



EPICS



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**THE INDIAN
COMMUNITY
SCHOOL (SENIOR)
KUWAIT**

E EMOTIONAL **P** PHYSICAL **I** INTELLECTUAL **C** CULTURAL **S** SPIRITUAL

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PRINCIPAL'S MESSAGE

My dear Children,

Welcome to the first edition of Epics after summer vacation. I know that you have enjoyed the vacation. Now you have to be in a different mood of celebration to

learn your subjects. Then only you can excel in the biggest celebration of "Examinations." Excellence is not a skill, it is an attitude. To attain excellence, you have to develop an optimistic approach to life especially in your learning-life as a student.

Train Your Brain to Be More Optimistic!

A positive outlook will create a true belief and confidence in you. In fact, high levels of optimism are associated with higher levels of happiness and less depression. Some studies also indicate that greater optimism is associated with a longer life. The effects of positive thinking go beyond making people feel better. Taking an optimistic approach usually allows people to act in a better way and achieve positive results in times of adversity.

The effects of optimism on the body

Optimistic people tend to exert more efforts. They are more willing to give something new a try, or keep working towards a solution. Pessimistic people, on the other hand, tend to give up easily. Optimistic people also tend to shrug off stress. Consequently, this helps decrease their levels of stress hormones like cortisol. Elevated cortisol levels can cause inflammation which is linked to all sorts of serious health issues ranging from cancer to depression. So, it's easy to see how a positive attitude could have big-time health benefits on an individual.

What to do? Picture yourself as an optimist

Research has linked something called positive imagery with increased levels of optimism. A study reveals that thinking happy thoughts, or imagining positive future outcomes, activates the part of the brain linked with positive emotion and stress-reduction. Furthermore, envisioning a happier future can help people disengage from any bad situations that are happening in the present.

This idea is backed up by research. In fact, based on their analysis of 29 studies and more than 3,330 individuals from the University of London, found that thinking about your best positive self and then creating a plan for self is the most effective way to increase your levels of optimism. This idea has also been approved by other experts. According to a study in the Journal of Behavior Therapy and Experimental Psychiatry, people who spent just five minutes a day thinking about their best possible selves increased their positivity by an average of 17%. Adding to this, they also enjoyed a significant drop in negative thoughts and outlook.

So, how do you get started? Start by focusing on the far future, thinking about the best possible outcomes of your life, your life at study and your future career. Sit down and for 20 minutes write in detail about these happy outcomes - what your life would look like, what goals you would have met and how you would feel about yourself. Then, just spend five minutes each day imagining that you've achieved everything you wrote down, without reading what you wrote. Just try to imagine what your life would look like if all those things came true. Do this and notice how your levels of optimism rise. Success will be on your way. Wish You all the Best.

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Dr. V. BINUMON, PRINCIPAL RECEIVES PRESIDENT'S NATIONAL TEACHER AWARD on TEACHER'S DAY



Dr. V. Binumon, Principal, the Indian Community School Kuwait, received the President's National Teacher Award, out of the CBSE Principal's Category from the Vice President of India M. Venkaiah Naidu at an august function held at Vigyan Bhavan in New Delhi on September 5, the Teacher's day.

The award is the highest recognition for his notable stewardship of the school which houses strength of around

8000 students. His contributions had elevated the school in curricular, co-curricular and extracurricular domains during the five years of his principalship which has made him eligible for the national honour. He has been closely connected with the Indian community in Kuwait in various capacities such as CBSE Registered Councilor, CBSE Schools Affiliation Committee Member, School Accreditation Principal Examiner, National Open Schools Coordinator for Kuwait, Central Superintendent of CBSE Exams and ISO Auditor.

He is equipped with 20 years of teaching experience and has a sleuth of seven post-graduate degrees besides a doctorate in education. The award comes to him from among 24000 - odd CBSE schools across the globe. In the impressive ceremony 16 teachers from different categories were awarded on account of their meritorious service. The function was addressed, besides the Vice-President, by Prakash Javedkar, Union Minister for Human Resources, Satyapal Singh and Upendra Kushvaha, both Ministers of State for Human Resources, and Anil Swaroop, Secretary for Education. Later, President of India Ram Nath Kovind gave a red carpet welcome to the awardees at the Durbar hall of Rashtrapathi Bhavan.

EDITORS' NOTE

Stand Tall

One of the most important....most helpful....most rewarding... lessons I have learned in a rather long and eventful life can be described in two words: STAND TALL!

I mean that you should heighten your entire personality by standing tall in three ways:

STAND TALL.....PHYSICALLY

STAND TALL.....MENTALLY

STAND TALL.....SPIRITUALLY When you stand tall in all three parts of your total personality, you attain a total stature which puts you in command of life's situations.

STAND TALL.....PHYSICALLY : You begin by standing erect. Not slouched. Not slumped. Not stooped. But not stiff, nor tense, either. When you walk, walk lightly. No plodding, no stomping. Just stride lightly, with an easy glide. Standing tall physically will immediately improve your personality, your poise, our self-confidence, your attitude towards others and your zest for life. No matter what your age, standing tall – physically – is just the beginning of an easy way to heighten your personality.

STAND TALL.....MENTALLY : There's an old, but tried and true slogan which says, " Always go first class." An equally important slogan would be " Always think first class." Don't clutter up your mind with second class thoughts. It is as easy to think big as it is to think small. And remember, you actually become the sum-total of your thoughts. Your thoughts are the fuel for achievement. You wouldn't start out each morning by putting a handful of dirt into the fuel tank of your car. So don't stall the mechanism of your mind by dumping in thoughts of fear, anger, hatred, jealousy or guilt. Don't get stuck with the present. No matter how insignificant your present is- think big about your future. Think: "How can I improve?" (Add value) Think: " How can I do more?" (Add quantity). Learn- add facts. Use what you learn to think big!

STAND TALL.....SPIRITUALLY: No person really stands tall in the judgement of his fellow men or even in the constant scrutiny of his own conscience unless he is too big spiritually to be little morally. There is a lift in standing tall – spiritually – which gives you a calm firmness which makes you impregnable to the vicissitudes of life.

If you have not achieved that spiritual height, if you cannot stand tall spiritually – your God is too small! It is only when you accept INFINITY.....boundless without dimension.....timeless throughout eternity.....holy beyond reverence.....and know that you, in some spiritual way, are a part of it.... Only then you can stand tallspiritually.

And, that will make all the difference!

So STAND TALL.....PHYSICALLY.....to achieve confidence!

STAND TALL.....MENTALLY.....to attain wisdom!

STAND TALL.....SPIRITUALLY.....to be triumphant!



Mrs. Susan Rajesh Mrs. Tintu Wilson

Send your valuable contributions to epicseditors@gmail.com

STUDENT EDITORIAL

Dear readers,

We all meet again after a long 3-month vacation. Its back to school right now. With exams, projects and activities, life can get a bit busy or for some more right now. So lets ponder on what are the various ways we can practise inorder to put the '100%' on our effort and reap the maximum outcome.



SIDHARTH ABY
- 12 A

Always remember that it is the effectiveness of your input that decides your output. You can either choose to be the who invested his talents and multiplied it ten fold or be the person who dug his talents, complaining about his master. We all have got the ability to develop ourselves. Only by using our abilities and talents wisely can we expect and hope for good results. Hardwork and determination can move barriers. Strong determination follows fruitful future.And the first step is to have a strong goal, a passion or desire to attain something great in life. We all are familiar with the former Indian cricket team Captain M S Dhoni. He was born into a poor family and had no background related to cricket. Yet he followed his passion. Eventhough his family was contented with his job as a ticket collector at the railways, he had a much wider and stronger goal. Even though rejected and even insulted during his initial days in the team, he could confidently overcome all odds with a strong heart and a determinant soul and the rest is history.

So it is not who we are that matters, but what and how do we step forward towards our goal. So remember the words of Mahathma Gandhi:" Glory lies in the attempt to reach one's goal and not in reaching it."



