

# EPICS



MONTHLY MAGAZINE  
THE INDIAN  
COMMUNITY  
SCHOOL (SENIOR)  
KUWAIT

E EMOTIONAL P PHYSICAL I INTELLECTUAL C CULTURAL S SPIRITUAL

OCTOBER 2021



## PRINCIPAL'S MESSAGE

Dear Children,

We are in the month of October, next month you will be taking your First Term Examination. You may have experienced lots of changes both personally and in terms

of online school during the pandemic, 'Change is Inevitable'. George Bernard Shaw once said, "Progress is impossible without change, and those who cannot change their minds cannot change anything."

When you accept that everything around you is constantly changing, and realize that you have no control over 99.99% of it, you are able to embrace change. 'Change' is like a river, which constantly flows and carries along with it whatever comes in its course. Same is with the river of life, it keeps on flowing and moving ahead continuously bringing to you new ideas, people and situations - each one is an opportunity which enriches you and helps you to learn and unlearn things for your betterment and for the good of others around you. Change is a play of the universe; it entertains us with the biggest light and sound show of all time. Why not sit back and enjoy the show?

We are controlled by our sense organs. For example, we are distracted or attracted to whatever our eyes see. In the same way, thoughts continue to wander in our mind, we are not able to control all of them, the thoughts that we are not able to control are either wasted or forgotten. Some of the thoughts if unattended to, may have a negative effect on us. We find it very difficult to control all of them at a single go. The stimulus our sense organs receive is not in our hands, but how we choose to respond, definitely is. So, we need to train our minds to see only the positive in everything, i.e., we also have the power to transform even negativity into positivity.

There are two things in life that we can never change, the past and other people. This often frustrates us, especially when we do not get the results that we wanted to achieve. Frustration is also a sign of failure, and every time you fail in getting what you want; your

self-esteem and self-confidence gets affected.

Frustration is a form of anger. When you allow the negative emotions to control you, you lose control. Most of the time, situations will not be as you want them to be and neither will people behave as you want them to. You may continue allowing others to dictate your reactions according to how they behave, which would result in the loss of your rule, control and personal power or you may decide that no matter how the other behaves, you rule over your responses and decide what you want to think and feel – the choice is yours

When another tries to control you and then gets frustrated because you don't do what he or she wants or you aren't who he or she expects you to be, they get in a bad mood with you; they look at you with anger, what do you do then? You should place an invisible barrier between you and him or her. By doing this, they won't be able to 'enter' into your world and you do not have to leave yours either, and slowly they lose their influence over you. In the same way, when you try to control people, you lose your influence over them and distance is generated.

To create a positive atmosphere at home or around you, develop positive thoughts while interacting with your family, friends and others around you. By doing this, an encouraging and vibrant atmosphere spreads in your home and around you. This would have a constructive influence on your family members and friends. As a result, you would be able to maintain a peaceful and optimistic state of mind and atmosphere amidst actions and interactions with them. When you are clearly established in this stage of self-respect (positive consciousness), people will be more co-operative and will have greater respect for you and no obstacles will affect you.

Dear Students, I wish that you build a positive belief and have a constructive approach to whatever task you take in hand. Work hard and be dedicated. Remain focused and prepare for your First Term Exam, you are sure to get good marks.....

Wish You All The Best!!!

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# EDITORS' NOTE

Dear children,

Greetings from the editorial board. Welcome to the October edition of epics. A good story to cheer you all.....

A Box of Kisses

The story goes that some time ago, a man punished his 3-year-old daughter for wasting a roll of gold wrapping paper. Money was tight and he became infuriated when the child tried to decorate a box to put under the Christmas tree.

Nevertheless, the little girl brought the gift to her father the next morning and said, "This is for you, Daddy." He was embarrassed by his earlier overreaction, but his anger flared again when he found the box was empty.

He yelled at her, "Don't you know that when you give someone a present, there's supposed to be something inside it?"

The little girl looked up at him with tears in her eyes and said, "Oh, Daddy, it is not empty. I blew kisses into the box. All for you, Daddy."

The father was crushed. He put his arms around his little girl, and he begged for her forgiveness. It is told that the man kept that gold box by his bed for years and whenever he was discouraged, he would take out an imaginary kiss and remember the love of the child who had put it there.

In a very real sense, each of us as humans have been given a gold container filled with unconditional love and kisses from our children, friends, family and God.

There is no more precious possession anyone could hold.

Send your valuable contributions to [epicseditor@icsk-kw.com](mailto:epicseditor@icsk-kw.com)



Mrs. Susan George



Mrs. Tintu Wilson



Mrs. Merine Joby



## Role of failure in Shaping your Success

Dr. APJ Abdul Kalam once said that "If you fail, never give up because F.A.I.L means, 'First Attempt in Learning'. End is not the end; in fact E.N.D means, 'Effort Never Dies'. If you get NO as an answer, remember N.O means, 'Next Opportunity'



JESSA JIMMY -  
7E

Failure is life's greatest teacher. Failure makes you realise your mistakes, makes you correct your mistakes, and makes you understand your mistakes. In fact, failure gives you an idea to pursue success. No matter how hard life be, you can make it better. There is no human who has reached success without failure because failure is the stepping stone of success. Failure gives you a better point of view through which you can march to success. Never say NO to any opportunity, try to implement that opportunity, because maybe you will never get that opportunity later.

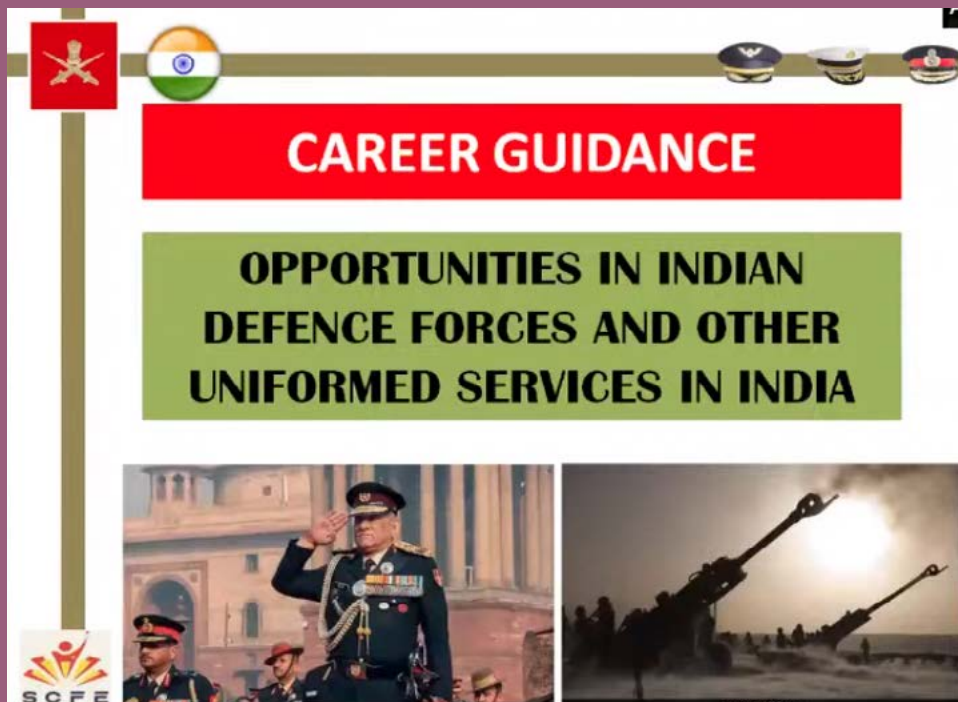
Failures makes you rethink and reconsider to find new ways and strategies to achieve your goals. Life does not show you the way for every question, you need to solve it. You should have the courage to solve it. That's how you reach to success. It's your life, the decision is yours. Either good or bad, it's completely your opinion. So accomplish good decisions in order to pursue success. Sometimes we all fall, but the true spirit is with the ones who get up after falling. So you can either get up or lie there itself until someone comes and help you. Remember there might not be someone always to help you. So be independent no matter what.

In the final analysis, I would say that the success of each individual comes from his mistakes in life. By learning from bad experiences, human beings can achieve big things in life.



# Seminar on ‘Opportunities in Defense Forces’ by ICSK

*“A dream doesn’t become a reality through magic; it takes sweat, determination and hard work”*



introduced the speaker Col. S Vijayan (Retd) and enumerated the various titles held by him and his achievements.

The ICSK family considers it, its moral duty and responsibility to create an awareness among its students about the diversified career opportunities available after completion of STD XII. A number of training and awareness programs are conducted throughout the year which are conducted by experienced and prominent personalities in various fields, who share their expertise and experience.

A webinar on careers in Defense Forces, PMF and Allied Uniformed Services in India

was conducted on 19th September, 2021 for the students of Std X, XI & XII. The guest speaker for the program was Col. S. Vijayan (Retd) and Director of Saradhi Centre for Excellence.

Dr. V Binumon gave a brief introduction about the importance of the event. He reminded the students that progress takes place only outside our comfort zones. He emphasized that students must have a fixed goal in life in order to achieve success. Vice Principal of ICSK Amman Dr. Mary Issac

The program was taken ahead by Col. S Vijayan where, through an in-depth PowerPoint presentation he discussed the benefits of joining Armed forces, NDA (National Defense Academy, Pune), MNS (Military Nursing Service, Indian army), CDS (Combined Defense Service) and the importance characteristics required to ace interviews

After the informative session, Col. S Vijayan was kind enough to solve queries through an interactive session with the students and parents.

## ‘Welcome back, Air India’



The history of Air India is older than that of Independent India. The carrier that JRD Tata launched as Tata Airlines on October 15, 1932, rose to become one of the leading Airlines of the world named Air India International. In 1953, the Government of India passed the Air Corporations Act and

purchased a majority stake in the carrier from Tata Sons though its founder J. R. D. Tata.

It’s said that Tata Group executives used to complain in private, that JRD, the pioneer of Indian aviation industry spent most of his time focusing on Tata airlines rather than the tata group enterprises. From Tata Airlines and Air India to Vistara and Air Asia India to now requiring Air India, the Tata group continues to play a key role in pioneering and growing the aviation sector in India.

