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PRINCIPAL'S MESSAGE

Dear children,

You must have enjoyed the long summer vacation with your parents and relatives. I think you are really charged both your brain and mind to spend your energy in a required way to achieve your academic goals for the next two terms. All of you are good children, only thing is everybody has to think differently to achieve success.

Successful people think that they can do it. They have vision and confidence of what they want to achieve. When other people think of the obstacles along the way, Successful people think of obstacles as challenges and opportunity. A strong belief, with positive thinking, is required. Most people are afraid of risks because they do not want to find themselves outside of their safety zone. Successful people think that risk is all part of the process. Also know how to calculate risks. Successful people know that in order to be successful, action is needed. Goal is good, but only action will get you there.

Unlocking your hidden mind power is a matter of learning and is a simple process. You should have willingness.

Identify your positivity of your life. You must

engulf yourself with the pictures, visual representations, or symbols of the things you want to accomplish. Decisions based on this would bring you closer to your goals. Throw yourself into what you decided upon. – make all efforts. You must ask yourself the right positive and success-driven questions all the time.

The subconscious mind is a seat of magnificent power. You can do anything that your mind can conceive, as long as you have the belief and will power. With it, you can literally get anything you want. This is magical thing anyone can have. However, only a few people are maximizing their unlimited potentials.

My dear children, have a true faith on your potentials and a true belief on you, which is the platform of your confidence. The thought process that you are carrying in your life will make the results. If you think you are weak, you are. If you think you are inadequate, you are. If you think you are second class, you are. Look important - which helps you to think important. How you look on the outside has a lot to do with how you feel on inside. Concentrate on your strength and identify your weakness, try to change your weakness to your strength. Everything is possible, to make it possible build the belief and confidence. Success will be on your way Children, Examination is not a state of fear but it is a Celebration!!!! Change your perspective.

Once again Best Wishes for your upcoming Exams.

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NIOS - A HOPE! AN OPPORTUNITY! A GOAL!

Take the right step at NIOS, make a life full of success



This is the third year of ICSK after the commencement of NIOS in its campus. The aim and purpose of the course was to enhance the education of young children based on the belief that no one is left behind. Since its

inception, we never had to look back. The strength of students increased year after year. The National Institute of Open Schooling envisions to educate the young in their search for meaningful life. So NIOS stand as a fountain of hope for them. The task we undertake in ICSK is to identify the abilities and talents of students, nurture and motivate them to reach the desired goal. The astounding result of our students stand as a testimony to the hard work they put in and the excellent teaching faculties who train them. Students who become successful in exams could enter into NEET (National Entrance Examination Test), the All India examination conducted to select the students for professional courses. Our students who completed the course are pursuing their further studies in various reputed institutions in India and abroad. Certainly NIOS has brought miles and miles of smiles on the students and parents who lost hope.

EDITORS' NOTE

There once was a bunch of tiny frogs who arranged a running competition. The goal was to reach the top of a very high tower. A big crowd had gathered around the tower to see the race and cheer on the contestants. The race began honestly, No one in crowd really believed that the tiny frogs would reach the top of the tower.

You heard statements such as:

"Oh, way too difficult!! They will never make it to the top."

"Not a chance that they will succeed. The tower is too high!"

The tiny frogs began collapsing. One by one. Except for those who in a fresh tempo were climbing higher and higher.

The crowd continued to yell "It is too difficult!!! No one will make it!" More tiny frogs got tired and gave up. But one continued higher and higher and higher...

This one wouldn't give up!

At the end everyone else had given up climbing the tower. Except for the one tiny frog who after a big effort was the only one who reached the top!

Then all of the other tiny frogs naturally wanted to know how this one frog managed to do it?

A contestant asked the tiny frog how the one who succeeded had found the strength to reach the goal?

It turned out... that the winner was deaf!

The wisdom of this story is never listen to other people's tendencies to be negative or pessimistic. They take your most wonderful dreams and wishes away from you, the ones you have in your heart! Always think of the power words have because everything you hear and read will affect your actions!

Therefore: Always be positive!

And above all: Be deaf when people tell you that you cannot fulfill your dreams!

Always think: I can do this!

You can mail us: epicseditors@gmail.com

Mrs. Sicy Abraham

Mrs. Priya Ashok Kurup



FEMALE RIO

Docile they are not. Let that sink in first.

India's 2016 Olympic stars PV Sindhu, Sakshi Malik, and Dipa Karmakar stand tall amidst shattered glass ceilings, prejudices, and apathy. These women have smashed, punched, and vaulted their way forward in a country that counts on its sons for success and sees its daughters as the meek ones to be married off.

The Indian contingent at Rio has crossed a series of hurdles, including a doping scandal and official indifference, to claw back into the reckoning for medals. This fightback has been led mostly by its women members.

While shuttler Sindhu has won silver, wrestler Malik secured a bronze. Earlier, gymnast Karmakar did what was unthinkable for India till she actually did it: entering the women's vault finals and coming fourth.