MAALVIKA MENON
111

A True Friendship

Friends play an important role in a person's life. They encourage when one is sad, they entertain when one is lonesome, and they listen when one has problems. There are varieties of friends: co-workers, social workers, schoolmates, and much more. Each type of friends is helpful in one way or the other. Co-workers could help solve problems and stress gain in the workplace. Friends from the community widen one's prospective by introducing new people from different areas. Friends that grew up with would share the happiness and sadness one might has. However, friends that grew up with might not always be the best friends because they could faking it or been concealing some secrets. So, it is very important for one to recognize all the friends s/ he has because good friends are hard to find. Good friends should not be measured only base on the time spent together. With good friends, one is able to have a more meaningful life. It is very difficult to have a definition of a good friend for everyone to agree upon. Since everyone has different personalities, friends one looks for could be very different. Nonetheless, there are some common characteristics shared among most of the definitions. The three main qualities that define a good friend are loyal, understanding, and encouraging.

ICSK Senior Fraternity Honours Dr.V. Binumon for Receiving the President's National Teacher Award in the CBSE Principals' Category



It is a matter of great pride for The Indian Community School, Kuwait (Senior) that its Principal Dr.V.Binumon was conferred with the National Award for Teachers- 2016 by the honourable Vice President, H.E.Shri M. Venkaiah Naidu in a ceremony held at Vigyan Bhavan on September 5.

The National Award is annually bestowed upon illustrious educationists from all over the nation to give public recognition for their meritorious achievements. The Award carries a certificate of merit, award money and a silver medal. National Teacher Award is an initiative of the Ministry of Human Resource Development, Government of India and was instituted in 1958 and is given away on 5th September (Teacher's Day) every year.

The ICSK Senior fraternity on this momentous occasion honoured Dr.Binumon, for his fabulous achievement on 12th September 2017 in the presence of his family. The programme was organized in the school auditorium which was presided over by the Vice-Principal,

Dr.Sam T. Kuruville and attended by the H.R.Manager, Mr. Deepak and the ICSK Staff.

Dr. V. Binumon was felicitated with the ceremonial 'ponnada' and was also presented a bouquet of flowers for his wonderful achievement. Vice-Principal Dr. Sam T. Kuruville, Staff Secretary Mr. George Swami, Heads of the Departments & Academic Coordinators congratulated him on this marvelous feat and spoke eloquently on his passion and diligence towards the field of education. They praised him for being conspicuously successful in creating a powerful impulse for development and progress & for consistently organizing programmes, projects and schemes that nurture learners to give them wings to soar while keeping their feet firmly rooted in the country's rich and varied heritage. They enumerated that for all his innovative improvements and progressive up gradations, his personal and professional qualities, Dr. V. Binumon is now viewed as a trend setter within the circle of education. It was also emphasized that under his active, energetic and inspiring leadership, the school is making rapid progress in all spheres and has created innumerable benchmarks in every arena under his able stewardship.

In his address Dr. V. Binumon thanked the government of India and dedicated his award to the ICSK family. He also remarked that all the schools in which he had worked previously have also played an important part in this extraordinary accomplishment. He shared the details regarding the selection criteria for this remarkable feat and urged each and every one present to pursue their dreams by striving hard single-mindedly.

ICSK Senior fraternity cherishes this moment of glory and hopes that many more laurels and accolades would follow.

September 5th - B'Day of Dr. S. Radhakrishnan celebrated as "Teacher's Day"



India has been celebrating 5th September as 'Teacher's Day, since 1962 commemorating the birthday of Dr Sarvepalli Radhakrishnan, a philosopher and a teacher par excellence, and his contribution towards Indian education system. Dr Radhakrishnan believed that "teachers should be the best minds in the country". On this day, we gratefully remember the great educationist, apart from honoring

all the teachers that have made our life much more knowledgeable and fulfilled, as serving as our beacons of light. It was in response to his friends wish to celebrate his birth day Dr Radhakrishnan said that it would be my proud privilege if September 5th was observed as Teacher's day. Then onwards, Dr. Radhakrishnan's birthday is observed as Teacher's Day in India.

Dr. Sarvepalli Radhakrishnan, One of India's most influential scholars of comparative religion and philosophy, Radhakrishnan is considered through his efforts to have built a bridge between the East and the West by showing that the philosophical systems of each tradition are comprehensible within the terms of the other. He wrote authoritative

exegeses of India's religious and philosophical literature for the English speaking world. His academic appointments included the King George V Chair of Mental and Moral Science at the University of Calcutta (1921) and Spalding Professor of Eastern Religions and Ethics at Oxford University (1936-1952).

Among the many honours he received were a knighthood (1931) and the Bharat Ratna (1954). Schools all over India celebrate Teacher's Day by allowing the senior students to pose as teachers for a day. It is a fun-filled activity, which is enjoyed by both the acting teachers and their junior students. On this day, students bring gifts for their most admired teachers as well. It is an equally special day for teachers, as they get to know how much they are liked and appreciated by their students.

National Teachers Day is an attempt to honor teachers, who play a crucial role in our lives. Through National Teacher's Day, we attempt to show our appreciation to the shapers of our future. Behind every successful person, there is an educator. National Teacher's Day acknowledges the devotion of all the educators of the world for the purpose of education.

Teacher's Day

ICSK Throws Shade on Summer as New Session Resumes



"Never do tomorrow what you can do today"

As students bid adieu to their summer vacation, they slip into their school uniforms and fall in line for the back-to-school routine. With the onset of the new session in the morning assembly conducted by students of class 11F, the eager students readied to be honest with themselves, and looked forward to the moments when they must start studying.

The day began with the recitation of the Holy Quran in the general assembly followed by the school prayer. A heart touching inspirational speech was delivered on the occasion. The speech reminded everyone on the importance of beginning anew. The newly inducted members of staff were cordially welcomed by the Principal of the



school Dr. V. Binumon. They also introduced themselves to the gathering. The school choir Swaranjali rendered an inspirational song that enthralled the audience. Senior Administrator and Principal of the school addressed the august gathering with positive notes of beginning anew.

The highlight of the assembly was the presentation of the memento and a bouquet by the Vice Principal Dr. Sam T. Kuruville and Staff Secretary Mr. George Swamy to Principal Dr.V. Binumon in recognition of the latter's receipt of the President's National Teacher Award in the CBSE Principal's category on September 5, Teacher's Day. The campus was energised thereupon as teachers and students pledged to make the school and their country proud. The day ended with the Indian National Anthem.

Sister!

Your Giggle ,you smile ,you cry ,
You annoy me ,
You make me cry !
But you love me like no one else does !
You care for me like no one else does !
I asked God for an angel ,
And he gave me YOU!
You were ,are and will always be my most favorite blessing of all !



LEANDER GEORGE
11C

Time flies ,it changes everything !
It changes not just bodies ,but sometimes even bonds !
But , this is one bond that I would never want to change !
I know we can never go back to being kids and neither can we rewind time !
But we can always make sure that the child inside us never dies !
Girl, u might not be my first sister !
But u sure is that person who I will count on always !
Let it be in u r 20s,30s ,
Or when you are sick or old ! I will always count on u !
And I promise you that, u can always count on me for anything !
You are my guardian angel !
My secret keeper !
My light of torch in darkness and my happy place in dark days !
You are my second mom ! and my first friend always !
the love and care you have given me through out all these years of my life can never be measured !
at the last stop of my life all I want to say to u is thank you for being there always !



DAANISH SAJID
BAIG - 12 C

The Value of Selfishness

"Selfishness is bad. You should never do anything just for your own benefit. Selfishness is evil. You need to make sure everyone is happy. Selfishness is a sin."- Have we not all heard these words a million times? Have we not nodded our heads in agreement? Everyone says it, so it must be true.

Is it, though?

I think not. Selfishness is a catalyst that encourages people to better themselves. Why else would anyone do anything? The desire to have things is a natural human instinct. Everyone wants something, be it a car, a house, a computer, a new phone or something else. Of course, in order to obtain these things, you have to work. Selfishness motivates people to work harder to satisfy their desires. This is very beneficial to society, as people who work ensure progress.