It was in 1932 that JRD Tata undertook India’s first air service flight and went on to become

the pioneer of civil aviation in the country. Today, nearly 87 years later, the Tatas are still making strides in aviation.

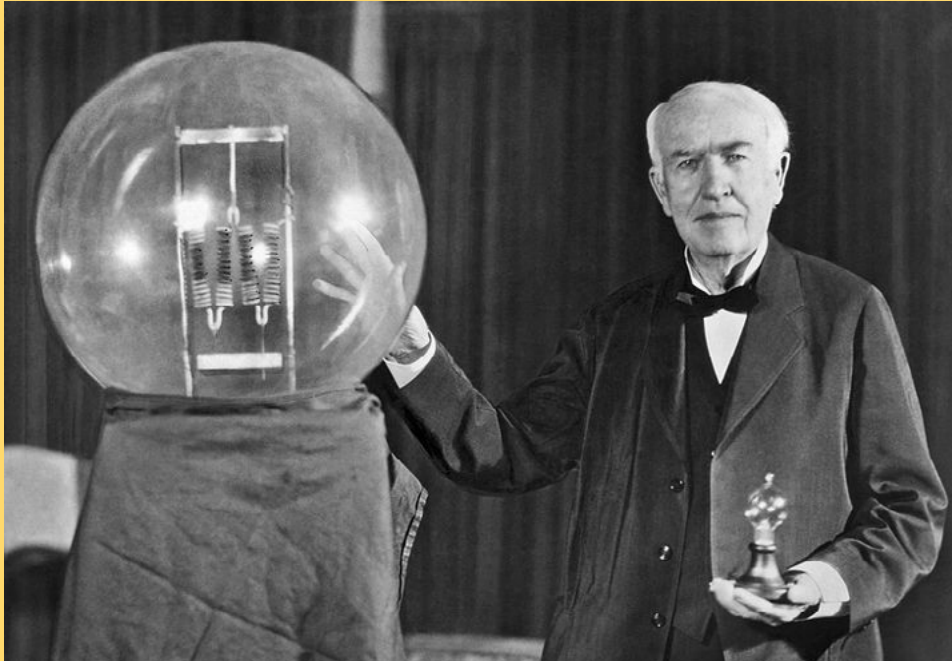


RYAN DIAS  
- 111

“Welcome back, Air India,” tweeted Tata Group’s chairman emeritus Ratan Tata after the conglomerate won the bid to acquire the cash-strapped airlines. While the homecoming of Air India back to Tatas will be a joyous occasion for the 153 year old company, it will still be a huge challenge to map out its future in the aviation sector crippled by the pandemic.



# Thomas Alva Edison



Thomas Alva Edison (February 11, 1847 – October 18, 1931) was an American inventor and businessman who has been described as America's greatest inventor. He developed many devices in fields such as electric power generation, mass communication, sound recording, and motion pictures. These inventions, which include the phonograph, the motion picture

camera, and early versions of the electric light bulb, have had a widespread impact on the modern industrialized world. He was one of the first inventors to apply the principles of organized science and teamwork to the process of invention, working with many researchers and employees. He established the first industrial research laboratory. Edison was raised in the American Midwest; early

in his career he worked as a telegraph operator, which inspired some of his earliest inventions. In 1876, he established his first laboratory facility in Menlo Park, New Jersey, where many of his early inventions were developed.



AARON HEMAR  
-7C

He was a prolific inventor, holding 1,093 US patents in his name, as well as patents in other countries. He died in 1931 of complications of diabetes. Edison is credited with designing and producing the first commercially available fluoroscope, a machine that uses X-rays to take radiographs in 1891, Thomas Edison built a Kinetoscope or peep-hole viewer. This device was installed in penny arcades, where people could watch short, simple films.

Thomas Edison's light bulb has been one of the biggest impacts on society even to this day. Without light bulbs our world would be much different than it is today. Thomas Edison has tried 9999 Unsuccessful attempts, on the 10,000 attempt it was successful. You may also know this quote from Thomas Edison "I have not failed. I've just found 10,000 ways that won't work."

# The Glory of Football



The history of football or soccer can be traced back to the ancient times of the Greeks. Everyone knows that the Greeks were great sportsmen and have invented many games, football happens to one of them. Games similar to football had been played in many countries but the latest version of football that we know today originates in

England. England formulated the first rule of the game. From that day onwards the game of football has progressed in ways we can't imagine. Football is the world's most popular ball game in terms of number of participants and spectators. Simple in its principal rules and essential equipment, the sport can be played almost anywhere, from

official football playing fields (pitches) to gymnasiums, streets, school playgrounds, parks, or beaches.



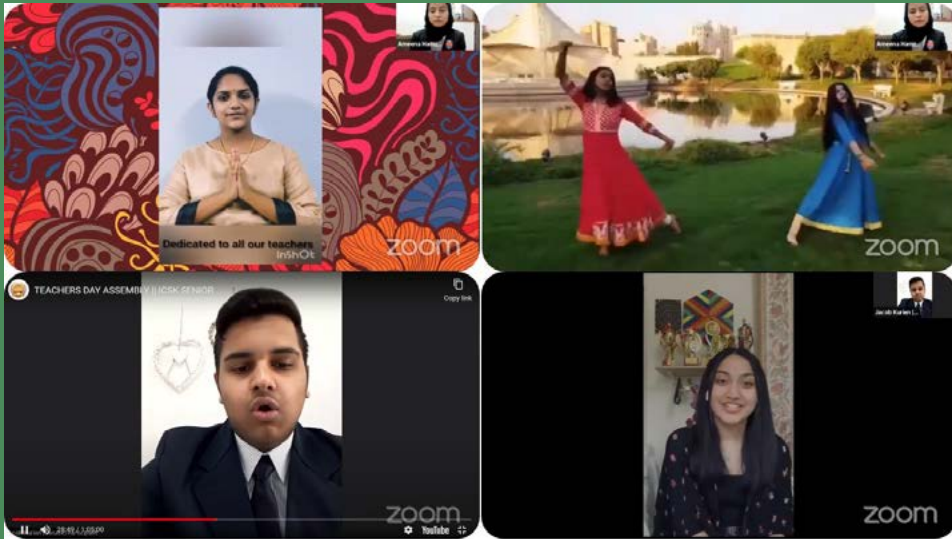
NAYEMUL ISLA  
-11E

Although the game of soccer has been around for more than 2,000 years, soccer as we know it today is traced back to England. It is a game in which two teams of 11 players, using any part of their bodies except their hands and arms, try to move the ball into the opposing team's goal. Only the goalkeeper is permitted to handle the ball and may do so only within the penalty area surrounding the goal. The team that scores more goals wins. Learning any game is not an easy task. It requires dedication and hard work. Besides, all this the sport test your patience and insistence towards it. Moreover, with every new skill that you learn your game also improves. Above all, learning is a never-ending process so to learn football you have to be paying attention to every minute details that you forget to count or missed.



# ICSK's SENATE, 2021 CELEBRATES TEACHER'S DAY

*"Teaching is a noble profession that shapes the character, caliber and future of a student".  
Dr. APJ Abdul Kalam*



The Senate Members of The Indian Community School, Senior, Kuwait celebrated TEACHER'S DAY on 8th September 2021 to express their sincere gratitude to all their mentors. A special online assembly was conducted by the SENATE Members of 2021 under the guidance of Senate Advisor, Mrs. Deepa Biju. The assembly was graced by the august presence of Dr. V. Binumon, Principal and Senior Administrator ICSK Senior, Mrs. Susan Rajesh, Vice Principal, Mrs. Mini Shaji, Deputy Vice Principal, Academic Supervisors, Subject HODs, teachers, and students.

The customary proceedings of the assembly began with the Islamic Prayer which was followed by the school prayer and the Kuwait National Anthem. Omaira Farhan, the Senate President delivered the welcome address.

The cultural events commenced with a soulful Sanskrit prayer, a song and a scintillating violin, followed by 'Iktara' a graceful dance



performance. Johann Premjith, Assistant Student Editor gave a gratifying speech, thanking teachers for being a source of knowledge, wisdom and inspiration.

The assembly then moved on to a fun-filled game session, hosted by Victors House Captain, Aaron Shalu; 'Bolo Bolo Kaun Hai Vo', where the teachers had to guess the name of the teacher after listening to an audio message of that particular teacher's voice, which was thoroughly enjoyed by all. Mrs. Susan Rajesh, Vice Principal ICSK Senior appreciated all the Senate Members. She thanked Mrs. Deepa Biju, Senate Advisor, for coordinating the assembly; and thanked the teachers for creating a good and progressive atmosphere during the online classes, and ended her speech with a patriotic Jai Hind.

**Keep your face always toward  
the sunshine - and shadows will  
fall behind you.**

Walt Whitman



# Black sand Beach



Black sand is black in colour. One type of black sand is heavy, glossy, partly magnetic mixture of usually fine sands containing minerals such as magnetite, found as part of a placer deposit. Another type of black sand, found on beaches near a volcano, consists of tiny fragments of basalt. While some beaches are predominantly made of black sand, even other colour beaches (eg: gold and white) can often have deposits of

black sand, particularly after storms. Black sand are used by miners and prospectors to indicate the presence of a placer formation. Placer mining activities produce a concentrate that is composed mostly of black sand.

Black sand concentrates often contain additional valuables, other than precious metals, rare earth elements, thorium, titanium,

tungsten, zirconium and others are often fractionated during igneous processes into a common mineral-suite that becomes black sands after weathering and erosion. An example of a non-volcanic black sand beach is at Lankawi in Malaysia. When lava contacts water it cools rapidly and shatters into sand and fragmented debris of various sizes. Much of the debris is small enough to be considered sand. A large lava flow entering an ocean may produce enough basalt fragments to build a new black sand beach almost overnight.



AFIA - 6A

The famous "black sand" beaches of Hawaii, such as Punalu Beach and Kehena Beach, were created virtually instantaneously by the violent interaction between hot lava and sea water. For this reason the state of Hawaii has made it illegal to remove black sand from its beaches. Further a black sand beach is vulnerable to being inundated by future lava flow, as was the case for Hawaii's Kaimu, usually known simply as Black Sand Beach and Kalapana beaches.