Their winning performances were about passion, grit, hard work, and inspiration. The exemplary dedication of India's sportswomen had to be seen to be believed.



FATHIMA
RAMEESHA - 12C



Coffee's New Perks

Enjoy your morning brew - it may provide a hedge against cancer. A new study of 60,000 women shows that those who drank four or more cups of coffee a day cut their risk for endometrial cancer by 25% compared to those who had a cup or less. Men may benefit too: Other recent research suggests a 60% aggression prostate cancer among those who drink six or more cups of coffee daily, compared with men who don't have any.



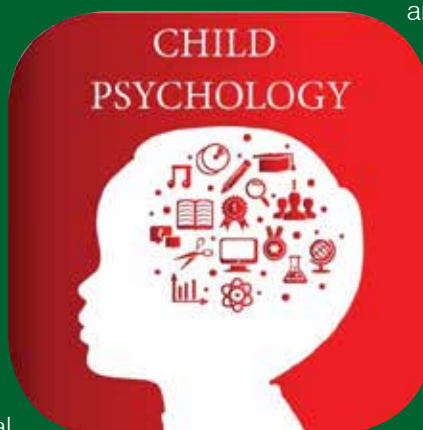
Children sometimes need psychological help, just like adults do. Treatment typically begins when parents, teachers or school counselors notice that children aren't functioning as well as they could. Psychologists can help children cope with such problems as anxiety and depression, hyperactivity, conflicts with parents and stressful events like divorce or a parent's death.

Identifying the child's problems at an early stage is very important. Parents and teachers play a vital role in a child's life. Parents need to observe how a child is behaving at home and teachers need to see whether a child is able to follow what's being taught at school, is he/she able to concentrate and pay attention in class, are they socially and emotionally stable or not. If parents find anything strange in a child's behavior, they should always ask the teachers in school about their child, how they are performing and behaving in school and vice versa. Teachers and parents should share a reciprocal relation with each other.

What Parents Should Know About Treatment of Behavioral And Emotional Disorders in School Children

The number of children diagnosed with and treated for disruptive disorders including attention deficit/hyperactivity disorder (ADHD) has markedly increased over the last decade. Concurrent with this trend is a growing debate about the best way to treat such problems in children.

According to a study published in the Journal of the American Medical Association in February 2000, the number of preschool children receiving stimulants, antidepressants and other psychiatric medications "rose drastically from 1991 to 1995." The study raised concerns about the increasing use of medications to manage ADHD disorders in young children because little is known about their safety and effectiveness for children of preschool ages. Few of these drugs, the study points out, are approved by the U.S. Food and Drug Administration for prescription to young children.



Parent-teacher relationship more important than ever to student's success

Establishing a good relationship with the teacher at the beginning of the school year is essential, particularly for parents with children entering elementary school, says Donna Henderson, associate professor of counselor education at Wake Forest University.

"Two people working together who have the best interest of the child in mind have a greater impact than if they work alone," says Henderson, who spent 12 years as a teacher and school counselor. "In today's hurried world, taking time to know the people who are educating our future generation is more difficult, but more important than ever."

Misunderstandings between student, parent and teacher are common, but can be lessened with early communication between parent and teacher. Henderson says the first contact between parent and teacher should be made before problems arise with the student.

"Most parents come in not knowing what that other side-teaching-looks like," Henderson says. "They can often see the teacher as the adversary, based on their own memories from school. Getting to know the teacher as a person who wants the best for the student is important in breaking down that barrier."

Parents can foster communication by taking advantage of open houses and other opportunities the school provides to meet with the teacher. A good opening question may be to ask about the teacher's greatest classroom success story. This is a good way to get to know the teacher and starts the relationship out on a positive note. Also, ask what teaching methods work best for the teacher and what his or her schoolwork expectations are for the student. Parents should be willing to listen to the teacher's needs and follow the guidelines if a problem does arise.

It is important for parents to share information about their child's needs with the teacher. Make the teacher aware of special learning styles or needs relevant to the child's performance that may not be documented in the student's file. With today's extended families, sometimes teachers are not sure whom to call when there is a problem. Make sure the teacher has all contact information in case of an emergency.

Parents can also offer specific ways in which they are willing to help, like chaperoning a field trip, helping with a bulletin board or sending snacks for the class. Any contribution a parent can make is beneficial.

"Parents need to ask themselves how they can be involved, how they can contribute to their child's school," says Henderson. "In turn, it will contribute to their child's education."

BIRTHDAY GALLERY AUGUST



DELWYN MENEZES
8C - 1ST AUG.



PRIYANKA ELIZABETH
12B - 1ST AUG.



RENITA DSOUZA
11H - 1ST AUG.



YUSRA
11J - 1ST AUG.



BANALA DEEPALI
12C - 2ND AUG.



UMME HANI
11F - 2ND AUG.



VINEETHA REBECCA
12D - 2ND AUG.