In a perfect world, nobody would need anything. Everyone would be happy and satisfied with their lives. However, the world isn't ideal. It has its flaws. That's what makes rational, reasonable selfishness essential. Everyone needs to look after themselves. Of course, you need to help others too, but make sure you are in a good spot first. It is of no good to anyone if you bring a beggar off the streets but become one yourself!

But, a word of caution: Like any catalyst, selfishness can consume you. It is necessary to remember that working for your own benefit isn't wrong, it is wrong to work only for your own benefit. At the end of the day, what matters is humanity. We must move forward together.

ONAM the Harvest Festival of Kerala



Onam is the biggest and the most important festival of the state of Kerala. It is a harvest festival and is celebrated with joy and enthusiasm all over the state by people of all communities. According to a popular legend, the festival is celebrated to welcome King Mahabali, whose spirit is said to visit Kerala at the time of Onam.

Onam is celebrated in the beginning of the month of Chingam, the first month of Malayalam Calendar (Kollavarsham). This corresponds with the month of August-September according to Gregorian Calendar.

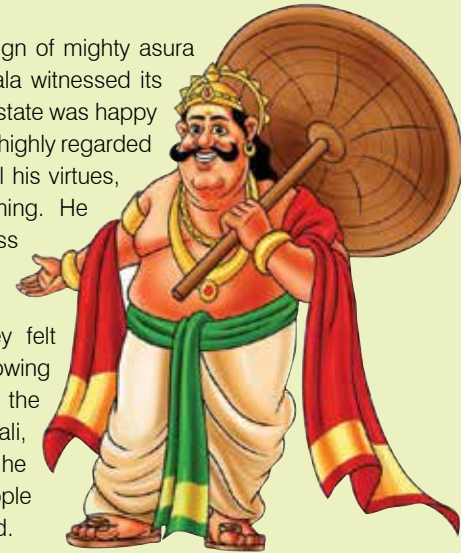
Carnival of Onam lasts from four to ten days. First day, Atham and tenth day, Thiruvonam are most important of all. Popularity and presentation of rich culture of the state during the carnival made Onam the National Festival of Kerala in 1961. Elaborate feasts, folk songs, elegant dances, energetic games, elephants, boats and flowers all are a part of the dynamic festival called Onam.



Government of India has taken due notice of this vibrant and colorful festival. It promotes Onam internationally in a big way and celebrates 'Tourist Week' for Kerala during Onam celebrations. Thousands of domestic and foreign tourists visit Kerala to be a part of Onam.

The Legend

Story goes that during the reign of mighty asura (demon) king, Mahabali, Kerala witnessed its golden era. Every body in the state was happy and prosperous and king was highly regarded by his subjects. Apart from all his virtues, Mahabali had one shortcoming. He was egoistic. This weakness in Mahabali's character was utilized by Gods to bring an end to his reign as they felt challenged by Mahabali's growing popularity. However, for all the good deed done by Mahabali, God granted him a boon that he could annually visit his people with whom he was so attached.



It is this visit of Mahabali that is celebrated as Onam every year. People make all efforts to celebrate the festival in a grand way and impress upon their dear King that they are happy and wish him well.

Celebrations

Rich cultural heritage of Kerala comes out in its best form and spirit during the ten day long festival. It is indeed a treat to be a part of the grand carnival. People of Kerala make elaborate preparations to celebrate it in the best possible manner.

The most impressive part of Onam celebration is the grand feast called Onasadya, prepared on Thiruvonam. It is a nine course meal consisting of 11 to 13 essential dishes. Onasadya is served on banana leaves and people sit on a mat laid on the floor to have the meal.

Another enchanting feature of Onam is Vallamkali, the Snake Boat Race, held on the river Pampa. It is a colourful sight to watch the decorated boat oared by hundreds of boatmen amidst chanting of songs and cheering by spectators.

There is also a tradition to play games, collectively called Onakalikal, on Onam. Men go in for rigorous sports like Talappanthukali (played with ball), Ambeyyal (Archery), Kutukutu and combats called Kayyankali and Attakalam. Women indulge in cultural activities. They make intricately designed flower mats called, Pookalam in the front courtyard of house to welcome King Mahabali. Kaikotti kali and Thumbi Thullal are two graceful dances performed by women on Onam. Folk performances like Kummatti kali and Pulikali add to the zest of celebrations.

QUOTE GARDEN

1. Being deeply loved by someone gives you strength, while loving someone deeply gives you courage. - *Lao Tzu*
2. I alone cannot change the world, but I can cast a stone across the waters to create many ripples. - *Mother Teresa*
3. Never confuse a single defeat with a final defeat. - *F. Scott Fitzgerald*
4. But you're so busy changing the world. Just one smile can change all of mine. - *Jack Johnson*

HOW ANDHRA PRADESH GOT ITS NAME



Andhra Pradesh – The Sanskrit meaning of Andhra is 'South'. Tribes in the state were also originally called 'Andhras'. Maurya officials, Satavahanas were known as Andhra-Bhrutyas, which means 'Officers of South'.

AUGUST 15 2017 CELEBRATED AS THE 71st INDEPENDENCE DAY OF INDIA



Independence Day of India was celebrated by the people all over the India on 15th of August 2017, at Tuesday. This year in 2017, India is celebrating its 71th Independence Day to pay tribute and remember all the freedom fighters who had contributed a lot and fought for the Independence of India.

WHAT IS SPECIAL ON 71ST INDIA'S INDEPENDENCE DAY 2017

As per the media report,

- Delhi police is working hard to ensure incident-free Independence Day celebration at Red Fort. It is for the first time when 300 cameras (360 degree view with night vision) are getting installed at the Red Fort for the close surveillance purpose of every nook and corner near to the celebration point.
- Prime Minister Narendra Modi has invoked the Quit India Movement again (after Mahatma Gandhi) in order to encourage countrymen to use the same spirit to expel problems like corruption, communalism, terrorism, casteism, poverty, as well as dirt forever from the country by 2022. He requested people to take a pledge to throw these evil from root out of the country and create a "New India".

Highlights:

- 07.00 pm:** (eve of Independence day): President Ram Nath Kovind: India must be compassionate and egalitarian society
- 6.30 am:** Prime Minister Narendra Modi greeted the nation on occasion of India's 71st Independence Day.
- 7.30 am:** The Army Band plays the National Anthem as PM Modi unfurls the tricolour.

7.40 am: This is a special year- 75th anniversary of Quit India, 100th anniversary of Champaran Satyagraha, 125th anniversary of Ganesh Utsav: PM Modi.

7.42 am: We have to take the country ahead with the determination of creating a 'New India': PM Modi.

Everybody is equal in our nation, no one big or small. Together we can bring a positive change in the nation, says Modi during his address to the nation.

8.29 am: PM Modi concludes his Independence Day address at Red Fort with chants of 'Jai Hind', 'Vande Mataram', 'Bharat Mata ki jai'.

10.05 am: Prime minister Narendra Modi on Tuesday launched a website to honour all the gallantry award winners since Independence.

10.25 am: Congress president Sonia Gandhi unfurled the tricolour at the AICC headquarters on Akbar Road in New Delhi.

10.40 am: Undeterred by the Maoists' threat, Odisha celebrated the 71st Independence Day amid gaiety and camaraderie with much patriotic fervour on Tuesday.

Chief minister Naveen Patnaik hoisted the national flag at the Mahatma Gandhi Marg in Bhubaneswar.

11.39 am: The Indian Navy celebrates Independence Day at its headquarters in Visakhapatnam.

11.50 am: Hundreds of members of the Indian diaspora in the UK took part in the first-ever Freedom Run to mark India's Independence Day with the one-mile journey beginning from the historic Parliament Square in London.

1.15 pm: As the nation celebrates its 71st Independence Day, Bollywood too shared its wishes to mark the occasion. From Amitabh Bachchan to Shah Rukh Khan, from Priyanka Chopra to Madhur Bhandarkar -- all took to their respective social media to express their pride in being an Indian, and wished their friends, fans and followers a Happy Independence Day on Tuesday.