# IBRAHIM HAMADTOU



Meet Ibrahim Hamadtou - The Paralympic athlete who plays with his Mouth

Egyptian Paralympic Ibrahim Hamadtou won the hearts of people all around the world with his skill and determination in table tennis. Hamadtou is slightly different from the four limbed players, having two limbs instead of four. His philosophy: Never Give Up in Life inspires all and sheds light on the importance of diversity and inclusivity of people with

disabilities in sports.

He stunned viewers around the world by holding the racket with his mouth and using his toes to grip the ball. He quickly became an internet phenomenon, capturing the heart of millions around the world. Hamadtou lost his arms after getting into a train accident at the age of ten years. "After I got discharged from the hospital, I did not leave the house for a whole year except late at night." The incident

took a toll on him mentally too, but encouragement from his friend made him start playing table tennis and soccer. Speaking to CNN in 2014, Hamadtou recalled how difficult it was for him to continue playing the sport after the accident. "I had to practice hard for three consecutive years on a daily basis.



AFIA - 6A

Competing at the 2016 African Championships, Hamadtou finished second and earned qualification to the 2016 Paralympics in Rio. He finished the campaign in ninth place in the team event and 11th in the singles event in the Class 6 category of Table Tennis in Paralympic games.

"My goal in Tokyo 2021 is to be in good form; play better than in Rio to achieve a medal in this tournament. My message to the Egyptian and African players is: nothing is impossible," he said after the tournament. Ibrahim Hamadtou is the perfect example of perseverance and determination even in the most difficult of times. He shows us that people shouldn't wait for the right moment to do something that they are passionate about, and that any time is a time good enough to commence one's passion.

# CHARITY CONVENERS - OCTOBER



ADRIN MATTHEW  
- 12A



BURHANUDDIN TAHA  
- 12B



JOHN ZAC MATHEW  
- 12C



SAIMA  
- 12D



HABEEB SAQLAIN  
- 12E



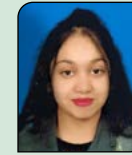
SYED HAIDER  
- 12F



RUTH LISA THOMAS  
- 12G



TANVIR SINGH  
- 12H



K. M. CHARYA  
- 12I



JOEL JOHN  
- 12J



VAPAYIL ARJUN  
- 12K



UMAIR ZAHID RAUT  
- 11A



SUMAIYA ABDULL  
- 11B



BEN MATHEW  
- 11C



SUHAIL ALAVUDEEN  
- 11D



ROHITH KESHETTY  
- 11E



PRONOY SIMON  
- 11F



MOHAMMED SABBIR  
- 11G



KEZIAH ELSA BILU  
- 11H



ZUHAIB ANSAR KHAN  
- 11I



MOHAMMED  
- 11J



WENDEL JOSHUA  
- 10A



KAVERI AMIT NATH  
- 10B



FATEMA KUTBUDDIN  
- 10C



RASHA PONDALURU  
- 10D



SIDHARTH SUDEEP  
- 10E



SAKINA SAIFUDDIN  
DAWOOD - 10F



HANNAH SAIRA GEEV  
- 9A



ADONA VINU  
- 9B



NEHA SHEJU  
- 9C



PRIYA GOPAL  
- 9D



YUSUF PARVEZ  
- 9E



BURHANUDDIN  
KHUZAIMA - 9F



JOHAN JACOB JIM  
- 8A



ROSHIL REJI  
THOMAS - 8B



SAI SAANVI ROKKAM  
- 8C



ABDUL KADAR  
- 8D



YOUKTA SADVI  
- 8E



MARYAM SAJID  
SIDDIQUE - 8F



AISHWARYA  
PORIYATHU - 8G



LIYA VADUKOOT  
- 7A



FAHEEMA FATIMA  
- 7B



DEEPSHIKA KALSI  
- 7C



HANNAH SHABI  
- 7D



KEITH IGNATIUS  
- 7E



ALEX JAISON  
- 6A



BHAVANA SIBBALA  
- 6C

## 7 Rules of LIFE

1. Make peace with your past so it does not affect the present.
2. What others think of you is none of your business
3. Time heals almost everything, give it time
4. Don't compare you life to others and don't judge them. You have no idea what their journey is all about.
5. It's alright not to know all the answers. They will come to you when you least expect it.
6. You are in charge of your happiness.
7. Smile. You don't own all the problems in the world.



# BEST STUDENTS - SEPTEMBER



ANAGHA AJITH  
MENON - 12A



ASHLIN SARA  
SATISH - 12B



HANNAH MARIAM  
CHERIYAN - 12C



ASHVALA ANUJ  
- 12D



SAKINA FAKHRUDDIN  
MITHIYA - 12E



ANJALI THANKOM  
JAMES - 12F



SANDRA SOJAN  
- 12G



KHADIJA  
VIRPURWALA - 12H



KRITI DINESH  
- 12I



KEVIN VARGHESE  
- 12J



- 12K



GOKUL SREENI  
- 11A



NISHMA MANNURU  
- 11B



JOEL MANOJ  
- 11C



BURHANUDDIN  
- 11D



SHRUTI RAVI KUMAR  
- 11E



ABBAS ALI  
- 11F



NORAH ZAHUR  
- 11G



SHREYA NARAYAN  
- 11H



ANGELO MANFRED  
- 11I



HETAF PARVEZ  
- 11J



JANIS JESTINE  
- 10A



SOORYA  
SUNILKUMAR - 10B



ANAS ATIF  
- 10C



SARATH SAJU  
- 10D



JEHOSHUA  
GEORGE - 10E



DHANUSREE SURESH  
- 10F



ZINIYA AFROZ  
- 9A



OMEGA WILLIAMS  
- 9B



AARON JAMES  
- 9C



VARAD NITHIN  
- 9D



VIKASH MURUGESAN  
- 9E



ELAINE ROSE SUNIL  
- 9F



SURYANSH PATRA  
- 8A



KRIPA REJI  
- 8B



ELAINE MARY BINU  
- 8C



NIKHIL SUNIL  
- 8D



MADHAV J  
- 8E



BAASIM  
- 8F



IDRIS MAZAHIR  
- 8G



JOANNA PUTHEN  
- 7A



AUSTIN VINU  
- 7B



SUDHANVA RAO  
- 7C



SREEHARI HARI  
- 7D



SREYA SAJU  
- 7E



ASHIMA  
ELIZABETH - 6A



BURHANUDDIN  
BOHRA - 6C

## CERTIFICATE OF APPRECIATION



ICSK, congratulates Johann Premjith of 10B, for attaining the top 16<sup>th</sup> position out of 40,000 Indian students over 12 countries in the INDIA INSIGHT QUIZ Competition conducted by Grey Caps and Vidyaniketan public school, Bangalore. It was a 5 round. Quiz, structured by Mr. Giri Balasubramaniam,

famously known as PICK BRAIN, one of the top quiz masters in Asia.

Congrats Johann. Proud moments for the ICSK family.



Negativity is contagious.  
Unhappiness is contagious.  
Fear is contagious. But so is happiness. So is optimism. So is love. Surround yourself with people who bring out the best in you. And strive to be a reflection of what you want to receive.



# MAHA - ATHMA – THE GREAT SOUL



history, Gandhiji challenged the might of the British Empire, with a simple and ingenious tool – Non Violence. For Indians, he became Bapu, the Father of our Nation. To the rest of the world, he was a unique general, who warred against injustice and hypocrisy in every form. His weapons were non- violence and truth, that is to live in peace.

Born on 2nd October 1869, in Porbander, Gujarat, Mohandas Karamchand Gandhi went to England to study law, and then to South Africa to practice it. In South Africa he fought against racism. In 1915 he returned to India and started helping the people of India who were humiliated and insulted by the British rule. The path he took to end this was a peaceful one, which was never too easy.

He had faith in his own values and determinations. The colonial rule tried every tactics to divide and rule, but Gandhiji led India into one thread peacefully. His tireless efforts, non-violence, courage and patience to face any situation peacefully inspired many world leaders. He is a much revered leader and is considered as the 'International

Symbol of Non-Violence and Peace.' He drew such immense admiration for his peaceful contributions worldwide that his birth date is observed as the 'International Day of Non Violence'. He always stressed on believing in loving his enemies. Peace was the only remedy open to all the Hindus, Christians, Muslims, Sikhs and Parsis of India.

Through his freedom movements like, The Quit India Movement, Non-Cooperation Movement, Civil Disobedience Movement and Dandi March, Gandhiji stood for human rights. He indeed has been an inspiration for the past generations and also for the generations to come.

On February 2nd 1948 when Gandhiji was assassinated, Pandit Jawaharlal Nehru aired through the All India Radio, 'A great teacher for humanity and peace, he lives in the hearts of the millions and will live for memorial ages. May his deed of peace, keep inspiring us forever.



JOHANN PREMJI  
- 10B

'Non-Violence is the first article of my faith, it is also the last article of my creed.' One of Gandhiji's great quote.

The post first world war years saw the emergence of a Gujarati Lawyer, Mohandas Karamchand Gandhi on the political stage. One of the greatest personalities of world

## Bread Pizza



### Ingredients

1. 1 slice of Bread
2. Shredded cheese
3. Pizza sauce
4. Preferred toppings
5. Rolling pin
6. Pan

### Process

Take a slice of bread and cut the edges. Use a rolling pin to make it flat. Spread the pizza sauce on the bread and spread the shredded cheese on the bread. Put the bread preferred toppings on the bread. Take the pan and place it on low flame. Place the bread pizza in the pan and cover it with the lid for two minutes. Take the pizza out and it is ready to serve.



SHARON MATHEW  
- 7B



- An ostrich's eye is bigger than its brain
- Lemon contain more sugar than strawberries
- A lobster's blood is colorless but when exposed to oxygen it turns blue
- Cats spend 66% of their life asleep
- Honey is the only natural food which never spoils
- M&M's chocolate stands for the initials for its inventors Mars and Murrie.
- A giraffe can clean its ears with its 21-inch tongue
- 1 googol is the number 1 followed by 100 zeros
- Hummingbirds are the only bird that can fly backwards.