ALINA ANN DANIEL
10A - 3RD AUG.



HANAN MUSHTAQ ALI
12F - 3RD AUG.



SYED SHAH ALI
11F - 3RD AUG.



THINETH MAHEELA
10C - 4TH AUG.



ADON ANTONY K.
11D - 5TH AUG.



SHAUN JOSHUA
10B - 5TH AUG.



SHIFAA SARFRAZ H.
9B - 5TH AUG.



MISHAL IBRAHIM PINTO
10F - 6TH AUG.



MUQARRAM HASHIM
11L - 6TH AUG.



RINTU MARY ROY
12B - 6TH AUG.



SWIZEL FLORA
10A - 6TH AUG.



MELROY BARBOZA
- 7TH AUG.



ATHARV GOEL
8B - 7TH AUG.



KEANE FERNANDES
10B - 7TH AUG.



MOHAMMED JUZAR
11K - 7TH AUG.



AFSWAH N SHAJAHAN
11D - 8TH AUG.



SHIHAIL KHAN
8C - 8TH AUG.



ARSHIDA ABDUL KADER
11I - 9TH AUG.



CARLIN CHACKO
12G - 9TH AUG.



EBIN SHIBU N.
9C - 9TH AUG.



INSIYA ALTAF
10B - 9TH AUG.



MUNIRA SHABBIR
11G - 9TH AUG.



SAMUEL ANTO SUNIL
12F - 10TH AUG.



ANU RANJITH
9B - 10TH AUG.



BRONIE MODIYIL BIJU
10A - 10TH AUG.



OY JOSEPH ANTAO
8C - 10TH AUG.



DAANISH BAIG
11B - 10TH AUG.



MURTAZA
8A - 10TH AUG.



SHREYA SAJEEV
11G - 10TH AUG.



ARFAH ASHFAQ
8B - 11TH AUG.



DELTON LANCY
11H - 11TH AUG.



AKSHITHA SATHYAN
9A - 12TH AUG.



AMENA ABDEALI
11H - 12TH AUG.



AYAAN FAYAZ SHAIK
9B - 12TH AUG.



MUFADDAL
12E - 12TH AUG.



NADA
12E - 14TH AUG.



AHMED ABDUL JABBAR
11D - 14TH AUG.



AYESHA IMRAN
12G - 14TH AUG.



PARAS CHAUDHARY
11K - 15TH AUG.



HUSSAIN ZOHAR
12D - 16TH AUG.



JOEL BIJU KAVLAM
11L - 16TH AUG.



ALAN K. EBY
10A - 17TH AUG.



DIVYA S. MATHEW
11F - 17TH AUG.



LIYAN GIGI MATHEW
8A - 17TH AUG.



RAMLA FAKHRUDIN
10C - 18TH AUG.



MUSKAN KAUR
10B - 18TH AUG.



AKHIL JOSE ANTHONY
10B - 19TH AUG.



MUSKAN
10C - 20TH AUG.



IRWIN PAUL
11H - 20TH AUG.



BURHANDUDDIN
11L - 21ST AUG.



GAUTAM PRAKASH
9B - 21ST AUG.



DIYA GHOSH
8C - 21ST AUG.



INSIYA SAIFEE
9A - 21ST AUG.



MANOVA ELIZABETH
12B - 21ST AUG.



MOHAMED NIHAL
11E - 21ST AUG.



KARTHIK SUBRAMANIAN
11B - 22ND AUG.



CHARUKESH PRASANTH
8A - 18TH AUG.



MOHAMMAD ABDUL RAHIM
9C - 22ND AUG.



ABDUL AZEEZ
12F - 24TH AUG.



THEEKSHANA
10E - 24TH AUG.



ARSHIYA FATHIMA
12C - 25TH AUG.



EDEN NAOMI ROSARIO
10B - 25TH AUG.



ELWIN GEORGE J.
9A - 25TH AUG.



MOHAMMED SHABBIR
12C - 25TH AUG.



PERALAPATI SURIYA
9A - 25TH AUG.



ANAND MENON
11C - 26TH AUG.



AVINASH KUMAR SEN
9C - 26TH AUG.



PRINCE T ABRAHAM
11L - 26TH AUG.



SACHINI
11J - 27TH AUG.



FIDHA NAZAR
11G - 28TH AUG.



ABIN BUSKUTTY
12F - 29TH AUG.



FATEMA IZHAR
10C - 29TH AUG.



PRAVEEN DEVARAJAN
12A - 29TH AUG.



MOHAMMED TAHER EZZI
10F - 30TH AUG.



MOHAMMED TAHER EZZI
10F - 30TH AUG.



ANTONY VIKIN
12K - 31ST AUG.



CEBIN BIJU
8C - 31ST AUG.



EMAN PONDALURU
11J - 31ST AUG.



VINITH KUMAR
12K - 31ST AUG.



