and daring, and this reflects a noughties generation that is not afraid to say what they think, or wear what they want. Fashion is not just a means of clothing your body, it is the essence of your personality and beliefs, and designers are well aware of the power they hold. Designers' predictions and designs for the coming season are more hotly anticipated than any other revelation in the world.

Trends in fashion unify women and men around the world, yet they still allow people the ability to portray their own individual style at the same time. A period of time portrayed in a picture can be identified immediately just by the style of clothes the people are wearing,

and this sums up just how powerful and all-encompassing fashion is. Fashion can change from one second to the next, but what never changes is the hold it has over society, and the role it plays in the modern world. Fashion is so important that whole magazines are dedicated to it, TV programs dedicate hours of transmission time to the subject, and people discuss it between their friends continually.

Designers continue to market the importance they know people put on fashion, and people continue to hang on to designers' every move in the fashion world, therefore as long as this carries on fashion will continue to maintain its dominant position in society for a very long time to come. It influences not only



what we wear, but everything we do, say, and even think.

What Is Technical Textile

In the initial time of textile products manufacturing, men used to produce clothing which were required to be civilized. They used to put emphasis on decorative and aesthetic properties of clothing during manufacturing. But, day by day their demand changed dramatically. They began to put emphasis on technical and functional properties along with decorative and aesthetic properties. So, Textile can be classified into two sectors according to its applications. They are traditional and Technical Textile. The industries which produce traditional dresses, curtains, blankets, lingerie etc. products to fulfill general and aesthetic demands are called traditional Tex. industries and this sector is known as traditional Tex. sector. On the other hand, the industries which produce products that can meet up specific demand like protection from cold, bad weather, extreme situation etc. are called technical Tex. industries. This sector is known as Technical Tex. sector.



BEST CLASSES - SEPTEMBER

Category 1



FIRST - 7B

Category 2



FIRST - 9E

Category 3



FIRST - 11A



SECOND - 7D



SECOND - 10B



SECOND - 11D



THIRD - 8D



THIRD - 10A



SECOND - 12H

AFTERNOON



FIRST - 7F (Category 1)



FIRST - 12 I (Category 2)



THIRD - 12B

12 THINGS TO REMEMBER

1. The value of time
2. The success of perseverance
3. The joy of working
4. The dignity of simplicity
5. The worth of character
6. The power of kindness
7. The influence of example
8. The obligation of duty
9. The wisdom of economy
10. The virtue of patience
11. The improvement of talent
12. The passion of originating.

JEWELS UNDER THE SADDLE



A merchant on a casual jaunt through a market, came across a fine specimen of a camel for sale.

The merchant and the camel seller, struck a hard bargain. The camel seller pleased with his skill of worming out what he felt was a very good price, parted with his camel and the merchant chuffed that he had struck a fantastic bargain, proudly walked home with the latest addition to his large livestock.

On arriving home, the merchant called to his servant to come and help him take out the camel's saddle. The heavily padded saddle

being too difficult for the servant to manage on his own. Hidden under the saddle, the servant found a small velvet pouch which on opening he discovered to be filled with precious jewels!!

The servant was overexcited!!! "Master you bought a camel.....but see what came FREE along with it!!!"

The merchant was astonished as he looked at the jewels in his servants' palm. They were of extraordinary quality sparkling and twinkling in the sunlight. "I bought the camel!" he said, "not the jewels. I must return them to

the camel seller immediately."

The servant was aghast.....his master was really foolish. "Master.....no one will know."

But the merchant headed right back to the market and handed over the velvet pouch back to the camel seller. The camel seller was very happy, " I had forgotten that I hid these jewels in the saddle for safe keeping." "Here, choose one of the jewels for yourself, as a reward." The merchant said "I paid a fair price for the camel and the camel only, so NO thank you, I do not need any reward."

But as much as the merchant refused, the camel seller insisted. Finally the merchant said, sheepishly smiling, "Actually when I decided to bring the pouch back to you, I already took two of the most precious jewels and kept them for myself."

At this confession the camel seller was a bit flabbergasted and quickly emptied the pouch to count the jewels. "All my jewels are here. What jewels did you keep? "The two most precious" said the camel seller.