HRITIKA N.  
- 10E



# Birthday Arcade - October



**ANEENA ROSE**  
OCT 1 - 11H



**SAKINA SAIFUDDIN**  
OCT 1 - 10F



**IVINE RAMESH**  
OCT 1 - 9A



**NIMISHA PRASATH**  
OCT 1 - 10A



**RAYAN ARAKKAL**  
OCT 1 - 7E



**ANAS ATIF KHANZADA**  
OCT 2 - 10C



**CATHERIN ALPHONSA**  
OCT 2 - 11D



**EMMA KURIAN**  
OCT 2 - 10A



**HANNAH KURIAN**  
OCT 2 - 10B



**IRIN MATHEW**  
OCT 2 - 9B



**MOHAMMED SAAD**  
OCT 2 - 11I



**ZUHAIB ANSAR**  
OCT 2 - 11I



**BENITTA ELZA**  
OCT 3 - 12B



**JOELLA JOE PEREIRA**  
OCT 3 - 11E



**MUHAMMED ZUBAIR**  
OCT 3 - 8A



**HUZAIFA MUSTAFA**  
OCT 3 - 7B



**SAFA RAHIM**  
OCT 3 - 11I



**SAKINA MEMBER**  
OCT 3 - 8D



**FEBIN PHILIP JOHN**  
OCT 4 - 11B



**KEZIA SARAH ABEY**  
OCT 4 - 8B



**SALAH AMJAD**  
OCT 4 - 8D



**REVANTH KRISHNA**  
OCT 5 - 12J



**KHUZAIMA SAIFEER**  
OCT 5 - 11D



**SHAIKH YOUSUF**  
OCT 5 - 12D



**KEVIN GEORGE**  
OCT 6 - 11A



**CALEB RICHARD**  
OCT 6 - 9B



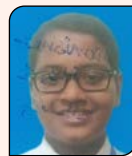
**ILHAM NADEEM**  
OCT 6 - 11E



**ANDRIA ALPHONSA**  
OCT 7 - 7A



**ARAINA DSOUZA**  
OCT 7 - 8C



**DON THOMAS CROSS**  
OCT 7 - 11D



**HAMZA MOHD.RIYAZ**  
OCT 7 - 12K



**NAUFEL SAALIM**  
OCT 8 - 8F



**KAZI NOOR AL ISLAM**  
OCT 9 - 12J



**ABEL JOSEPH**  
OCT 9 - 12C



**ADNAN ABBAS**  
OCT 9 - 10D



**NIHAAN JONAS**  
OCT 9 - 11I



**RUTH GLADWIN**  
OCT 9 - 10B



**ARYA NAIR**  
OCT 10 - 9C



**CHRISTINE TANIYA**  
OCT 10 - 11F



**DEVI AJAYA**  
OCT 10 - 11E



**ESHAN NAHAS**  
OCT 10 - 9E



**ETHAN SANJAY**  
OCT 10 - 10B



**RAEBEL SHAJU**  
OCT 10 - 10B



**TINSA BIJU**  
OCT 10 - 11H



**GODFREY THOMAS**  
OCT 11 - 9D



**JOHAN JACOB**  
OCT 11 - 8C



**DEEPAK DEVENDRA**  
OCT 12 - 12H



**DEERAJ DEVENDRA**  
OCT 12 - 11D



**ERIN SHENNI**  
OCT 12 - 10B



**NANDIKA NISANTH**  
OCT 12 - 6A



**PHILIP MATHEW**  
OCT 12 - 12H



**REVA BHAVIN KUMAR**  
OCT 12 - 9D



**SHAHEEN BINTH**  
OCT 12 - 11H



**UMMEAYMAN**  
OCT 12 - 10D



**DARSHANI**  
OCT 13 - 7A



**IBRAHIM JAVED**  
OCT 13 - 10E



**MIDHAT FATEMA**  
OCT 13 - 9E



**NAKUL RAJESH**  
OCT 13 - 8B



**ZAHRA FAROOQ**  
OCT 13 - 10C



**AARON KURIAKOSE**  
OCT 14 - 8C



**ROHIT RAJESH**  
OCT 14 - 12A



**RYAN BABU TIBISH**  
OCT 14 - 8A



**SHAHAM MOHAMMED**  
OCT 14 - 11A



**SREYA SAJU**  
OCT 14 - 7E



**ABDUL KADAR**  
OCT 15 - 12H



**HILAL SALIM**  
OCT 15 - 12B



**GOURIKA MENON**  
OCT 15 - 12A



**KRUPA SARA BIJU**  
OCT 15 - 12I



**TAHA HAMIM**  
OCT 15 - 11I



**ARMAAN TIJU**  
OCT 16 - 7E



**CHRISTINA**  
OCT 16 - 10A



**IMMANUEL MATHEW**  
OCT 16 - 12H



**JOVINA MARIAM**  
OCT 16 - 7A



**OSWIN DANIEL**  
OCT 16 - 10B



**SAPAN SRINIVAS**  
OCT 16 - 12D



**THIYANESHWAR**  
OCT 16 - 12C



**ASHWITA ANANDRAJ**  
OCT 17 - 9E



**HANIYA FATHIMA**  
OCT 17 - 11A



**IMAN JAVID SAYYED**  
OCT 17 - 10E



**NUHA IMTIYAZ**  
OCT 17 - 12B



**SHIJON SAJU**  
OCT 17 - 12F



**SIHAM MOHAMMED**  
OCT 17 - 12G



**VEDANT PRADEEP**  
OCT 17 - 8F



**ABRAR AHMED**  
OCT 18 - 10E



**AHMED FAYYAZ**  
OCT 18 - 9A



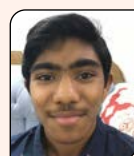
**AMAL RAJ**  
OCT 18 - 12I



**ANN THERESA**  
OCT 18 - 6A



**BEN AJITH KURIAN**  
OCT 18 - 12D



**ERIC ANTONY**  
OCT 18 - 12K



**ETHAN SHIBU ISSAC**  
OCT 18 - 12C





HUSAINA JAKIR  
OCT 18 - 9D



JOHANN THOMAS  
OCT 18 - 12E



SAAD HASRAT  
OCT 18 - 7D



ALI ASGAR  
OCT 19 - 10E



ANN SHIBU  
OCT 19 - 11D



DANIYA OMAR  
OCT 19 - 10A



KEVIN TOM  
OCT 19 - 12C



KEZIAH ELSA BILU  
OCT 19 - 11H



MOHAMMED FAAIZ  
OCT 19 - 11E



AZEEN SYED  
OCT 20 - 7C



BEULA BJO  
OCT 20 - 11E



CASSIE MARIYA  
OCT 20 - 7E



CATHERINE ANN  
OCT 20 - 11E



MUHAMMED SHAN  
OCT 20 - 12F



NOUMAN AMANULLAH  
OCT 20 - 8G



SAGAMA JAMIL  
OCT 20 - 12F



ZAIMA MOHAMED  
OCT 20 - 10C



AFHAM NANETHAN  
OCT 21 - 11I



JAY AJIT BAROT  
OCT 21 - 12B



JEET SANDHAR  
OCT 21 - 12G



MAYRA FAISAL KAZI  
OCT 21 - 10E



RENOSH REJI  
OCT 21 - 11J



RIA SUSAN CHACKO  
OCT 21 - 11A



BHALDAR TAMANNA  
OCT 22 - 12B



ERIC LAKH  
OCT 22 - 7B



HANNAH LAKH  
OCT 22 - 7B



HEEBA HIDAYAT  
OCT 22 - 7E



SONA SUJITH  
OCT 22 - 11G



SUDHANVA JITHENDRA  
OCT 22 - 7C



AARUSHI SAXENA  
OCT 23 - 8F



ABDULLAH ALAM  
OCT 23 - 12J



AFIA SHAIKH  
OCT 23 - 6A



BURHANUDDIN  
OCT 23 - 7C



MATHEWS ABRAHAM  
OCT 23 - 8A



MEHFUZ SHARIF  
OCT 23 - 8C



NABAHAN HAMZA  
OCT 23 - 7D



NADIRA YASMEEN  
OCT 23 - 8A



ROSHAN JEEMON  
OCT 23 - 8A



RUBIN BENNY  
OCT 23 - 10B



SANIA NASIR KHAN  
OCT 23 - 11G



THERESA TENSON  
OCT 23 - 7A



ALRIYA JAYCE  
OCT 24 - 9D



HAYAT BIJU NEYYAN  
OCT 24 - 9C



JAMES JOHN ALAPAT  
OCT 24 - 9A



ROHITH KESHETTY  
OCT 24 - 11E



ABBAS ADNAN  
OCT 25 - 11J



NADEEM ISMAIL  
OCT 25 - 9D



PRATHIKSHA  
OCT 25 - 8A



RITHIN PHILIP JOSE  
OCT 25 - 10A



SREYA SUNIL  
OCT 25 - 6A



SABIHA SHABBIR  
OCT 26 - 12C



SANDRA ELIZABETH  
OCT 26 - 10A



SOFIAN AHMED  
OCT 26 - 8C



JOSHUA ALVIN  
OCT 27 - 9A



K.M. CHARYA  
OCT 27 - 12I



MOHAMMED UMAR  
OCT 27 - 9B



ZIYAD JABIR  
OCT 27 - 12J



ABEL BOBBY  
OCT 28 - 8B



SYEDA HIBA FATHIMA  
OCT 28 - 11B



RUDRA ASOKAN  
OCT 29 - 7D



ALFIE MARIAM  
OCT 29 - 11J



ANAGHA SHAIJU  
OCT 29 - 7A



AYAAN ISMAIL  
OCT 29 - 11D



YOUSUF ZILLUR  
OCT 29 - 9D



ADIL KRISHNA  
OCT 30 - 8F



UTHARA BIJOY  
OCT 30 - 11H



VEDANSHI BHATT  
OCT 30 - 12H



ANISA HABIB  
OCT 31 - 11I



MR. FRANCIS  
MICHAEL- OCT. 09



MR. MAHESH  
BARODIYA- OCT. 11



MRS. JAYASHREE  
SHETTY - OCT. 18



MRS. SUSAN  
GEORGE - OCT. 18



MRS. RATHY  
VENKAT - OCT. 20



MRS. ANJU JIJIN  
OCT. 27



# EPITravel NORWAY

Norway, is a Nordic country in Northern Europe whose main land territory comprises the western and northern most portion of the Scandinavian Peninsula. The country has the fourth - highest per - capital income in the world on the World Bank and IMF lists. The majority of the population is Nordic.