1.40 pm: Surrounded in waist-deep waters but with an unwavering gaze at the national flag, four teachers and two students of a school in flood-hit Dhubri district of Assam made sure the Tricolour was hoisted and the Jana Gana Mana sung to celebrate India's 71st Independence Day.

2.55 pm: India on Tuesday gifted 30 ambulances and six buses to Nepalese hospitals, charitable organisations and educational institutions.

3:20 pm: In his Independence Day speech, chief minister Devendra Fadnavis said the Maharashtra government aims to make farmers of the state debt-free.

1.50 pm: Many foreign leaders have extended wishes to India on Independence Day.

2.30 pm: Independence Day celebrations were also held outside India.

4.15 pm: Minister of State for Information and Broadcasting, Rajyavardhan Singh Rathore, unfurled the tricolour in Khardung La pass in Ladakh. 50 women bikers had rode to the pass for the celebrations, to promote women empowerment. Tricolour was hoisted at highest motorable road."

5.15 pm: Celebrations also took place at Attari-Wagah border in Punjab where Indian and Pakistani border guards exchanged sweets and greetings.



MILES AND SMILES, SAVANNA SAVES THE WILD



Standing on top of the safari van gazing at the never lasting horizons of the green valleys in the evening sun, a tear flew from the corner of my eye, was it the crispy breeze or, was it the joy I had, seeing the most wonderful animals guarded by nature. It was Maasai Mara in Kenya.

The timeless beauty of the Maasai Mara captured my heart. Considering what this land has become, you can still feel the power of it, despite the fury of those men who assume the right to dispose of everything, regardless the consequences. As I yielded willingly to the magic of the Maasai Mara I realized that the only threat is from man and the solution will only be led by man.

The Maasai Mara National Reserve is an area of preserved savanna wilderness in southwestern Kenya, along the Tanzanian border. A world famous destination for nature lovers because of the richness of its fauna, with, among other species the famous elephants, black rhinos, buffalos, zebras, hippos, the lions and the leopards.

This national reserve was named for the Maasai people who inhabit

the area and for the Mara River, which flows through this great reserve.

My Maasai Mara safari was only complete with the Maasai people, a Nilotic tribe famous for their authentic culture. They defied the modern culture, despite education, civilization and western cultural influences, and have clung to their traditional way of life, making them a symbol of Kenyan culture.



ANIKAH ANNA
12 A

On the way back through the safari, our guide took a sudden turn and stopped. We were surprised to see, only ten metres away from us was a lion resting beside the carcass of its kill. The guide warned us to remain completely silent and we watched the lion, an emperor in all his graciousness, staring back at us with the fury in his eyes, truly majestic.



As darkness took over dusk, a sadness crept and a mantra came to me, if only mankind could preserve nature as it is, I would come back here someday, hoping to see this savanna smile again.

RAIN IN THE DESERT

It's a confusing time to be a student in today's world. The text books and teachers tell you that the deserts are arid areas with hardly any rainfall or vegetation as opposed to our tropical country with abundant of these resources. But then the moment you look outside you see raindrops flowing down your window and you hear the light soothing pitter-patter as the drops splash over the roofs and cars in our so called 'arid desert'. And then the news scrolls on the screen proclaim that droughts in our tropical country affects about 330 million civilians.

All these drastic changes are surely the consequences of our own actions leading to a very lethal situation- the global warming. Global warming and climate change threaten our very existence and is an issue that has to be dealt with utmost urgency. The greed of mankind has led us to the verge of extinction. We fail to understand that if we continue this rate of exploitation we will not have anything left to life off. We are leaving a shadow on earth so dark that it buries the future.

It's about time we stop talking about global warming and start doing

something to counter its lethal effects. We as students can do very little but doing that collectively can indeed make a significant difference. Some of the simplest ways in which we can help are as follows:

- Learn to use the "off" switch at home- don't leave appliances on when you aren't using them.
- Use less heaters and air conditioners.
- Use public transport and encourage others to do it as well- lesser vehicles on the road means lesser pollution.
- Learn to use things as you need, not as you greed.
- Reduce wastage.
- Help spread awareness.
- Lastly, make a system for yourself and for others which will help battle global warming in a small yet efficient way.