MRS. INDIRA
RADHAKRISHNAN - 2 AUG



MRS. DEVI RAMESH
10 AUG



DR. NAVJOT KAUR
12 AUG



MR. MURALI
19 AUG



MRS. VANITHA VEMULA
31 AUG



NAMRITA SHANKAR,
XII-G

INDIA'S COLDEST BATTLE

The Siachen Glacier is located in the eastern Karakoram in the Himalayan Mountains, which is, 76 km long, 5733 m above sea level where temperatures drop to -65o C. The terrain is highly dangerous and inhabitable.

FUN FACT: IN SIACHEN, YOU ARE AT A RISK OF GETTING A FROSTBITE IF YOUR BARE SKIN TOUCHES STEEL (GUN TRIGGER, FOR EXAMPLE) FOR JUST OVER 15 SECONDS.

But India, since 1984 has been in war in that region with our favourite neighbour, Pakistan. The root cause of this war can be traced back to the ambiguous wordings of the Karachi Agreement where the line between India and Pakistan was demarcated up to a point NJ9842. The areas beyond this point weren't demarcated; because this area was simply inhabitable and was kind of a no man's land prior to 1984.

FUN FACT: MOUNTAIN CLIMBERS CLIMB WHEN THE ATMOSPHERE IS AT ITS BEST, SOLDIERS SERVE IN THESE TRECHEROUS TERAINS ALL YEAR AROUND.

Operation Meghdoot was the code name for the Indian Armed Forces operations to capture the Siachen Glacier in Kashmir. And even though there is a ceasefire since 2003, the soldiers have to deal with a larger problem - the glacier itself. Most of the soldiers lose their lives not due to gunfire but due to the harsh climatic conditions.

NOT-SO-FUN FACT: IN THE LAST 30 YEARS, 846 SOLDIERS HAVE SACRIFICED THEIR LIVES AT SIACHEN.

American political scientist Stephen Cohen described the Siachen War as 'two bald men fighting for a comb.' Both these countries have bigger issues to deal with like poverty, education, women's rights, etc. and here they are fighting over inhabitable land that not only cost the lives of hundreds of soldiers but also waste a lot of their resources. Let's just hope this war ends in the near future because this is the most pointless conflict ever.



Social Media and Children

Social media makes people die-Is this what our generation is aiming at? Well the way people use social media can be compared to a dog running behind the bone. The future is becoming worst. Children get attracted to social media for many hours. Parents try to stop them from using social media, but they refuse to listen them. If their parents take away the mobile and disconnect the internet, then the children go to internet café to use social media like face book, WhatsApp etc. The days are gone when people did not have electronics

devices and social media apps. Small children also use mobile and social media. 85%of the people use social media all over the world. Social media also helps for learning many things but the people do not use it for studies. Children use Facebook and do not get any knowledge through it. Parents please advise your child/children to stop using social media.



NIZZAR K.
NAUSHAD-8B

History of Friendship Day

Come the first Sunday of August and all the young people around the globe, who are even remotely aware of the significance of the day, indulge in a joyous celebration of Friendship Day. But are you sure you know enough about Friendship Day? Do you know about the history of Friendship Day; when the day came to be celebrated first?

The tradition of celebrating Friendship Day began in 1935 when the US Congress decided to dedicate a day in the honor of friends. Though it is not known exactly what were the reasons that went into the making of this day, the retrospection of the world scenario of those times can lead us to an understanding. With the devastating effects of the First World War still showing and increasing hostilities, mistrust and hatred between countries providing the perfect conditions for another imminent battle, there was a greater need for friendship and camaraderie not only among nations but also among individuals.

Hence, the US Congress decided to designate the first Sunday of the month of August as Friendship Day and with a formal proclamation in 1935, officially declared the occasion a holiday dedicated in the honour of friends and friendship. Since then, celebration of National Friendship Day became an annual event. The lofty idea of honoring

the beautiful relationship of friendship caught on with the people, particularly the youngsters all over the country, and in no time Friendship Day became a highly popular festival.

But the success of this wonderful occasion was not to be limited to the US alone. With time, several other countries followed suit in adopting the tradition of dedicating a day to the cause of friendship. The beautiful idea of having a day in the honor of friends was joyously taken over by several other countries across the world. With more and more nations joining in the celebrations, Friendship Day soon became International Friendship Day.

Today, Friendship Day is enthusiastically celebrated every year by many countries. The occasion is observed on the first Sunday of every August. The traditional celebrations include meeting with friends and exchanging of cards, flowers and gifts. Many social and cultural organizations also celebrate Friendship Day by hosting programs and get-togethers. Special performances by rock bands are also organized in countries like the US to enhance the jubiliations.

In 1997, the United Nations named Winnie - the Pooh, the famous cartoon character as the world's Ambassador of Friendship.

It is interesting to note how some associations observe Friendship Day with different customs, by giving the festival different names and holding it in times unlike that of the actual festival.