## WEATHER

Norway is often associated with weather similar to Alaska or Siberia, primarily because the country runs along the same latitude as them. In reality, while it is often cold in Norway, the weather is often milder than expected, due to the Gulf Stream and warm air currents. The winters are typically bitterly cold with the accompaniment of snow and summers are mild with little to no humidity

## Touristic Attractions

### 1. Floibanen

The Floibanen is a funicular railway in the Norwegian city of Bergen. It connects the city centre with the mountain of Floyen, with its mountain walks and magnificent views of the city. It is one of Bergen's major tourist attractions and one of Norway's most visited attractions. The line is 844m (2,769ft) long, covers a height difference of 302m (991ft), and carries over one million passengers a year.



### 2. Holmenkollen Ski Museum

The Ski Museum was founded in 1923 and is the world's oldest ski museum. His private collection formed the foundation of the antique and historic skis on display at the museum.



### 3. Kristians and Zoo and Amusement Park

The Kristians and Zoo and Amusement Park is a zoological garden and amusement park situated in of Kristians and, Norway. It is Norway's most frequently visited attraction, covering an area of 60 hectares (150 acres). Established in 1966, it has been owned by Braganza since 2004. The Zoo and Amusement Park has Norway's largest collection of animals. It consists of over a

hundred species of animals from around the world that move freely on a relatively large area.



NISHMA MANNURU  
- 11 B



### 4. Bryggen

Bryggen (the dock), also known as Tyskebyggen, the German dock, is a series of Hanseatic heritage commercial buildings lining up the eastern side of the Vågen harbour in the city of Bergen, Norway. Bryggen has been on the UNESCO list for World Cultural Heritage sites since 1979.







## A WISE MAN'S JOKE

A wise man once faced a group of people who were complaining about the same issues over and over again. One day, instead of listening to the complaints, he told them a joke and everyone cracked up laughing. Then, the man repeated the joke. A few people smiled.

Finally, the man repeated the joke a third

time—but no one reacted.

The man smiled and said, “You won’t laugh at the same joke more than once. So what are you getting from continuing to complain about the same problem?”

*The Moral:*

You’re not going to get anywhere if you

keep complaining about the same problem but do nothing to fix it. Don’t waste your time complaining, expecting other people to continue to react to your complaints. Instead, take action to make a change.



RIDHA FAISAL KHAN  
- 9E

## HISTORY BROUGHT BACK TO LIFE - Diriliş: Ertuğrul



“If we are thankful for what we have our hearts will find peace” -Ertugrul Ghazi

Dirilis Ertugrul is a Turkish historical fiction and adventure television series produced by Mehmet Bozdağ for TRT, starring Engin Altan Düzyatan as Ertuğrul Bey (Bey - brother in Turkish) . The show is set in the 13th century and is based on the life of Ertuğrul, the father of Othman I, the founder of the Ottoman Empire. The series was filmed in Riva, a village in the Beykoz district of Istanbul, Turkey.

Ertuğrul bey was the son of the leader of the nomadic tribe, Kayi. The show revolves around how he overcame the troubles laid in the path of his dream of establishing a Turk empire. He carried the fate of his people on his shoulders and led them to a new beginning after the death of his father. Ertuğrul was always surrounded by threat from Mongols, Templars and Byzantines.

He gallantly fought them with his trusted soldiers on his side and had continuous support from his mother and his wife. His amazing leadership skills and his thirst for a land of justice paved the way for his success and laid foundation of Ottoman empire. The whole story of Ertuğrul is spread across 5 seasons with an average of 100 episodes in a season. Every season introduces new threats from internal or external enemies or traitors.



FATIMA SAYEED  
SHAIKH - 10D

His story teaches us to believe in ourselves and stay strong in your faith and follow your beliefs when you are on the right path. To always cherish the people by our side and never let the sacrifices go in vain. Always stand up for righteousness and justice. It teaches us to dream big and to work hard to achieve it.

## Quote Garden

- “You can’t go back and change the beginning, but you can start where you are and change the ending.” – C.S. Lewis
- “The best view comes after the hardest climb.” – Shrinivas Rajurkar
- “The struggle you’re in today is developing the strength you need for tomorrow.” – Robert Tew
- “There are two ways of spreading light; to be the candle or the mirror that reflects it” – Edith Wharton
- “A ship is always safe at a shore, but that’s not what it was built for.” – Albert Einstein



REVA KANTARIA  
- 9D.

## Jean-Michel Basquiat



Jean-Michel Basquiat (December 22, 1960 – August 12, 1988) was an American artist who rose to success during the 1980s as part of the Neo-expressionism movement. Basquiat first achieved fame as part of SAMO, a graffiti duo who wrote enigmatic epigrams in the cultural hotbed of the Lower East Side of Manhattan during the late 1970s, where rap, punk, and street art coalesced into early hip-hop music culture. By the early 1980s, his paintings were being exhibited in galleries and museums internationally. At 21, Basquiat became the youngest artist to ever take part in documenta in Kassel. At 22, he was the youngest to exhibit at the Whitney Biennial in New York. The Whitney Museum of American Art held a retrospective of his art work in

1992. Basquiat's art focused on dichotomies such as wealth versus poverty, integration versus segregation, and inner versus outer experience. He appropriated poetry, drawing, and painting, and married text and image, abstraction, figuration, and historical information mixed with contemporary critique. He used social commentary in his paintings as a tool for introspection and for identifying with his experiences in the Black community of his time, as well as attacks on power structures and systems of racism. His visual poetics were acutely political and direct in their criticism of colonialism and support for class struggle. Matilde instilled a love for art in her young son by taking him to local art museums and enrolling him as a

junior member of the Brooklyn Museum of Art. Basquiat was a precocious child who learned how to read and write by the age of four. His mother encouraged her son's artistic talent and he often tried to draw his favorite cartoons. In 1967, Basquiat started attending Saint Ann's School, an arts-oriented private school. There he met his friend Marc Prozzo and together they created a children's book, written by Basquiat at the age of seven and illustrated by Prozzo.



SHREDHA SUNIL JOSEPH - 11A



## LEARNING AND PERFECTING ACQUIRED SKILLS- HOW DOES THE BRAIN DO IT?



It is a common rule of thumb that to master anything in life, you must spend 10000 hours engaging in that activity. That equals about a year and 51 days of repetitive practice to

become world class in any field. But what is the science behind this? How does our brain and body resonate to accomplish such unbelievable feats?

The axons of neurons in white matter of the brain are covered in a fatty sheath called myelin. It seems that with practice, this sheath thickens and better insulates the brain, hence preventing energy loss due to message transmission. This forms a 'superhighway' that transmits neural signals from brain to muscle faster and much precisely. Musicians, athletes, martial artists etc. attribute their skill to 'muscle memory', which actually refers to this process of thickening of myelin.

EFFECTIVE practice, that is practice

accompanied by improvement of technique, can give many beginners in almost all fields a head start over the newbies and eventually bring them up to the level of experienced individuals in a way shorter time. Also, frequent rests and breaks are necessary for a person to remain efficient during those hours of practice, and maintain the physical conditioning required to improve and adapt quickly.

The brain is a fascinating organ and we are yet to unravel all its mysteries. Its power and capacity is what distinguishes humans from other living beings, and it constantly surprises us at its ability to being malleable and changeable, as it uplifts human beings to success and achievements of a higher order.



# "AZADI KA AMRIT MAHOTSAV"



As India celebrated its 75 years of glorious Independence, the Students of The Indian community school senior celebrated it by taking part in Azadi ka Amrit Mahotsav, an initiative of the Government of India to celebrate and commemorate 75 years of independence. In accordance to the CBSE notification ICSK Senior conducted poster making competition on struggles and achievements of freedom fighters. This enunciated awareness about the sacrifices done by the national leaders.



## CLIMATE CHANGE



Climate change refers to the change in the environmental conditions of the earth. This happens due to many internal and external factors. The climatic change has become a global concern over the last few decades. Besides, these climatic changes affect life on the earth in various ways. These climatic changes are having various impacts on the ecosystem and ecology.

### When did it start?

The climate started changing a long time ago due to human activities but we came to know about it in the last century. During the last century, we started noticing the climatic

change and its effect on human life. We started researching on climate change and came to know that the earth temperature is rising due to a phenomenon called the greenhouse effect. The warming up of earth surface causes many ozone depletion, affect our agriculture, water supply, transportation, and several other problems.

### Natural Reasons

These include volcanic eruption, solar radiation, tectonic plate movement, orbital variations. Due to these activities, the geographical condition of an area become quite harmful for life to survive. Also,

these activities raise the temperature of the earth to a great extent causing an imbalance in nature.



AMMAR SABIR  
-7C

### Human Reasons

Man due to his need and greed has done many activities that not only harm the environment but himself too. Many plant and animal species go extinct due to human activity. Human activities that harm the climate include deforestation, using fossil fuel, industrial waste, a different type of pollution and many more. And many species of animals and birds got extinct or on a verge of extinction due to hunting.

### Effects Of Climatic Change

These climatic changes have a negative impact on the environment. The ocean level is rising, glaciers are melting, CO2 in the air is increasing, forest and wildlife are declining, and water life is also getting disturbed due to climatic changes. Apart from that, it is calculated that if this change continues, many species of plants and animals will get extinct. And there will be a heavy loss to the environment.