Birthday Arcade - August



CLITUS LUCA
12K - AUG 1



DELWYN MENEZES
9C - AUG 1



EVELYN CISAL
7E - AUG 1



JAINAD AHAMAD
12L - AUG 1



MIQDAM ABDUL
8C - AUG 1



RENITA D'SOUZA
12H - AUG 1



SHAHID AHMED
7F - AUG 1



YUSRA AMJAD
12I - AUG 1



ATHARV GOYAL
- AUG 2



UMMEHANI
12E - AUG 2



ALINA ANN DANIEL
11D - AUG 3



K. JAYA KRISHNA
11E - AUG 3



MUHAMMED FAZIL
11H - AUG 3



SHAHZAD
8C - AUG 4



SWEATHA RAGHURAMAN
7A - AUG 4



THINETH MAHEELA
11B - AUG 4



ADON ANTONY
12B - AUG 5



KARAN GHAGHADA
10C - AUG 5



SHAUN JOSHUA
11B - AUG 5



SHIFAA DIWAN
10A - AUG 5



TAREK OWEN
10F - AUG 6



ATHARV GOEL
9B - AUG 7



JASON RODRIGUES
12K - AUG 7



MOHD J.OBRI
12K - AUG 7



AFSWAH N.
12B - AUG 8



GRACE ANIL T.
8A - AUG 8



SHOHAIB KHAN
9B - AUG 8



ARSHIDA ABDUL
12G - AUG 9



EBIN SHIBU
10A - AUG 9



INSIYA ALTAFH
11H - AUG 9



MUHAMMED SWAHIB
8D - AUG 9



MUNIRA SHABBIR
12F - AUG 9



ANURANJITH UDAYAN
10C - AUG 10



BRONIE BIJU
11F - AUG 10



CONROY JOSEPH A.
9C - AUG 10



DAANISH BAIG
12C - AUG 10



MURTAZA SAIFUDDIN
9A - AUG 10



SHREYA SAJEEV
12F - AUG 10



SHUGANDHIKA
7A - AUG 10



SWATI SAJEEV-
11G - AUG 10



DELTON LANCY
12H - AUG 11



HUZEFA AYUB
9D - AUG 11



JOEN JAMES JOHN
8D - AUG 11



JOHAN JAMES JOHN
8D - AUG 11



RINKLE
7E - AUG 12



AKSHITHA SATHYAN
10C - AUG 12



AMENA
12F - AUG 12



AYAAN F. SHAIKH
10C - AUG 12



JERIN ANIL
9D - AUG 12



WALEED
10F - AUG 12



HOZEFA QAID Z.
11H - AUG 13



KARUNA A. REJU
8D - AUG 13



NITHYA PRASHANTHI
7D - AUG 13



AHMED ABDUL
11C - AUG 14



ARHAAN AQTHUR
7C - AUG 14



AYMAN JEET K
11J - AUG 14



JOHAN
7C - AUG 14



ALEN MATHEW
8A - AUG 15



NUHA ZAINAB
7C - AUG 15



PARAS CHAUDHARY
12H - AUG 15



NUHA ZAINAB
7C - AUG 15



YOHAN ISAACK
11J - AUG 15



NAWALDEEP SINGH
7E - AUG 16



RACHEAL
8A - AUG 16



ALAN EBY
11H - AUG 17



DIYA MATHEW
12D - AUG 17



KHADIJA SALIM
8C - AUG 17



LIYAN GIGI M.
9C - AUG 17



MOHAMMED MUSTAFA
11B - AUG 17



CHARUKESH P.
9B - AUG 18



MUSKAN KAUR
11H - AUG 18



RAMLA
11F - AUG 18



SACHINI M.
12I - AUG 18



AKHIL JOSE A.
11D - AUG 19



GAUTHAM BIJUKUMAR
7E - AUG 19



IRWIN PAUL F.
12G - AUG 20



MUSKAN PALIWAL
11F - AUG 20



DIYA GHOSH
9C - AUG 21



GAUTAM PRAKASH
10A - AUG 21



INSIYA SAIFEE
10A - AUG 21



MARIYA SHAHPURWALA
11E - AUG 21



MOHAMMED NIHAL
12E - AUG 21



SYED ATIF ASHRAF
8C - AUG 21



KARTHIK S.
12B - AUG 22



MOHAMMED ABDUL
10C - AUG 22



AMIN AZHAR
7A - AUG 23



JANET JOHNSON
9D - AUG 23



JAPNEET KAUR S.
8B - AUG 23



JOSEPH MORAIS
7C - AUG 23



SARA SAYED ALI
11J - AUG 23



AMATULLA ETAWA
11I - AUG 24



TASNEEM AHMED ALI
7A - AUG 24



THEEKSHANA
11M - AUG 24



COLLIN SANTAS F.
11I - AUG 25



EDEN NAOMI
11E - AUG 25



ELWIN GEORGE
10B - AUG 25



STEFI M. SUNIL
7D - AUG 25



SURYA PUTHRA
10A - AUG 25



ANAND MENON
12C - AUG 26



AVINASH KUMAR
10A - AUG 26



FATHIMATHUL RAZA
12L - AUG 26



MUHAMMED SATHAR
9A - AUG 26



PRINCE T. ABRAHAM
12L - AUG 26



ABDUL HADI
10F - AUG 27



BILAL MOH'D ASIF
7F - AUG 27



BURHANUDDIN
11J - AUG 27



MUBARAKA M.
10E - AUG 27



FIDHA NAZAR
12F - AUG 28



JUSTIN D'SOUZA
7C - AUG 28



MADAN KUMAR
11C - AUG 28



FATEMA IZHAR
11I - AUG 29



ABDUL RAHMAN
7D - AUG 30



MOHD TAHER EZZI
11M - AUG 30



MUHAMMAD ABD. S.
7C - AUG 30



PRANAV AJAY
7D - AUG 30



CEBIN BIJU P.
9C - AUG 31



EMAN P.
12I - AUG 31



OSAMA WENGDE
10B - AUG 31



MRS. INDIRA
RADHAKRISHNAN - AUG 2



MRS. DEVI RAMESH
AUG 10



DR. NAVJOT KAUR
AUG 12



MR. MURALI
AUG 19



MR. DEEPAK KUMAR
SETH - AUG 23



MRS. MAIMUNA JAVED
SAYED - AUG 26



MRS. SUREKHA VENKAT
AUG 29

“Awal Muharram” Islamic New Year Celebrations



Muharram refers to the Islamic New Year celebration or the first 10 days of the first month in the Muslim calendar. In 2017, the Muharram holiday will be celebrated on Sunday 1 October. Muharram is the month of the Islamic calendar, when Muslims commemorate the martyrdom of Imam Husayn, the grandson of the Prophet Mohammad and spiritual leader of the Shi'a people. Muharram is one of the most auspicious occasions in the Islamic history and calendar.

Muslims begin their lunar Hijrah calendar with the first day of Muharram. Both Sunnis and Shias observe the days of Muharram, though not always in the same manner. The month of Muharram is considered the second-holiest of months, only Ramadan “outranking” it.

Imam Husayn's martyrdom is a sad day for all Muslims especially the Shi'a, who mourn the massacre of their "Prince of Martyrs" and his family in Karbala in 61AH/680CE.

The commemoration of this brutal massacre begins on the first day of Muharram and continues for 40 days. During the first 10 days of Muharram millions of Muslims remember the massacre at Karbala and strive to feel some of Husayn's pain.

Just 100km south of Baghdad, Karbala houses the shrine of Imam Husayn and his brother Al-Abbas. For centuries Shi'a pilgrims flocked

here during Muharram

How is Muharram observed?

Both Sunni and Shia Muslims observe this occasion in different manners. Shia Muslims dress themselves in black, the color of mourning, and attend the majlis (assemblies), where Shia orators read out and enact the incident of martyrdom of Imam Husain and his team in detail.

The main event takes place on the 10th day of Muharram. Shias carry out large processions through the streets holding banners and models of mausoleum of Imam Husain and others. This is done to show the grief and sorrow that Imam Husain and his team has undergone.

Sunni Muslims, too, commemorate Muharram, but in a less demonstrative manner than the Shia Muslims. They observe the occasion as a festival and mark the 10th day of Muharram as the most significant one. Fasts are observed on the 9th and 10th of Muharram or on the 10th and 11th of Muharram.

Mouth-watering and delectable delicacies are prepared in almost every household. The delicacies are consumed by the family and distributed to friends and relatives as well. A good quantity of food is given to the deprived as well.

The Unique Cuisine in the Muharram saga

Delicacies prepared during Muharram include the Hyderabad Haleem, Ashure or Noah's pudding a Turkish dessert, Zerde a sweet pudding, Dal and beans, the famed Turkish tea, Iranian Nazri, Persian Kotlet), ciabattas, chicken and steak sandwiches, salad and burgers, Indian Choge, Muharram cookies, Syrian Muhammara, red velvet pancakes and many more.

BIRTHDAY CUM CHARITY FUND

BALANCE SHEET FOR THE MONTH OF MAY 2017

| INCOME (APRIL) | KD | EXPENDITURE (MAY) | KD |
|---|-----------------|----------------------|----------|
| Balance c/f from (April) | 4699.520 | Mrs. Monir Hussain | 150.000 |
| | | Mrs. Virgilia Nodos | 150.000 |
| | | Mr. Freddie Espuerta | 150.000 |
| | | Mrs. Angelita Payuno | 150.000 |
| | | Mr. Mokhles Fazlur | 150.000 |
| | | Mrs. Jeelani Pyari | 150.000 |
| | | Mrs. Bindhu Prasad | 300.000 |
| | | | 1200.000 |
| Balance from (April) | 3499.520 | | |
| Contribution from students (May) | 562.695 | | |
| Contribution from Staff & Well Wisher (May) | 85.000 | | |
| Balance in hand | 4147.215 | | |



The iPhone

Innovation distinguishes between a leader and a follower. - Steve Jobs

The iPhone was introduced as a revolutionary product by Steve Jobs. The first iPhone was released on June 29, 2007. It has received substantial attention since then. The range of iPhones include : iPhone, iPhone 3G, iPhone 3GS, iPhone 4, iPhone 4s, iPhone 5, iPhone 5c, iPhone 5s, iPhone 6, iPhone 6 Plus, iPhone 6s, iPhone 6s Plus, iPhone SE, iPhone 7 and iPhone 7 Plus.

Special features of iPhone 5s, iPhone 6, and

iPhone 7.

iPhone 5s : The iPhone 5s was an extreme success for Apple. It was unveiled on September 10 2013 and released on September 20 2013. The iPhone 5s is powered by a Apple A7 chip. The iPhone 5s was the first Apple device to run on IOS 7. One of the main features of the iPhone 5s was the fingerprint sensor. The iPhone 5s came in 3

different models, the 16 Gigabyte, the 32 Gigabyte and the 64 Gigabyte. The iPhone 5s was also available in three colors, space gray, silver and gold.



VIGNESH - 7 C

iPhone 6 : The iPhone 6 was unveiled on September 9, 2014 and released on September 10, 2014. The iPhone 6 is powered by an Apple A8 chip. The iPhone 6 runs on IOS 8. The iPhone 6 had a larger screen than all of the other iPhones. The iPhone 6 also had a True Tone flash. The iPhone 6 came in three different models, the 16 Gigabyte, the 64 Gigabyte and the 128 Gigabyte. The iPhone 6 was available in three colors, space gray, silver and gold.

iPhone 7 : The iPhone 7 was unveiled on September 7, 2016 and released on September 16, 2016. The iPhone 7 is powered by an Apple A10 Fusion chip. It runs on IOS 10. The iPhone 7 came with a capacitive home button, improved taptic engine, which was an advantage of this feature. It also came with a IP67 rating for water and dust resistance. The iPhone 7 comes in 3 models, the 32 Gigabyte model, the 128 Gigabyte model and the 256 Gigabyte Model. The iPhone 7 comes in 5 colors, gold, silver, rose gold, black and jet black. Apple also recently released the product red iPhone which comes in red color.