For example, National Friendship Day is held on the first Sunday in August; Women's Friendship Day is on the third Sunday in August; the third week of May is the Old Friends, New Friends Week and the whole of February is designated as the International Friendship Month.

Why was August 15 chosen as Independence Day?



India's first Prime Minister Jawaharlal Nehru addressing the nation from the ramparts of Red Fort.

In 1929, when Jawaharlal Nehru as Congress President gave the call for 'Poorna Swaraj' or total independence from British colonial rule, January 26 was chosen as the Independence Day. In fact, Congress party continued to celebrate it 1930 onwards, till India attained independence and January 26, 1950 was chosen as the Republic Day – the day India formally became a sovereign country and was no longer a British Dominion.

So how did August 15 become India's Independence Day? Well, Lord Mountbatten had been given a mandate by the British parliament to transfer the power by June 30, 1948. If he had waited till June 1948, in C Rajagopalachari's memorable words, there would have been no power left to transfer. Mountbatten thus advanced the date to August 1947.

At that time, Mountbatten claimed that by advancing the date, he was ensuring that there will be no bloodshed or riot. He was, of course, to be proven wrong, although he later tried to justify it by saying that "wherever colonial rule has ended, there has been bloodshed. That is the price you pay."

Based on Mountbatten's inputs the Indian Independence Bill was introduced in the British House of Commons on July 4, 1947 and passed within a fortnight. It provided for the end of the British rule in India, on August 15, 1947, and the establishment of the Dominions of India and Pakistan, which were allowed to secede from the British Commonwealth.

Mountbatten later claimed, as quoted in *Freedom at Midnight*, that "The date I chose came out of the blue. I chose it in reply to a question. I was determined to show I was master of the whole event. When they asked had we set a date, I knew it had to be soon. I hadn't worked it out exactly then - I thought it had to be about August or September and I then went out to the 15th August. Why? Because it was the second anniversary of Japan's surrender."

On August 15, 1945, Japanese Emperor Hirohito gave a recorded radio address, which later came to be known as the Jewel Voice Broadcast. In the radio address, he announced the surrender of Japan to the Allies. Mountbatten remembered hearing the news of Japanese surrender that day sitting in Churchill's room, and as the Supreme Allied Commander of South East Asia Command signed the formal Japanese surrender of Singapore on September 4, 1945. Whatever be the case, 69 years on, India celebrates her hard fought independence with patriotic fervour. The dates, in any case, hold far less significance than the mission to deliver the fruits of independence to the vast multitude of people in the country.

'ROTI BANK'-Simple purpose, Big Intent, to feed the less fortunate



Right to food is one of the basic rights of every human being. India's ever-growing population has continuously posed as a challenge. More than ensuring a roof under every head, it is making sure that every mouth gets fed, which is a daunting task for the country's governance.

Without the help of the more fortunate, the needs of the common man cannot be met. Realizing this a small group of youngsters and few elders have joined hands and come forward pioneering an initiative known as the Roti Bank. Their purpose is simple, and intent is big it is to feed the less fortunate, making sure they do not sleep on an empty stomach.

Humble Steps

This initiative has its roots in Mahoba town, one of the poorest districts in Uttar Pradesh. The 'Roti Bank' came to existence in April this year. From feeding a few destitute that worked at the railway station, the 'Roti Bank' now supports more than 400 needy people which also includes poor hospital patients in the district.

Gem of an Idea

The sight of watching kids begging near at a bus stop in town is what led to the germination of the inception of the 'Roti Bank'. The kids at

the bus stop were refused money and promised food instead. They readily agreed and were taken along to the eat-joint nearby.

The Inside Story

The workings of the 'Roti Bank' are very streamlined. The group has demarcated the city into 6-8 zones. A volunteer-list has been penned down delegating the zones amongst the members. They work in pairs and visit door-to-door asking families to donate two rotis. Afterwards, they all converge at a common meeting point and take over the distributional duties.

The Platter

The meal consists of two rotis, a serving of cooked vegetables along with a pickle and salad as sides. The meals are freshly cooked by womenfolk in the afternoon, so distribution of food-packets commences at 6 'O clock in evenings. The 'Roti Bank' appeals to its donors to give out fresh foods only. Stale items are not entertained.

Change in Fortunes

The people that are a part of this noble cause reckon that they are lucky to be service to others. The beneficiaries too, feel just as privileged. The fact that they are given a day's meal is a big relief for them, and as a token of reciprocation, the 'Roti Bank' gets blessings in abundance.

Feedback

The 'Roti Bank' which started out as a simple 'to-be-of-service' other initiative has soon fledged into a social movement of sorts. Media attention has added further credibility and let more and more people take notice. Caterers in the district and other nearby areas have recognized the goodwill and potential of the 'Roti Bank' and are queuing up to show support and give assistance in the cause. The members however are practicing caution. Obviously they want the number of beneficiaries to increase, but they also want to avoid wastage of food.