# CAPTAINS & VICE CAPTAINS - OCTOBER

## CLASS 12A



ADARSH RAKESH



SHUBHALAKSHMI



SYED ATIF ASHRAF



JEFFREY SAM RICKY



GOKUL KUMAR



ANJANA REVI PRASAD



ANJALI REJI



JUZAR ALI



FATEMA ALI



JAMILA MUFFAZAL

## CLASS 12F



SABAH



SAYEDA BUSHRA



NANDINI



HUSSAINA MURTAZA



SHAIK ABDULLAH



ALEN MATHEW



FAIZA



ALEN MATHEW



OLIVIA FERNANDES



SAMREEN SULTANA

## CLASS 12G

## CLASS 12H

## CLASS 12I

## CLASS 12J

## CLASS 12K

## CLASS 11A

## CLASS 11B

## CLASS 11C

## CLASS 11D



NAYMA ABDUL HAI



ABDUL SAMEED



AADARSH KRISHNA



SANIYA ASIF KOTH



AYIDA ASIF ALI



EBENEZER NELSON



GOWSHIK RANGARAJAN



HARGUN KAUR



NIDHI MYTHILY



ROHIT KRISHNAN

## CLASS 11E

## CLASS 11F

## CLASS 11G

## CLASS 11H

## CLASS 11I



SRADHA RAJ



MOHAMMED FAAIZ S



KARTIK DINESH



MABEL EMILIE



ZAHRA YOUSUF



JOEL MATHEW



ANUSHKA PRATAP



HAVEESHA



ARJUN K. UNNI



FRANKLIN MATHEW

## CLASS 11J

## CLASS 10A

## CLASS 10B

## CLASS 10C

## CLASS 10D



JEO ROY



MUNIRA



SANVI SURESH



SIVANESAN



HANNAH KURIAN



HANA THOMAS



RITAJ



ZAHRA



SARA YASIN



GLEN

## CLASS 10E

## CLASS 10F

## CLASS 9A

## CLASS 9B

## CLASS 9C



YASHILA MANI



NUHA ABUBACKER



MAHAD



NETHANIEL NEVIL



SANDRA BIJU



SAJILA



MIFA SHRINE



JOHAN JACOB



NISHANT SUBBU



ASHIK SUNISH

## CLASS 9D

## CLASS 9E

## CLASS 9F

## CLASS 8A

## CLASS 8B



ADARSH DAS



WASIYA



AKSHAT KOTHARI



Haura ALI HUSSAIN



GURLEEN KAUR



SAJILA



HANNAH MARIAM



NEO NOBY



DHYAN THOMAS



JOSHUA

## CLASS 8C

## CLASS 8D

## CLASS 8E

## CLASS 8F

## CLASS 8G



DAVID SAMUEL BIJI



SERAH LIZ THOMAS



MARYAM



IDRIS BOHRA



ASMA



RUQQIYA



SRAVAN



LYSANDRA

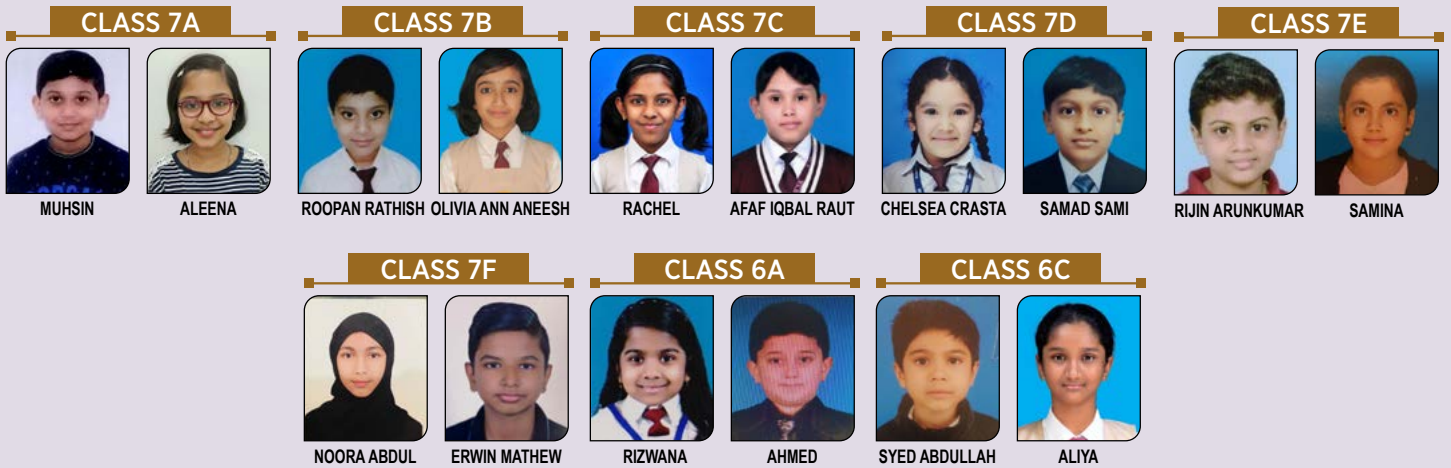


IRFAN ANZAR



NOUMAN AMANULLAH





# Artificial Intelligence



Artificial Intelligence (AI) has brought a revolution in the world of technology. It is the theory and development of computers, which imitates the human intelligence and senses, such as visual perception, speech recognition, decision-making and translation between languages. AI systems demonstrate some of the behaviors associated with human intelligence such as planning, learning, reasoning, problem-solving, knowledge representation, motion, and manipulation and, also social intelligence and creativity. The various sub-fields of AI research are centered on particular goals and the use of particular tools. The traditional goals of AI research include reasoning, knowledge representation, planning, learning, natural language processing, and the ability to move and manipulate objects. General intelligence (the ability to solve an arbitrary problem) is among the field's long-term goals. Artificial intelligence can be divided into different categories like reactive machines, limited memory, theory of mind and self awareness. Reactive machine can react to situations. Limited memory AI systems are capable of using past experiences to inform future ones. Theory of mind systems have their own beliefs, intentions, desires, and opinions. However, this type of AI does not

exist yet. Self awareness AI systems are the highest and most sophisticated level of Artificial Intelligence. Such systems have a sense of self. Furthermore, they have awareness, consciousness, and emotions. Obviously, such type of technology does not yet exist. This technology would certainly be a revolution.

Nowadays AI has very important applications in different kinds of fields. Fraudulent activities can be detected through AI solutions. AI bots, digital payment advisers can create a high quality of service. Artificial Intelligence

provides a deep knowledge of consumers and potential clients to the marketers by enabling them to deliver information at the right time. Through AI solutions, the marketers can refine their campaigns and strategies. AI technology can be used to detect diseases in plants, pests and poor plant nutrition. With the help of AI, farmers can analyze the weather conditions, temperature, water usage and condition of the soil. Artificial Intelligence can help in the analysis, diagnosis and complication of complicated medical data. AI can certainly make education more efficient. AI technology can discover the needs of students. Then it can adapt according to their needs. AI tutors provide study help to students. AI systems can help recognize and fight cyber attacks and other cyber threats based on the continuous input of data, recognizing patterns and tracking the attacks. The opportunities offered by AI in the modern world know no limits.



MELBA ELSA JOE  
12 D





# DISCOVER india **UTTARAKHAND**



Uttarakhand, a state in northern India crossed by the Himalayas, is known for its Hindu pilgrimage sites. Rishikesh, a major center for yoga study, was made famous by the Beatles' 1968 visit. The city hosts the evening Ganga Aarti, a spiritual gathering on the sacred Ganges River. The state's forested Jim Corbett National Park shelters Bengal tigers and other native wildlife. Uttarakhand is best known for its rivers as it is the origin of some of the most sacred rivers of India like Ganga and Yamuna. It is the sixth richest state in India.

## Five most beautiful places to visit in Uttarakhand.

### 1. Valley of Flower (National Park)

The valley is believed to have been discovered in 1931, when three British mountaineers – led by Frank S Smyth – lost their way and chanced upon this spectacular valley.

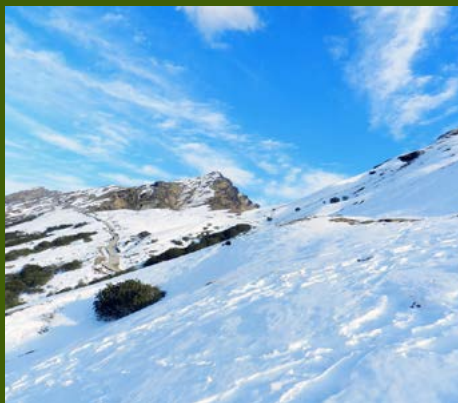
Attracted by the beauty of this place they named it the "Valley of Flowers". The valley opens on June 1 each year and shuts in October. The best time to visit the Valley of Flowers is between July to September when you can see the valley at its bloom with flowers. The valley is believed to have approximately 520 species of plants, out of

which, 498 are flowering plants. The Valley of Flowers was declared a World Heritage Site in 2005.

### Chopta

Chopta is a picturesque hamlet which is still unexplored by travelers, is also famous as "Mini Switzerland of Uttarakhand". Wake up with cool salubrious breeze and chirping of birds in Chopta which is a far cry from the blaring horns of the cities and other hill stations, morning view from Chopta is invigorating when the crimson rays of sun kisses the snow-laden Himalayas.

This hushed abode is enclosed by the dwindling pines, deodars, rhododendrons and other conifers that can be found in this region, which makes Chopta rich in flora and fauna.



### Lansdowne

Lansdowne is a hill station in the north Indian state of Uttarakhand. It was founded as a military garrison under the British Raj, and the Garhwali Museum traces the history of the Garhwali Rifles regiment, which still trains in the town. Close to colonial-era St. Mary's Church, Tip-n-Top viewpoint is perched up on a ridge overlooking forested hills. Hindu devotees worship Shiva at the centuries-old Kaleshwar Temple.



ASHIMA ELIZABETH - 6A



### Nainital and Ranikhet

One of the best places to visit in Uttarakhand and a popular getaway for couples and families is Nainital. Located by the famous Naini Lake in the valley, surrounded by mountains on all sides where one can enjoy majestic vistas of nature here. In addition, there is plenty to explore with some interesting tourist places in Nainital. Also these are two of the places to visit in Uttarakhand in monsoon!





# EPITOME OF SUCCESS ANGELA MERKEL



"The scientist who became the Queen of European politics"

The world's most powerful woman earned her Ph.D. in quantum physics, presides over the richest economy in Europe, and was the central broker in a massive euro-bailout deal. In short, when the chips are down, Germany's Chancellor Angela Merkel is the undisputed leader Europeans turn to.

Here's the story of Merkel's rise from humble beginnings under an oppressive East German regime to the top spot as Germany's leader.

She excelled in academics, especially math, science, and languages. In her teenage years, her parents encouraged her to join the Communist youth organization, the Freie Deutsche Jugend, or Free German Youth, to

develop skills for a career in politics. In 1989, Merkel made a move toward a career in politics and joined the center-right activists of the Democratic Awakening party.

A year later, she became the party's spokeswoman, and renamed the party the Allianz für Deutschland, or Alliance for Germany. As a female with a doctorate in quantum chemistry, Merkel immediately stood out in the political realm.