Sesquipedalian Expressions!

It's fun for English lovers. Try to guess before reading!

- Scintillate, scintillate asteroid minute.
"Twinkle, twinkle little star."
- Members of an avian species of identical plumage congregate.
"Birds of a feather flock together."
- Surveillance should precede saltation.
"Look before you leap."
- It is fruitless to become lachrymose over precipitately departed lactose fluid.
"Don't cry over spilled milk."
- Freedom from encrustation of grime is contiguous to divinity.
"Cleanliness is next to godliness."
- The stylus is more potent than the claymore.
"The pen is mightier than the sword."
- It is fruitless to attempt to indoctrinate a superannuated canine with innovative maneuver.
"You can't teach an old dog new tricks."
- Eschew the implement of correction and vitiate the scion.
"Spare the rod and spoil the child."
- The temperature of aqueous content of an unremittingly ogled saucepan does not reach 212 fahrenheit.
"A watched pot never boils."
- Neophyte's serendipity.
"Beginner's luck"
- Male cadavers are incapable of yielding any testimony.
"Dead men don't talk"
- All articles that coruscate with resplendence are not truly auriferous.
"All that glitters is not gold"
- Sorting on the part of mendicants must be interdicted.
"Beggars can't be choosers."

Psychology is all around!

Contrary to what most of us probably believe, psychology is not only for college students and daytime TV. Psychology is one of those fascinating things that we use almost everyday without even realizing it. Many aspects of psychology are intricate and involve a great amount of study to understand. Since the majority of people are already using psychology unknowingly, isn't it time to find out how we can make that psychology work for us?



SUHAANEE SINGH
- 11 J

Psychology is not only a subject that satisfies curiosities of our mind about human nature, but it is also a subject that offers solutions to a variety of problems. Human problems range from personal to family, a community or even national and international dimensions. Psychology is often a field that everyone has heard of, some people might know the general ideas and theories behind the subject and others may know it is "to do with the mind" and not much more. Whatever our knowledge of this science maybe, we probably use psychology in our everyday lives and if we don't, it has anyway been used on us, whether we know it or not. Some people use psychology consciously to help them in their everyday lives while others may use it and be unaware they're doing so. For e.g.: Advertisers use psychological tactics to persuade potential buyers to buy a particular product or service they are selling. Psychology enables an individual to understand oneself in a balanced and positive way without reacting irrationally. This empowers a person to deal with everyday challenges and meet personal expectations. Many people think psychology is a study of mental illness and deals a lot with psychological disorders.

Whether we're aware of it or not, psychology creeps into our everyday lives and with the right tools, we too can use it to improve our life by making simple changes. Psychology enables a person to build stronger relationships at personal, community level and improve individual strength. Suffice to say that psychology is a very useful science which helps us in our daily lives.

Dreams to dream and miles to go.....

When dawn turns into a misty dusk
I try to lie down n get some sleep
But then I dream and so many dreams
Dreams that seem to go on forever
Folds and folds of reverie wherein..
I dream of my past and what my future would hold
I dream of my childhood and of my kindred soul
I dream of people who have long left me forever
And I dream of the people who have
always been there for me
I dream of people who wanted to be with me,
I dream of people who had no choice but to leave me
Nostalgia kicks in, the entire night seems to be a
vast collage of dreams
Wherein one moment I'm in my childhood home,
The next I am not really sure where?
I often wonder n I often ponder
Is it just me or everyone dreams!
Though life is not a dream I know..
But without dreams life isn't so...
So embrace the dreams and let them flow
Till the misty dusk turns into a beautiful morning glow...



MOHAMMED SUHAIB
ALI - 12 D

Don't Read This Article



You rebel.

Have you ever wondered why we realise we want something more, when told we couldn't have it? As Humans, we like the idea of being the masters of our own fate, having our decisions and choices in our own hands. When our freedom of choice is threatened, it creates a sense of arousal in the body and brain, and a sense of urge and motivation to do exactly what we're told not to do. Much like this article, you defied the title.

Take an example in a literary context. Studies show that the banning of books, or at least the attempted banning of books leads them to be more successful and more popularly read. The most frequently banned

books in the world are To Kill A Mocking Bird, Catcher in the Rye, The Great Gatsby and contradictorily to attempted prohibitions they remain to be renowned books, being widely read and appreciated in the literary world. Similarly, there is an increased amount of interest in entertainment programming when a show beings with the words "Viewer's Discretion is Advised."



BUSHRA TUNGEKAR
12 E

So why can't we help ourselves? The impulse comes from a perception that one's freedom is being lost, and is a psychological behaviour called Reactance. Our curiosity is a powerful force that paved way for what is now successfully rising on the internet, called Clickbait. Clickbait uses titles that give you essential information but leaves a gap in the knowledge that you must fulfill in order to finally achieve that satisfaction your brain craves for. This is known as the Information Gap Theory. Studies on twins and adopted children show how your genes play a major role in how impulsive you can be. Generally, people with lower levels of baseline Serotonin lead to increased impulsive behaviour.

Being Humans, we are primed and are strongly desired to fill in the blanks to satiate ourselves. You know how the saying goes. "Curiosity killed the cat, but satisfaction brought it back."