FACTS ABOUT SEPTEMBER

September was the seventh month of the original Roman calendar. This is where it got its name which means seventh. Later, when January and February were added to the calendar it became the ninth month. When the British changed from the Julian calendar to the Gregorian calendar in 1752, they needed to adjust some days to get the seasons aligned with the months. They took 11 days from the month of September jumping directly from September 3rd to the 14th. Now it's as if the days between September 3 and 13 during 1752 never happened in British history.

September in Other Languages

Chinese (Mandarin) – jiuyue
Danish - september
French - septembre
Italian – settembre
Latin - September
Spanish - septiembre

Historical Names:

Roman: September
Saxon: Halegmonath (Month of festivals)
Germanic: Herbst-mond (autumn month)

Fun Facts about September

It is the first month of the Autumn or Fall season. Constitution Week takes place during the month of September. September in the Northern Hemisphere is similar to March in the Southern Hemisphere. American college and professional football begins during the month of September. Many kids begin the school year during this month. Teacher's Day is celebrated in India on September 5. The Anglo-Saxons also called this month Gerst Monath meaning barley month. This is because they would harvest their barley crops during this month. September is often associated with fire because it was the month of the Roman god Vulcan. Vulcan was the Roman god of fire and the forge.

USAIN BOLT RUNS INTO HISTORY, TAKES PLACE AMONG GREATEST ATHLETES OF ALL TIME



Gold spikes in his right hand, gold ring on his left middle finger, Usain Bolt lifted his arms in the air, the everlasting world's fastest man. He clapped, making gold tap gold. The adoring Olympic Stadium crowd yelled and chanted his last name. For once, and soon forever, he was in no hurry to be anything more than appreciated.

It was fitting that the Jamaican sprinter had already taken off his shoes. In the 100 meters, he has nothing left to prove. The retiring champion became the first athlete, male or female, to win three straight Olympic

gold medals in the shortest and most swaggering event in the sport. After Bolt toyed with another outstanding field and crossed the finish line in 9.81 seconds Sunday night, after he foiled Justin Gatlin once again, he took his speed and his longevity to a place that not even exaggeration can eclipse.



ABHIRAM VALIATH
KURUP - 11A

Bolt, who now has seven career gold medals, is so special that 9.81 seconds felt slow. For him, it was. He has finished faster 13 times in his career. Before Bolt, the Olympics hadn't even seen 9.81. His standard is so high because he ran that 9.69 in Beijing and followed with a 9.63 four years later in London, not to mention his 9.58 world record.

Sprinters run fast and run away faster. The shorter the sprint, the shorter the dominance. Yet there was Bolt, unbeatable despite a balky hamstring that threatened to keep him out of Rio and periodic bouts of boredom.

No sprinter has ever risen to the occasion as consistently and impressively as Bolt. He proved that one more time during this Olympics. Shoes off, hat turned backward, flag over his shoulder, he struck his famous Lightning Bolt pose one more time. The image is frozen, eternal. Make it into a statue. Usain Bolt retired as the world's fastest man. He just gave a transient title a permanent home.



Goodbye to Michael Phelps, the Greatest Olympian of All Time

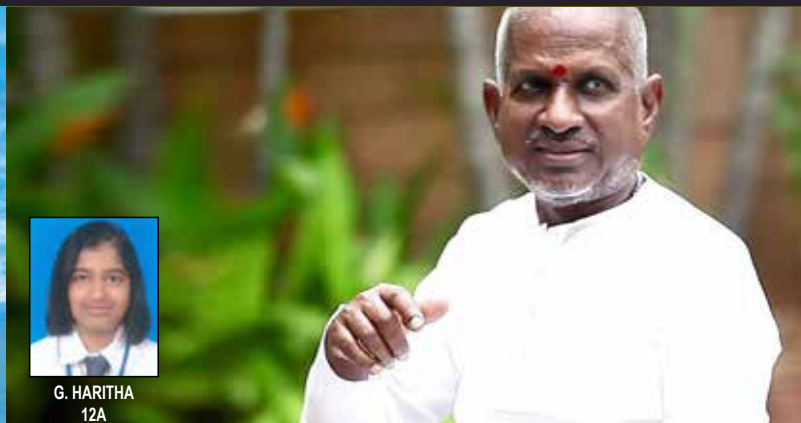
Once every four years, swimming returns to popularity on the worldwide stage during the Summer Olympics, and once every generation or so, there is a swimmer who defines the sport for devotees and casual fans alike.

For over a decade now, that swimmer has been Michael Phelps and there may never be a bigger name in the sport than Phelps, who walks away from the Rio Games as not only the greatest swimmer of all time, but also the most decorated athlete in Olympic history, with a staggering 28 medals. What's more, only five of them aren't gold.

No one knew what to expect from Phelps in Rio. He has broken 39 world records in his career and currently holds seven, but it's an undeniable fact that he's eight years removed from his career peak.

"As long as I can look back, once this summer's over, and know that I did everything I could to get ready, I'll be happy," he told before the Games. "It doesn't matter if I don't win a single medal."