Merkel's rise to the top accelerated when she joined the largest party in West Germany, Christlich Demokratische Union. She was selected for multiple positions by Helmut Kohl, her mentor and the leader of the Christian Democratic Union, or CDU. Four years later, she was elected as the new chairman of the CDU, making her the first

woman to lead a major German political party. She began her campaign against the ruling Social Democrats leader, Gerhard Schröder. During a live television presidential debate, Schröder yelled at her across the stage, saying she should acknowledge that she was a "clear loser." She took the opportunity to calmly respond, a strategy she continues to use to undermine her opponents. Voters began to see her as an even-mannered and classy candidate. She became the 1st female chancellor of Germany shortly thereafter.

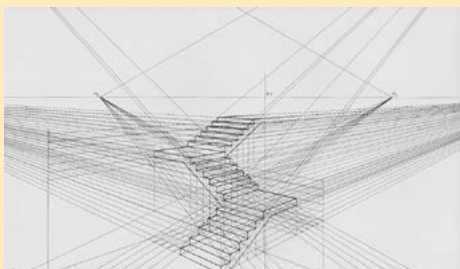


JOVEN C. JOSE  
- 12B

Merkel is credited for being the first chancellor to appreciate and support sports in her nation. The team declared her as the official mascot for the squad and calls her Muttivation, a play on her nickname, Mutti, meaning mommy. "The chancellor's visit to the German team during the World Cup shows that she takes people and their interests seriously,

In her time in office, she has dealt with five UK prime ministers, four French presidents and seven Italian prime ministers. When President-elect Joe Biden takes office on Wednesday, he'll be the fourth American commander-in-chief she's worked with. But as she retires completely, she will continue to influence the world for a long time to come. "In the future, it will be very difficult to argue that a woman cannot be a successful leader, and that's a very important message to tell,"

## PERSPECTIVE



Perspective is a particular way of seeing things and be interested in it. Life is a journey and this journey brings us face to face with difficulties and hardships and we as teens go through a lot of stress and pressure with our exams, our choices friends, people etc. Yes, all of us go through it. But very few of us are able to overcome these difficulties. But how?

People whose eyes have become weak or those who suffer from short or long sightedness have to wear glasses (spectacles). These people are able to see clearly only because they wear glasses. Similarly, when we change our perspective we will be able to look at things differently and approach our problems with positivity.

Many people have different perspectives. But mainly there are two categories in which they come under. The positive perspectives: They look at life's hardships as an opportunity to improve. The negative perspectives: They look at life as a struggle.

So which category do you come under,

positive or negative?

So to change your perspective you need to decide to do it.

Then, do it

And when you do, you can see the change in yourself and people around you.

Remember: smooth sea do not make skilled sailors; so when life gets you in a situation, take it as a challenge and take it positively, because when you change your perspective you change your life.



ABIGALE BRAGANZA  
- 12 D





# EPHILATELY

The month of OCTOBER is indeed a proud one for we, the Indians, this edition of EPHILATELY dedicates the stamps commemorated to 5 legends of Indian Cinema.

## DADA SAHEB PHALKE

Plum color Stamp.

20 paise denomination

Dada Saheb Phalke is described as the 'Chitrapat Maharishi' – the Great Sage of Cinema. The post and telegraphs department celebrated the memory of this great sage of



cinema by issuing a special commemorative stamp in his honor.

## SATYAJIT RAY

Multicolor Stamp.

1100 and 600 paise



The Department of Posts salutes this Master of the Art of Cinema, through a se-tenant of commemorative stamps- one depicting a portrait of Satyajit Ray with the Oscar and the other showing the scene from his first film 'Pather Panchali'. These stamps are unique in using the Ray-Roman type-face for the first time on any Indian Postage Stamp and also for their size.

## PREM NAZIR

Multi color.

500 paise denomination

A commemorative postage stamp on 'Nithyahritha Nayakan' (Evergreen Hero). Prem Nazir, one of Malayalam cinema's definitive leading men of his generation. (A part of the series '100 Years of Indian Cinema'). He is widely regarded as one of the most influential actors in the history of Indian Cinema.



## PRITHVIRAJ KAPOOR

Multicolor Stamp

500 paise denomination



A commemorative postage stamp on Prithviraj Kapoor, an actor of Indian theatre and Hindi Film Industry .He was an actor, film producer, writer and film director who is also considered one of the founding figures of Hindi Cinema. He was associated with IPTA as one of its founding members and established the Prithvi theatres.

## DR. M. G. RAMACHANDRAN

Stamp, Mint Condition.

1500 paise denomination



commemorative postage on the Birth Centenary of Dr.Marthur Gopalan Ramachandran (M.G.R),3rd Chief Minister of Tamil Nadu (1977-80, 1980-87), founder of All India Anna Dravida Munnetra Kazhagam (AIADMK). The Government of India honored Dr. MG Ramachandran with the highest civilian honor, the Bharat Ratna for his unparalleled public service.



JOHANN PREMJIITH  
-10-B

## ASHOK KUMAR

Multi-color

500 paise denomination



A commemorative postage stamp on 'Dadamoni' Ashok Kumar, an Indian Hindi film actor, elder brother of Kishore Kumar. (A part of the ,100 years of Indian Cinema')

## INDIA ON CHARLIE CHAPLIN

Multicolor

25 paise denomination



A commemorative postage stamp on the Birth Anniversary of Sir Charles Spencer Chaplin, an English comic actor, filmmaker, and composer from silent film era.



# Mindful Consumption



Overtime, I have realised that I am taking far more from the universe than I will ever be able to give back.

The constant exercise of differentiating between needs and desire has been an eye opener. Endeavour is to live responsibly, endeavour is to live with conscience.

1. Do I really need the water that is being poured in my glass at the restaurant? Will that water not go down the drain (literally) when I leave my table? Am I being fair to those who are walking miles for drinking water and yet what they get is hardly safe enough to consume?

2. Do I really need to wrap that gift by buying 'free' gift wrapping paper? Because that shiny/ non-biodegradable paper is going to be trashed (literally) once the gift is opened?

3. Do I really need to buy gifts when I am not sure if they will be used and needed by the receiver because I want to look good?

Isn't it wiser to buy fruits or dry-fruits with the same amount of money and with almost certainty that they will be consumed?

4. What do I do when I am at buffet? Do I listen to my stomach or do I fill my plate with everything available (either because its free or because I have paid for it all)?

5. What do I do when the guy at Subway (the foodchain) offers me two forks and four tissue papers when I am going to be eating alone?

6. Just because something is 'biodegradable', should I use it? Can I even avoid a paper bag or a cloth bag

because a tree was chopped to make that paper and earth was subjected to atrocities to create the piece of cloth? Can I 'reduce' my consumption even before thinking of 'reuse' or 'recycle'?

7. Do I really need that cotton Kurti because it looks cool?

The fashion industry is far more evil than what meets our eye. From what it does to the environment while growing cotton and jute to how it treats humans to how it treats textiles and garment waste is mind-bogglingly dirty.

8. Do I really need that extra pair of shoes because I don't have 'that' particular shade of orange?

Do I take into account that once processed, footwear is almost impossible to degenerate on face of the earth (including leather)?

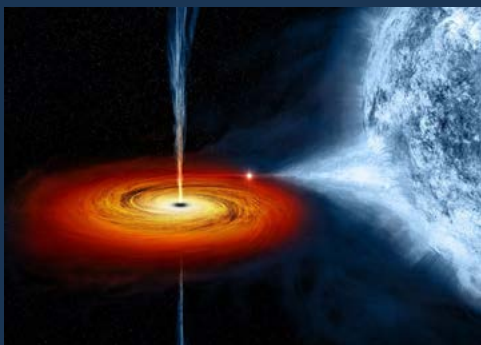
9. Do I need to buy things just because they are in sale and they are cheaper?

Do I need to buy them because there is 'return policy'? I was reading a case study on how big retail conglomerates dump returned goods in the ocean and its unbelievable how our oceans are constantly being subjected to waste created because of our greed.

10. Am I respectful when I am visiting a tourist destination?

Do I take rules such as 'keep silence' 'do not litter' seriously enough? Do I allow the place to consume me or my overbearing presence consumes the place?

## Some Interesting Facts About Black Holes



**How are black holes formed?**

**Dying Stars Lead to Stellar Black Holes.**

The death of large stars lead to black holes, because a star's gravity will overwhelm the star's natural pressure that it maintains to keep its shape. When the pressure from the nuclear reactions collapses, gravity overwhelms and collapses the star's core, and the star's other layers are thrown off

into space, and this process is also known as a supernova. The remainder of the core collapses, a spot overcome by density and without volume – a black hole.

**There are Three Categories of Black Holes.**

- 1) Primordial Black holes – These are the smallest of black holes and range from an atom's size to a mountain's mass.
- 2) Stellar Black Holes – These are the most common of black holes and they can be up to 20 times more massive than the Sun. There are also a variety of these all over the Milky Way.
- 3) Supermassive Black Holes – These are the largest of black holes, being more than 1 million times more massive than the Sun.

**The First Black Hole Wasn't Discovered Until X-Ray Astronomy was Used.**

Cygnus X-1 was the first black hole discovered in the 1960's, and it's 10 times more massive than the Sun.

Currently, the largest known black hole is **Messier 87**

Weird time stuff happens around black holes. This is in accordance with Einstein's theory of general relativity, which (simply put) says that time is affected by how fast you go, when you're at extreme speeds close to light. The black hole warps time and space so much that if a person is falling into a black hole, his time appears to be running slower.

It may seem like we know everything about blackholes, but in reality there are still many unexplored and unanswered questions about these giant beasts.



**Commendable how teachers ensured education of students continues during Covid times:** PM-Prime Minister Narendra Modi on September 5 greeted the teaching fraternity on Teachers' Day, and said it was commendable how teachers

have innovated and ensured the education journey of students continues in Covid times. He also paid tributes to former President S. Radhakrishnan on his birth anniversary which is celebrated as Teacher's Day and recall his distinguished scholarship as well as contributions to our nation.