"My INTEGRITY and My SELF RESPECT"

KEYBOARD OF LIFE

DELETEyour ego.
 ESCAPE.....your past.
 CONTROLyour emotions
 DOWNLOAD...your common sense
 PROGRAMyour thoughts
 ERASyour anger
 EDIT.....your problems
 BOOKMARK...your memories
 ENLARGEyour heart
 INSERTyour love

RECOVER.....your trust
 CAPSLOCKyour honesty
 COPY.....your inspiration
 RESTOREyour motivation
 SHUTDOWN ..negative thoughts
 HIGHLIGHTyour achievements
 SAVE.....your soul
 REFORMATyour mind and
 RESTARTyour life

If you see Error on any of the above click REFRESH and hit RETURN

Student Name:

Class : Section: Roll No.:

Serial No.



ACKNOWLEDGEMENT

I, the parent of studying in class section hereby, acknowledge the receipt of the October, 2019 edition of the ICSK Senior Monthly Magazine, EPICS.

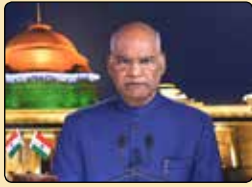
Signature: Date:

Name:



WORLD

SEPTEMBER 2019
in a Nutshell



Nation building requires coordination between artificial intelligence and human compassion: President Ram Nath Kovind said that there is a need for coordination between artificial intelligence and human compassion for nation building.

Mr. Kovind was speaking at an event here to confer national awards to teachers on the occasion of Teachers Day.



Modi to be honoured by Gates Foundation for Swachh Bharat Abhiyan: Prime Minister Narendra Modi will be honoured later this month with the prestigious 'Global Goalkeeper Award' by the Bill and Melinda Gates Foundation for his leadership and commitment to the Swachh Bharat Abhiyaan, a nationwide initiative aimed to inspire the public to voluntarily clean public spaces as a service to the nation.



India's GDP growth rate 'much weaker' than expected: IMF: India's economic growth is "much weaker" than expected, according to the IMF, which attributed it to the corporate and environmental regulatory uncertainty and lingering weaknesses in some non-bank financial companies. India's

GDP growth rate slipped to 5% in the first quarter of 2019-20, the lowest in over six years, according to latest official data.



Saudi Arabia to offer tourist visas for the first time: Saudi Arabia said offer tourist visas for the first time, opening up the kingdom to holidaymakers as part of a push to diversify its economy away from oil. Kickstarting tourism is one of the centrepieces of Crown Prince Mohammed

bin Salman's Vision 2030 reform programme to prepare the biggest Arab economy for a post-oil era. Saudi Arabia will open applications for online tourist visas to citizens of 49 countries.



Culture Ministry launches science museum vans for 'aspirational districts': Aiming to take science education to students in areas without access to such services, the Union Culture Ministry rolled out 25 new mobile science museums, including one for Ladakh. These museums-

on-wheels will travel to schools in the 115 "aspirational districts", as named by the Centre.



Govt hikes ethanol price to cut oil import bill by \$1 billion: The government on Tuesday raised the price of sugarcane-extracted ethanol used for blending in petrol by up to ₹1.84 per litre as it looked to cut oil import bill by \$1 billion annually through its greater use in auto fuels. State-

owned oil marketing companies will buy ethanol from sugar mills, for mixing in petrol, at enhanced rates for ethanol from December 1, Petroleum Minister Dharmendra Pradhan said. Ethanol is a by-product of molasses generated on crushing of sugarcane and the higher price is to encourage sugar mills to divert from sugar production.



IIT-Madras, Delhi University, three others get Institution of Eminence status: The Human Resource Development Ministry has awarded the status of Institute of Eminence to the IIT-Madras, the IIT-Kharagpur, Delhi University, Benares Hindu University and the University of Hyderabad, said an official

statement. These institutions will not be subject to UGC inspections, and are free to set their own courses and curriculum, fee structure and merit-based admission systems. They will have complete academic, administrative and financial autonomy, the statement said.



Indian peacekeepers in South Sudan awarded medals for their service: Seventeen Indian peacekeepers deployed with the UN mission in South Sudan have been awarded medals in recognition of their service to the people in the world's youngest country. The Indian police officers

have served the UN and the people of South Sudan for almost a year. Their duties included protecting displaced civilians, community policing and building local police skills. In a moment of pride, the 17 Indian men and women police officers were awarded the UN service medals during a special ceremony at the UN House in Juba.