Who knows if he meant it. Thankfully, we don't have to wonder. Phelps stood atop the podium five times at the 2016 Rio Olympics -- cementing his status as one of the greatest athletes in history -- and for the last time, heard the cheers of an enthusiastic Olympic crowd, a reverent swimming community, and a grateful nation.



G. HARITHA
12A

The Musical Genius

The 2nd June 1943 was no ordinary day nor was it an ordinary birth. This day marks the new beginning in the era of music, it's the day the musical genius child Gnanathesikan widely and fondly known as Ilaiyaraaja was born in Mannaipuram Theni of the Madras Presidency. Ilaiyaraaja grew up in a rural village exposed to a range of Tamil folk music. He penned his first composition at the age of 14, a musical adaptation of an elegy written by the Tamil poet laureate Khanadasa.

In 1968, he began a music course with Professor Dhanraj in Madras which included an overview of western Classical Music. He specialized in classical guitar and has taken a course at Trinity College of Music, London, was also awarded gold medal in the very same.

In 1993, he organized a full symphony performed by the Royal Philharmonic Orchestra in London and thus became the first Indian to compose a full symphony. He is also the first Asian to compose a full symphony performed by the Royal Philharmonic Orchestra.

KERALA



Kerala (/ˈkɛrələ/), historically known as Keralam, is an Indian state in South India on the Malabar coast. It was formed on 1 November 1956 following the States Reorganisation Act by combining Malayalam-speaking regions. It is bordered by Karnataka to the north and northeast, Tamil Nadu to the east and south, and the Lakshadweep Sea to the west. Malayalam is the most widely spoken language and is also the official language of the state. The production of pepper and natural rubber contributes significantly to the total national output. In the agricultural sector, coconut, tea, coffee, cashew and spices are important. The state has the highest media exposure in India with newspapers publishing in nine languages, mainly English and Malayalam. Kerala is one of the prominent tourist destinations of India, with backwaters, beaches, Ayurvedic tourism and tropical greenery as its major attractions.



Kerala is one of India's most progressive states in terms of social welfare and quality of life. The State boasts of one of India's highest literacy rates. The literacy rate for women is one of the highest in all of Asia.

Kerala's history is closely linked with its commerce, which until recent times revolved around its spice trade. Celebrated as the Spice Coast of India, ancient Kerala played host to travellers and traders from across the world including the Greeks, Romans, Arabs, Chinese, Portuguese, Dutch, French and the British. Almost all of them have left their imprint on this land in some form or the other - architecture, cuisine, literature.

Statehood	: 1 November 1956
Capital	: Thiruvananthapuram
Districts	: 14
Area Total	: 38,863 km ² (15,005 sq mi)
Area rank	: 22nd
Population (2011)	
• Total	: 33,387,677
• Rank	: 13th
Demonym(s)	: Keralite, Malayali
Literacy	: 93.9% (1st) (2011)
Official language	: Malayalam
Spoken language	: Malayalam, English
Website	: kerala.gov.in



With the Arabian Sea in the west, the Western Ghats towering 500-2700 m in the east and networked by 44 rivers, Kerala enjoys unique geographical features that have made it one of the most sought after tourist destinations in Asia.

Bestowed with a pleasant and equable climate throughout the year, Kerala is a tropical land with the coast running down its entire length and the Western Ghats forming a protective barrier against the dry winds from up north. The monsoons (June-September & October-November) and summer (February-May) are the seasons markedly experienced here, while winter is only a slight drop in temperature from the normal range of 28-32°C.



CAPTAINS & VICE CAPTAINS - SEPTEMBER 2016

CLASS 12A		CLASS 12B		CLASS 12C		CLASS 12D		CLASS 12E	
									
SHAIK MATHAR	LIGY ANTONY	NEHA SURESH	SURYA NARAYANAN	KEVIN MATHEW	JOEL JACOB	SHONEL ANTOINETTE	VINNY K. ROY	DIANA JEFFREY	AADARSH BIJOY
CLASS 12F		CLASS 12 G		CLASS 12J		CLASS 12K		CLASS 11A	
									
FARIDA	ABDUL RAZAK	FEBA ABRAHAM	YUSRA ABDUL KHALIQ	STEVEN ELANGOAN	ROHEHA	MOHAMMED RIZWAN	ELIZA KURIEN	ROHAN PHILIP	SHARON MANOJ
CLASS 11B		CLASS 11C		CLASS 11D		CLASS 11E		CLASS 11F	
									
DAANISH BAIG	ZAIYAAN KARDAME	MOHAMMED SUHAIB	AFRAH MOHAMED	AKASH CHANDRAMOHAN	BRYAN NAZARETH	SHREEN FARHANA	NICOLE RODRIGUES	MUSKAAN RANJAN	AADIL MUHAMMED
CLASS 11G		CLASS 11H		CLASS 11I		CLASS 11J		CLASS 11K	
									