Birthday Arcade - September



BRYAN N.
12B - SEP 1



ALI AKBAR SINJI
10F - SEP 1



ASRA ARIF
10B - SEP 1



B. ANAND
10B - SEP 1



CAREENA BOBY
11I - SEP 1



KHAN AYESHA
7D - SEP 1



MOH'D SAIFUDDIN
10B - SEP 1



MURSHIDA MERAJ
7B - SEP 1



YUSUF MOHD SHAFI
12B - SEP 1



FAVIN FRANCIS
12B - SEP 2



WALEED KHALID M.
8C - SEP 2



ARFANA
7D - SEP 3



GLENN V. GEORGE
11B - SEP 3



JENSEN MARSH C.
11M - SEP 3



VRISCHIKA V. NAIR
12C - SEP 3



ALISHA
12L - SEP 4



ALONA A. VARGHESE
7B - SEP 4



DAVINA SIJI S.
8A - SEP 4



GURLEEN KAUR
11F - SEP 4



RAVLEEN KAUR
11G - SEP 4



DISHA G. SHENOY
7C - SEP 5



SAAMIYA ANSARI
12G - SEP 5



SLEETY K. GEORGE
11B - SEP 5



SNEHA SRIDHARAN
12B - SEP 5



TANVIR SINGH
8A - SEP 5



TRAVIS BRAGANZA
10A - SEP 5



ALI HUSSAIN G.
12H - SEP 6



ARWA AZIZ
7A - SEP 6



BERYL
7B - SEP 6



MOHD SHABBI
7D - SEP 6



ROHAN P. VARGHESE
12A - SEP 6



SHREEN FARHANA
12E - SEP 6



DARREN SIJI S.
10C - SEP 7



MUHAMMED ISMAIL
12K - SEP 7



OB Aid ANSAR KHAN
8D - SEP 7



ANITTA JOHNSON
12G - SEP 8



HEBAA AYED YOUSUF
10C - SEP 8



JOHN ALEX
11G - SEP 8



REUEL E. THOMA
12A - SEP 8



ANN MARIYA J.
12A - SEP 9



AJMINA PATEL
12F - SEP 10



BRIAN CECIL JENTLY
11M - SEP 10



MOH'D FARDHEEN N.
11D - SEP 10



ZAINAB MUFFASSAR
7B - SEP 10



ANURAJ PILLAI
12E - SEP 11



YOUSUF FAISAL KAZI
10C - SEP 11



ASAD ALI HAKIM
8B - SEP 12



FATHIMA ISLAM
12K - SEP 12



ISMAIL ANWER
10E - SEP 12



SARA TURKEY
11C - SEP 12



HUSSAIN TIPU SULTAN
12L - SEP 13



MAHIMA THANKAM
7D - SEP 13



SHIV S. KUBAL
11C - SEP 13



TERRENCE B.
12I - SEP 13



ANGELA S. SWAMY
11E - SEP 13



BOBAN ALEXANDER
12H - SEP 13



AMMAN AJAZ
7A - SEP 14



ANISH KVELKAR
12A - SEP 14



BRAHMLEEN KAUR
9C - SEP 14



JERIN STANLEY
11B - SEP 14



RYAN BABU
8C - SEP 14



ANFAL UZMA S.
9A - SEP 15



DILANO SIMON
11J - SEP 15



J. JOHN BRYANT
9C - SEP 15



MOHAMMED N.
11M - SEP 15



ALEENA R. ANTONY
11D - SEP 16



CYRUS RODRIGUES
11H - SEP 16



JERSON DEVA
10B - SEP 16



KESHAVARDHINI
12E - SEP 16



LUBNA ABDUL KADE
10F - SEP 16



KELLY IONA
12H - SEP 16



MELVIN MANOJ M.
12G - SEP 16



MOH'D PACHLASA
9D - SEP 16



ROHIT RAM R.
8A - SEP 16



SRIYANI BALAJI
11E - SEP 16



RIYA ACHU SAJI
10B - SEP 17



SAKINA ABBAS
12K - SEP 17



SOMEISHWAR SELVAN
12C - SEP 17



KHALID JAVID R.
9B - SEP 18



LIDA M. GEORGE
9B - SEP 18



AQUINO TOM SAJI
9C - SEP 19



JOSHUA ANNAMALAI
11A - SEP 19



PRAISY MANALIL
10B - SEP 19



RHYTHM SHAH
11C - SEP 19



SAMUEL G. VARGHESE
8C - SEP 19



SHAIK SHAYOBANAZ
11B - SEP 19



SHARON MANOJ
12A - SEP 19



AKHIL
12F - SEP 20



ALIFIYA ABBAS ALI
11J - SEP 20



MAY SMITH JAMES
8B - SEP 20



NANDINI
8C - SEP 20



FATHIMA HANNA
9D - SEP 21



JERY ROY V.
12G - SEP 21



JOE MAMMEN JOHN
11J - SEP 21



MOH'D SHADAN Q.
11C - SEP 21



MOH'D FALAH A.
12E - SEP 22



ABDUL HADI
12G - SEP 23



KHAN HIBBA MOH'D
7D - SEP 23



SHARON B. THOMAS
9C - SEP 23



VIDHYA LAKSHMI
7E - SEP 23



ADIL AMIN
7E - SEP 24



ROCHELLE E. VIEGAS
12G - SEP 24



AISHAH SAMAH
9B - SEP 25



HASSAN NAWAZ
10F - SEP 25



MAAS PESHIMAN
12K - SEP 25



MATIUR RAHMAN
12C - SEP 25



QUSAI ZOHAR EGRY
12B - SEP 25



AAHFIL AHAMED
11G - SEP 26



JANICE SHREYA
11J - SEP 26



JUWERIA BURUD
9A - SEP 26



MOH'D WALEED
7D - SEP 26



SHORAB MUSARAF
11E - SEP 26



SYEDA FATHIMA
11I - SEP 26



AMEENA BADARUDEEN
7E - SEP 27



HAFSAH
11J - SEP 28



SHARAN PRADEEP K.
12B - SEP 28



BINOY SAM A.
11I - SEP 29



FADIL HASSAN
11M - SEP 29



MIR ZAMAAN H.
7E - SEP 29



RIONA AALIYAB
7A - SEP 29



SHARON JOHNSON
7C - SEP 29



SHEREEN B.
11F - SEP 29



AARON SAM A.
7E - SEP 30



GAUTAM KRISHNA
9C - SEP 30



GAUTAM SAI
10B - SEP 30



NAFISA RASHID
11D - SEP 30



MRS. SWATILEKHA
SEP 9



DR. SAM. T.
KURUVILLA - SEP 17

MIDDLE EASTERN MUSIC



Arabic, Turkish and Persian, despite three major languages and associated cultural differences, the music can be seen as a single great tradition. Folk music and art music differ less in the Middle East than elsewhere, especially because folk music, like art music, has long been the domain of professionals, and the two traditions are based largely on similar principles. Both tend to feature soloist, either alone or accompanied by a small group.

Rhythm is done by a mode called *iqâ'at* - patterns of strong, intermediate, and weak beats, separated by pauses of various lengths. These patterns have been well described since medieval times. The complete pattern, or behaviour, repeated throughout the

piece, is composed of smaller sections. Each has a character appropriate to music of a different mood. While a voice or solo instrument carries the melody, the rhythm is added by percussion or by slapping the knees. Pauses are often marked by gestures.

The melody part is done by a mode called *maqâm* - Melodic pitches and improvisations of tone, done either by the main singer or melodic instrument. Among the most prominent genres of Arabic music is the *taqsîm*, in which a performer modifies from the home *maqâm* to others, eventually returning to the original post of departure. These are approximately 50 *maqâmât*.

The concept is also found in Turkish music (spelled *makam*), in Azerbaijan (spelled *mugam*), and in Central Asia (spelled *shashmakam* ["six *maqâmât*"] in Uzbek tradition), and it is similar to the concepts of *dastgâh* and *gûsheh* in Persian music. Very roughly, it is also related to the Indian concept of *raga* and to the concept of mode as practiced in medieval and Renaissance music in Europe.

Melodic instruments- such as the *nây* (flute), *zornâ* (double-reed instrument), *'ud* (short-necked lute) and *san'ur* (trapezoidal zither) - play in harmony with the solo line during the composed parts and echo it one or two beats behind in the improvised parts.



MUSKAAN RANJAN
SETHI 12 E

WORLD in a Nutshell

September 2017



China building high-speed rail tunnel below Great Wall: China is constructing a 12-km-long high-speed train tunnel through one of the portions of its iconic Great Wall to connect Zhangjiakou city, which is due to co-host 2022 winter Olympics along with Beijing.



PM announces ₹ 2,350 crore aid for flood-hit Northeast States: Prime Minister Narendra Modi announced a total package of ₹ 2,350 crore for all north eastern states for mitigating the impact of floods in short and long term basis.



'Tamim the Glorious' enthralled Qatar: A portrait of the Emir, drawn by a young artist, turns into a national emblem. As Qatar finds itself at the centre of a diplomatic storm, a young artist has shot to stardom with a sketch of the Emir - now the emblem of Qatari nationalism.



Japan marks 72 years since Hiroshima atomic bomb: Japan marked 72 years since the world's first nuclear attack on Hiroshima, with the nation's traditional contradictions over atomic weapons again coming into focus.



Justice Dipak Misra set to become 45th Chief Justice of India: The Centre on August 8, 2017 cleared the file for appointment of Justice Dipak Misra as the 45th Chief Justice of India with effect from August 28, 2017.



Mamata pays tribute to Tagore on 76th death anniversary: West Bengal Chief Minister Mamata Banerjee paid tribute to Rabindranath Tagore on his 76th death anniversary. Tagore died in 1941 on 'Baishe Srabon' (The 22nd Srabon in the Bengali calendar). His death anniversary date is popularly known as 'Baishe Srabon' and Bengalis across the globe observe the day.



Army directed to shut 39 military farms: Acting on a long pending proposal, the Defence Ministry has directed that the 39 military farms across the country be shut down within three months. This will bring to an end a long practice running since the end of 19th century. This move is expected to save the Ministry several hundreds of crores.



Create an India that does not discriminate: President Ram Nath Kovind, in his first address to the nation on the eve of the 71st Independence Day, called for a partnership between citizens and the government to create a new India "that does not discriminate on gender or religious background." Spelling out his vision, President Kovind said when India completes 75 years of Independence by 2022,

it should have a compassionate society.



990 personnel awarded medals: As many 990 police personnel have been awarded with Police Medals on the occasion of the Independence Day this year. The CRPF bagged the highest number of gallantry medals with 53 in its kitty, followed by 52 by Andhra Pradesh police and 25 awarded to J&K police.