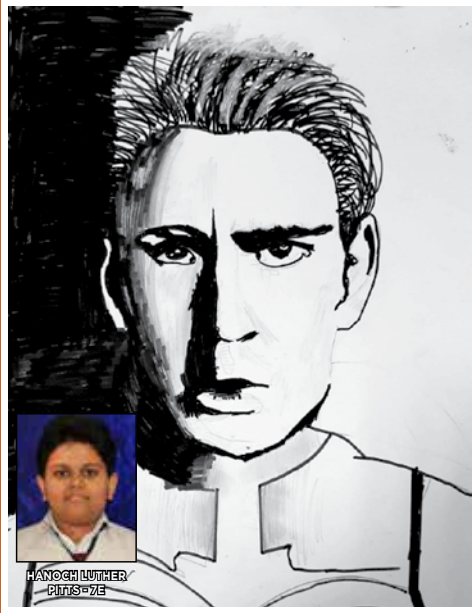


Super 30 founder Anand Kumar honoured with Education Excellence Award in US for contribution to academics : Super 30 founder and noted mathematician Anand Kumar has been felicitated in the US with a prestigious teaching award for his contributions

towards imparting education to the country's needy students. The Education Excellence Award 2019 was presented to Kumar, 46, by the Foundation For Excellence (FFE) at a function on the occasion of the organisation's 25th anniversary gala in San Jose, California.

CHANCE depends on
circumstances,
but **CHOICE** depends on
your attitude

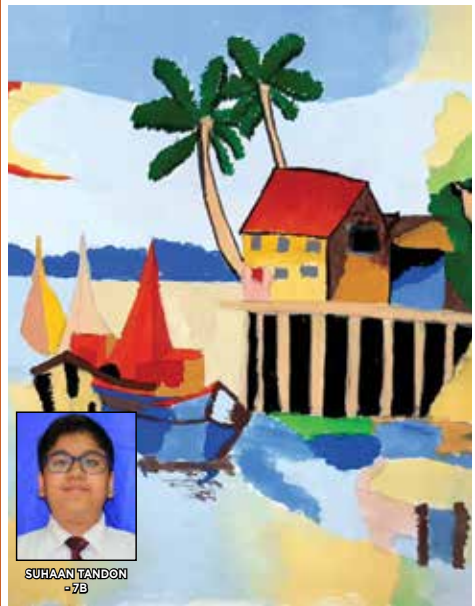
Art Gallery



HANOGH LUTHER
-7E



MARIA HAKIMUDDIN
ALI -7D



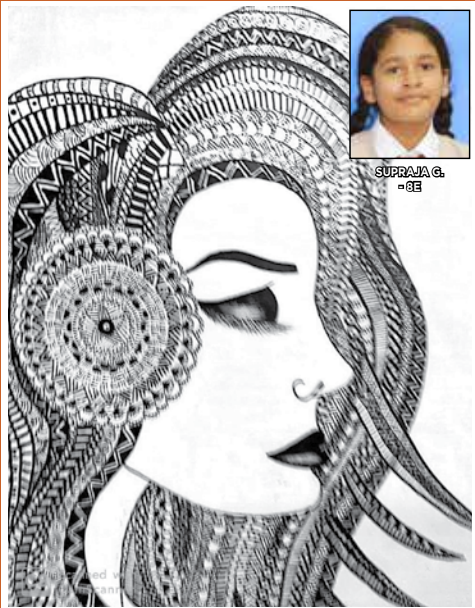
SUHAAN TANDON
-7B



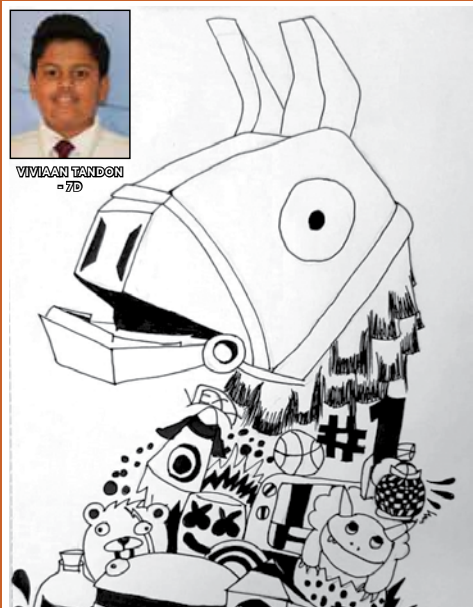
YASHITA
VEERAMANI -8C



JOSHUA
-7D 21/339



SUPRAJA G.
-8E



VIVIAAN TANDON
-7D



NEHA SHEJU
-7B

EPictionary

1. **Adumbrate:** Meaning: give hint or indication of something; disclose partially or guardedly; overshadow; shade