**NEERI transfers RT-PCR tech to MSME Ministry:** The Nagpur-based National Environmental Engineering Research Institute (NEERI) has transferred the know-how of indigenously developed Saline Gargle RT-PCR technique to the Ministry

of Micro, Small & Medium Enterprises (MSME) for commercialising it. The Saline Gargle RT-PCR technology is simple, fast, cost-effective, patient-friendly and comfortable. It also provides instant test results and is well-suited for rural and tribal areas, given minimal infrastructure requirements, the Institute said. NEERI is an institute under the Council for Scientific and Industrial Research (CSIR).



**Medical ethics, simulation find place in revamped nursing syllabus:** India's B.Sc (nursing programme) has undergone its first major overhaul after 1947, making it a competency-based nursing curriculum. To be implemented from January 2022,

the revised curriculum has been standardised, updated and aimed at bringing in uniformity in nursing education across India. Medical ethics has been introduced for the first time. Also, forensic nursing and nursing informatics have been introduced in the syllabus.



**By end of 2021, Google plans to auto-enroll 150 million users in two-step verification and require 2 million YouTube creators to turn it on:** Google announced that it will be auto-enrolling 150 million of their users in two-step verification

by the end of 2021. The platform will also force two million YouTube creators to turn on two-step verification by the end of the year as well. Google Chrome product Manager AbdelKarim Mardini and Google account security and safety director Guemmy Kim said the best way to keep users safe is to turn on security protections by default.



**CSIR-IICT, CSIR-IICB announce discovery of novel formulation of thermo-stable Insulin:** Availability of injectable insulin formulation has been a major breakthrough in diabetes management. Insulin needs to be kept in a

refrigerator, which, otherwise after some hours becomes unfit for use due to fibrillation (some kind of 'solidification'). For diabetes patients who are staying at remote locations with no refrigerator facility, or

those who are travelling for long hours, the problem is more acute. Researchers from Bose Institute, CSIR-Indian Institute of Chemical Biology (CSIR-IICB), Kolkata, in collaboration with CSIR-Indian Institute of Chemical Technology (CSIR-IICT), Hyderabad, have found that the Insulock is non-toxic, non-immunogenic and heat-stable and can maintain insulin in the active form at room temperature, without any loss for months. The Insulock has been tested in mice models. This research work has been published in iScience, an international reputed journal of Cell press.



**100 new Sainik schools to admit students from academic year 2022-23:**

In a paradigm shift to the existing pattern of Sainik Schools, the Union Cabinet chaired by Prime Minister Narendra Modi approved the proposal for launching of affiliated Sainik schools under Sainik Schools Society, Ministry of Defence. These schools function as an exclusive vertical which will be distinct and different from existing Sainik Schools of MoD. In the first phase, 100 affiliate partners are proposed to be drawn from states, NGOs and private partners. The government of India has decided to provide increasing focus on value based education enabling children to develop pride in rich culture and heritage of this nation, effective leadership with character, discipline, sense of national duty and patriotism.



**India re-elected to UN Human Rights Council for the sixth time with overwhelming majority:** India was re-elected to the UN Human Rights Council for the 2022-24 term with an overwhelming majority in the General Assembly, with New

Delhi's envoy here describing the election as a "robust endorsement" of the country's strong roots in democracy, pluralism and fundamental rights enshrined in the Constitution. The 76th UN General Assembly held elections for 18 new members of the UN Human Rights Council who will serve for a period of three years, starting in January 2022. India vowed to continue to work for the promotion and protection of human rights through "Samman, Samvad and Sahyog."



**Three share Economics Nobel for research on "natural experiment" to study cause and effect.** A U.S.-based economist won the Nobel prize for economics for pioneering research that showed an increase in minimum wage does

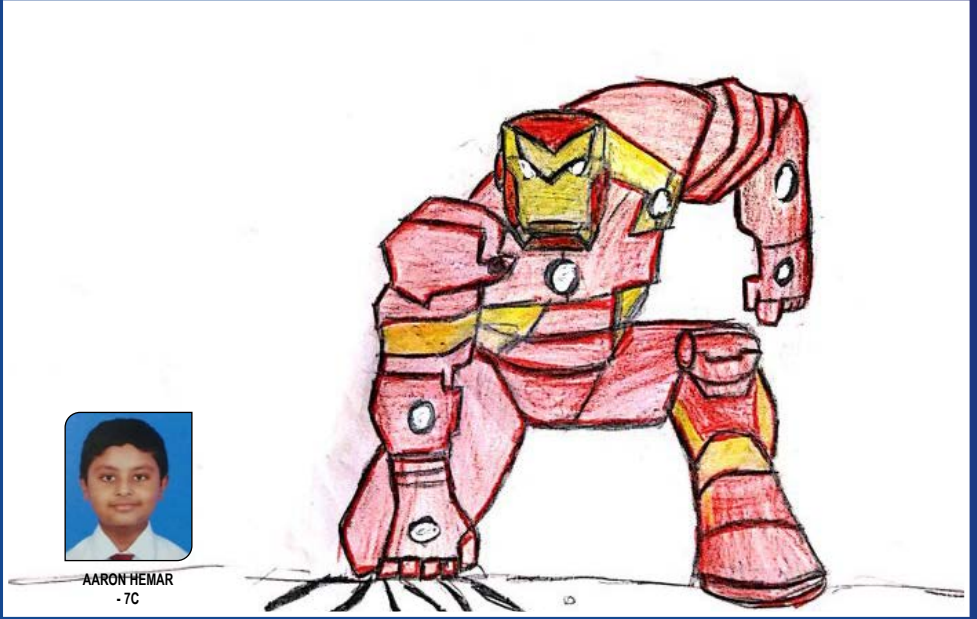
not lead to less hiring and immigrants do not lower pay for native-born workers, challenging commonly held ideas. Two others shared the award for creating a way to study these types of societal issues. Canadian-born David Card of the University of California, Berkeley, was awarded one half of the prize for his research on how minimum wage, immigration and education affect the labour market, while the other half was shared by Joshua Angrist from the Massachusetts Institute of Technology and Dutch-born Guido Imbens from Stanford University for their framework for studying issues that can't rely on traditional scientific methods.



# Art Gallery - Senior Secondary



AARAV V ANULAL  
- 7D



AARON HEMAR  
- 7C



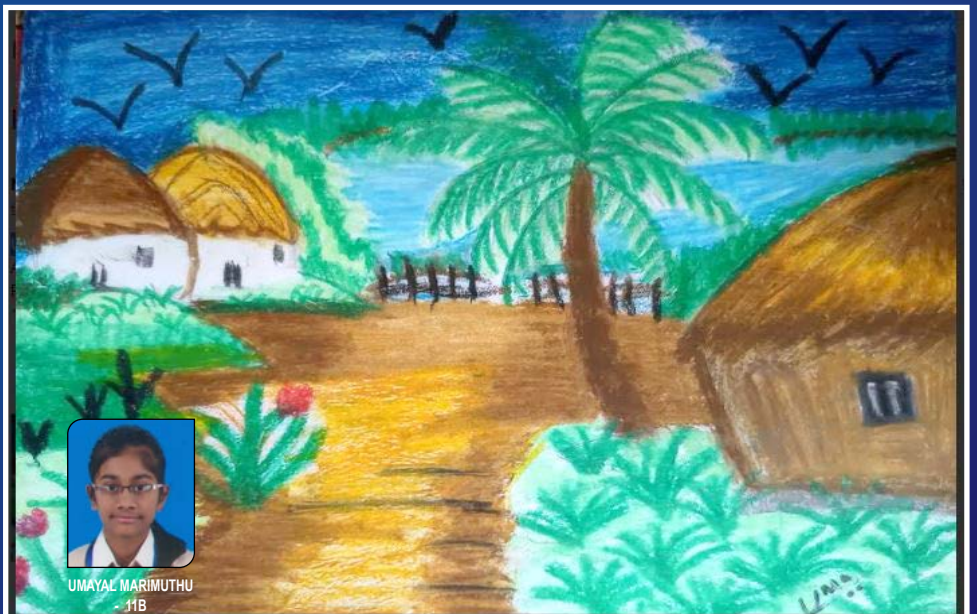
MOHAMMED VERDA  
- 9F



ARHAAN AQTHAR  
- 11F



KARTHIK - 8D



UMAYAL MARIMUTHU  
- 11B

# EPIctionary

- 1. Cavalier :** not considering other people's feelings or safety  
Used in sentence : Tin will regret his cavalier attitude about studying when he fails to graduate on time.
- 2. Aggrandize :** make great or greater in power, rank, honor, or wealth; increase  
Used in sentence :The king uses every opportunity to aggrandize his family, making them into saints.
- 3. Oppugn :** question the truth or validity of something  
Used in sentence : Youngsters often oppugn superstitions.
- 4. Sartorial :** Relating to clothes or a person's style of dress  
Used in sentence : Their sartorial has been imitated around the world.
- 5. Yonder :** Referring to something far away  
Used in sentence : The yonder side of any issue before deciding.
- 6. Tactic:** A plan for a having a certain goal  
Used in sentence :They increase their sales with a tactic move of giving goodies.
- 7. Dawdle:** Take long time to do  
Used in sentence: They dawdled along by the river.
- 8. Perpetual:** Enduring forever  
Used in sentence: He was an attractive boy with a quick smile and a perpetual twinkle in his eyes.
- 9. Hellacious :** an overwhelming experience  
Used in sentence: There was a hellacious hailstorm.
- 10. Unfathomed :** situated or extending at great depth  
Used in sentence: There are so many dark, unfathomed caves in the ocean.



## PARENT'S HOUSE

By Khalil Gibran

It's the only house where you can go to dozens of times without an invitation.

The only house where you can put the key in the door and enter directly.

The house that has loving eyes that stare at the Door until they see you.

The house which reminds you of your care free days, stability and your happiness during your Childhood .

The house in which your presence and look at your mother's and father's faces is for you a bliss and your conversation with them is a reward.

The house that if you do not go, the hearts of its owners will shrink.

The house in which two candles were burnt to light up the world and fill your life with happiness and joy.

The house where the dining table is pure for you and has no hypocrisy.

The house that if the food time arrives and you don't eat, the hearts of its owners will be broken and annoyed.

The house that offers you all the laughs & Happiness.

Oh Children, find out the value of these houses before it's too late.



**THE INDIAN  
COMMUNITY SCHOOL  
KUWAIT**

### **The Indian Community School (Senior) Salmiya**

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