Smartphones under scanner for 'leaking' data: Concerned over instances of Indian mobile phone users' contact lists, details and text messages being leaked to other countries, including China, the government has asked all firms selling smartphone handsets in the country to share details of the processes they follow to ensure there is no possibility of data thefts or leakages from their devices.



Nobel laureate Malala Yousafzai to study at Oxford: Nobel laureate Malala Yousafzai has gained a place in the University of Oxford. The 20-year-old Pakistani education activist will study philosophy, politics and economics at the prestigious university.



Saudi reopens Qatar border for haj pilgrims: Saudi Arabia announced that it is reopening its border with Qatar to allow Qataris to attend the haj, despite a months-long rift between Doha and four Arab countries led by Saudi Arabia.



All-woman Navy team to circumnavigate the globe: A six-member women's team of the Indian Navy will set sail in early September to circumnavigate the globe on the sailing vessel, INSV Tarini. This is the first-ever circumnavigation of the globe by an all-woman crew from India. Titled Navika Sagar Parikrama, the voyage will begin at Goa in the first week of September and end in March next year.

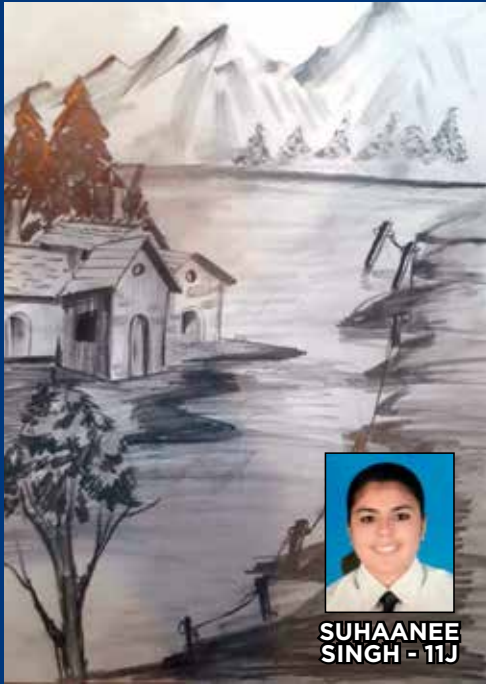


India thanks Switzerland for support in global fora: India thanked Switzerland for its support in global multilateral organisations. Welcoming the visiting Swiss President Doris Leuthard, Prime Minister Narendra Modi sought greater cooperation to ensure bilateral financial transparency and thanked the Swiss government for its support to India's membership bid for the Missile Technology Control Regime (MTCR).

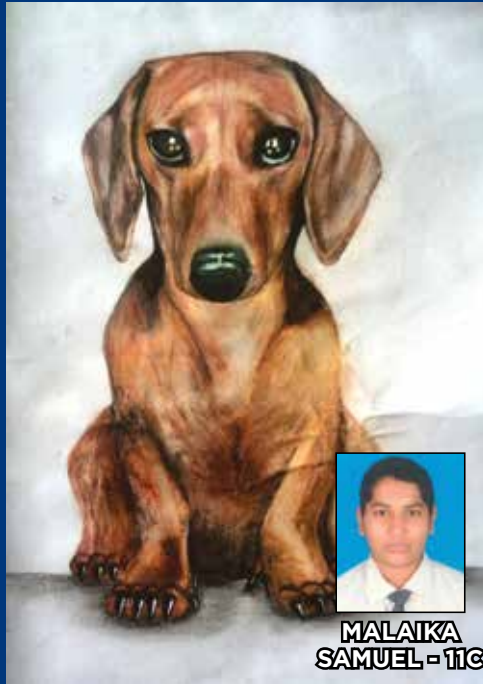


Narendra Modi launches website to honour gallantry award winners: Prime Minister Narendra Modi launched a website to honour all the gallantry award winners since Independence. Announcing the launch of the website <http://gallantryawards.gov.in> in a series of tweets, Mr. Modi said "the portal will preserve and tell the stories of our bravest men and women, civilians as well as armed forces personnel." He also welcomed citizens' participation in the process.

Art gallery



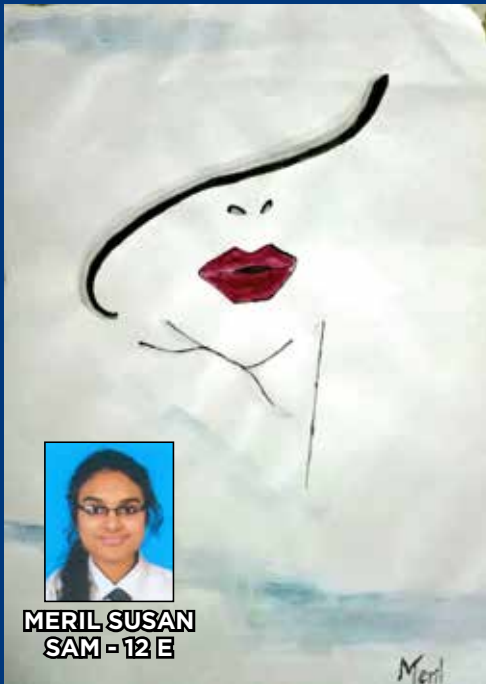
SUHAANEE
SINGH - 11J



MALAIKA
SAMUEL - 11C



MARK
MEMORY - 12 E



MERIL SUSAN
SAM - 12 E



NIDHI MYTHILI
GIRISH - 7 C



SYED
ARMAAN - 7C

Student Name:

Class : Section: Roll No.:

Serial No.



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I, the parent of studying in class section hereby, acknowledge the receipt of the September, 2017 edition of the ICSK Senior Monthly Magazine, EPICS.

Signature: Date:

Name:



Did You Know these Amazing Facts



- When a person dies they have 7 MINUTES of brain activity left. It's the mind playing back the persons memories in a dream sequence.
- A can of pepsi has 41 grams of sugar. This amounts to seven teaspoons of sugar.
- Marie curie's research papers are still highly radioactive till this day. To access them, you must sign a waiver and wear protective clothing.
- Jellyfish are about 98% water. If you leave them in the sun they will evaporate.
- NASA spent \$250 million on a machine that recycles urine into water.
- The maximum born to a woman was 69 children, in which she had 16 twins, 7 triplets and 4 quadruplets.
- Pandas don't have specific spots to sleep. Thy simply fall asleep wherever they happen to be.
- Pluto will complete its first full orbit around the sun (since it's discovery) on Monday March 23rd, 2178.
- When Louis Pasteur was working on the rabies vaccine, if he or his assistants got infected, they were to be shot in the head.
- The Eiffel Tower, was originally intended for Barcelona Spain, but, the project was rejected.
- Norway will allow any student from anywhere in the world to study in their Public Universities completely free of charge.
- The facebook LIKE button was originally planned to be named the AWESOME button.
- 70% of the spices used in the world come from one country India.
- The creator of the band aid made it for his wife, who often cut or burned herself while cooking, to protect and heal her wounds.
- Steve Jobs never wrote a single line of programming code.
- Sea horses mate for life and hold each other's tails while travelling.
- If you BROWSE web while logged into your Facebook account, Facebook TRACKS and records almost anything you do on the internet.
- An acre of trees can remove about 13 tons of dust and gases every year from the surrounding environment.
- Rats destroy an estimated 1/3 of the world's food supply each year.
- In 2011, a man crashed into Paris Hilton's 30th birthday party, stole \$3200 birthday cake, and served it to the homeless.

EPICTIONARY

1. Terse - (noun) brief and to the point
While she stared at him, he uttered the short, terse command: "Hands up!"
2. Mindset - (noun) A set of beliefs or a way of thinking that determines one's behaviour, outlook and mental attitude.
If you have an environmentalist mindset, you probably bring your own bags to the grocery store.
3. Chillax - (verb) calm down and relax
He likes to chillax at his country retreat on the weekends.
4. Infomania- (noun) The compulsive desire to check or accumulate news and information, typically via mobile phone or computer.
Wilson warned that the rise in infomania could reduce workers' mental sharpness.

Forthcoming Events



- First Term Examination
- Parent Orientation - Class IX & X
- Paradigm "The Arts Festival"
- International Tour



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