Used in a sentence: Her constant complaining about the job would adumbrate her intent to leave.

2. **Clemency:** mildness, as of the weather; merciful, kind, or lenient act

Used in a sentence: The lawyer was pleased when the case was sent to Judge Smith's chambers because Smith was noted for her clemency toward first offenders.

3. **Ebullient:** Meaning: showing excitement; overflowing with enthusiasm Used in a sentence: Amy's ebullient nature could not be repressed; she was always bubbling over with excitement.

4. **Impassive:** Meaning: without feeling; revealing little emotion or sensibility; not easily aroused or excited

Used in a sentence: Refusing to let the enemy see how deeply shaken he was by his capture, the prisoner kept his face impassive.

5. **Inchoate:** Meaning: recently begun; imperfectly formed or developed; elementary

Used in a sentence: Before the Creation, the world was an inchoate mass. 6. largess: generous gift; money or gifts bestowed Used in a sentence :Lady Bountiful distributed largess to the poor.

7. **Multifarious:** Meaning: varied; greatly diversified; made up of many differing parts

Used in a sentence: A career woman and mother, she was constantly busy with the multifarious activities of her daily life.

8. **Nadir:** Meaning: lowest point; point on sphere opposite zenith diametrically Used in a sentence: Although few people realized it, the Dow-Jones averages had reached their nadir and would soon begin an upward surge.

9. **Cajole:** Meaning: influence or urge by gentle urging or flattering

Used in a sentence: Diane tried to cajole her father into letting her drive the family car.

10. **Cogent:** Meaning: reasonable and convincing; based on evidence.

Used in a sentence: It was inevitable that David chose to go to Harvard: he had several cogent reasons for doing so, including a full-tuition scholarship.



Stanley Martin Lieber was born on December 28, 1922 in Manhattan, New York City, to Jewish immigrant parents, Celia and Jake Lieber, in Manhattan. Though he was raised in a Jewish household, in a 2002 interview, he stated when asked if he believes in God, " No, I'm not going to try to be clever. I really don't know". His father trained as a dress maker, worked only sporadically after the Great Depression, and the family moved further uptown to Fort Washington Avenue, in Washington Heights, Manhattan.

Stan Lee was an American comic book writer, editor, publisher, and producer. He rose through the ranks of a family- run business to become Marvel comics. In collaboration with others at Marvel- particularly co- writer/ artist Jack Kirby and Steve Ditko, he co-created numerous popular fictional characters, including superheroes- Spider- Man, the X-Men, Iron Man, Thor, the Hulk, the Fantastic Four, Black Panther, Daredevil, Doctor strange, Scarlet Witch and Ant-Man. In doing so, he pioneered a more naturalistic approach to writing superhero comics in the 1960s, and in the 1970s he challenged the restrictions of the Comics Code Authority, indirectly leading to changes in its policies. In the 1980s he pursued development of Marvel properties in other media with mixed result.

Lee was inducted into the comic book industry's Will Eisner Award Hall of Fame in 1994 and the Jack Kirby Hall of Fame in 1995. He received the NEA's National Medal of Arts in 2008. Lee died on age of 95 years in November 12, 2018. His contribution will never be forgotten.

Forthcoming Events



- Youth Leadership programme
- Gavels Club Inauguration
- Zumba Dance for Parents and Students on Friday and Saturday.
- Blood Donation Camp
- Euphoria 2019
- International Tour NASA
- International Tour FRANCE
- International Tour DUBAI
- INJAZ Training Programme for Class XII
- ICSK Cloud Training Programme
- NIOS Class X & XII Public Examination October 2019.
- Medical Camp for ICSK Staff
- Fire Drill for Disaster Management



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