MUNIRA SHABBIR	ABBAS TAIYEB	ALBAN ANTONY	RENITA SEQUIERA	MERIN MATHAI	BANGI MOHAMMED	GAYATHRI NAIR	ZAINAB KHOJEMA	AZIZ ZUJAR	BOBAN
CLASS 11L		CLASS 10A		CLASS 10B		CLASS 10C		CLASS 10E	
									
BURHANUDDIN	ALISHA PAULCOELHO	MAILAIKA	AARON ANTONY	EDEN ROSARIO	SHAUN JOSHUA	MANNA ACHU	SADIA MOHD.	AYMAN ATHAR	STEPHEN INDRAJITH
CLASS 10F		CLASS 9A		CLASS 9B		CLASS 9C			
									
MOHAMMED ALI	MARYAM JAFAR	JOHN HARSHITH	JESLIN ANN	RUPALI JAIN	B. ANAND	ZUHA FATEMAH	SYED YASIR		
CLASS 8A		CLASS 8B		CLASS 8C					
									
LIYAN GIGI MATHEW	AQUINO TOM SAJI	SHARON BABY	FIONA FRANCIS	DANIELLE RODRIGUES	CEBIN BIJU PANICKER				

THE NEUROSCIENCE OF ILLUSION

An optical illusion is caused by the eye. It is a fact of neuro science that everything we experience is figment of our imagination. Some illusion occur as a result of an illness or a disorder. An auditory illusion is an illusion of hearing. One example of auditory illusion is a shepard tone. Some illusions occur as a result of illness or a disorder. Migraine sufferers often report fortification illusions. The picture in the

TV don't really move. These are separate pictures which come after each other really fast that our train can't comprehend each individual picture. Optical illusions were used as magic tricks when they first appeared in China.



NEHA KURUP - 8B

TEACHERS' DAY

happy
teachers'
day!



My article is a tribute to all the incredibly amazing teachers' who have touched our lives in a million ways.

We all know that there are five significant elements in Life. Fire, Water, Earth, Air and Sky.

FIRE : The cosmic fire manifests itself like sunshine. Our teachers' too brighten our path, lighten our darkest days and constantly perk us up with their eternal radiance. It is this sacred light that reaches out, spreading warmth and knowledge. The teachers' with their positivity teach us to be light hearted and good humoured.

WATER: Water is the prime provider of life. Water, so pure, so holy is known to heal. Our teachers' too restore and rebuild our

confidence every time we are down. Just as water quenches our thirst these teachers' have quenched our thirst for knowledge. They endlessly work to eliminate our flaws and shape us into ideal human beings with their understanding and wisdom.



SNEHA
SRIDHARAN-11D

EARTH: The element earth is the name given to all material, living and non-living, substances on the planet. We often address earth as Mother Earth as she fulfils all our requirements and satisfies all our desires. In you too teachers', we find a mother, who imparts all her knowledge, gives us faith and confidence, constant support and wisdom. We can turn to you any time and you encourage and motivate us never to deviate from the path of good, however difficult it maybe.

AIR: Air is a mixture of variety of gases, each having its own property and sustaining the life cycle in its own way. Similarly, you teachers' too have different attributes and traits you pass on to us. You touch our hearts in so many warm and beautiful ways.

SKY: Sky is a universal filing system which records every occurring thought, word and action. It is thought to be the primary principle of nature from which the other four elements fire, water, earth and Air are created. The teachers' too with their able guidance bring out the best in us students and mould us into the person we are. They develop our personality and help us in every way to achieve success in our chosen field.

Live A Clean Green Life With Eco Friendly Products

Earth has a fantastic abundance of nature that is getting depleted every day. This is primarily happening due to human influence through wastes and dangerous man made products that are detrimental to nature. With an increase of inorganic and unnatural products, your life and the nature that surrounds you is in great jeopardy. In this scenario, you can create a change in your life and take the green road that will help in making your surroundings healthier. If you wish to lead a clean and green life then there are many interesting eco friendly products out there that you can consider. From apparels and bags to jewelry and swimwear, you can opt for eco shopping options in all these areas. One of the primary areas in which you can bring about a drastic change in your life is with the sort of clothing you sport. Man made fabrics and textures are not only harmful to the environment, they can be really bad for your skin and your health. This is where the need has arisen for green clothing that is prepared from organic and natural raw materials. Not only do they take care of your skin in the gentlest



manner, they are quite attractive and original too. If you are a person who is always updated on the fashion trends, you will be one of those people who loves to sport trendy bags. In this area

too you can take the green route as there are eco fashion bags and accessories that have come around with a unique look that will appeal to one and all.

In terms of alternate clothing needs for swimwear too, you can get eco friendly options. By engaging in green shopping, you can get your hands on products that are truly healthy in every possible way. One of the primary products that are always in demand is jewelry. You can get your kind of jewelry in many stores and outlets around you but you can now get green options for your ornamental needs too. With the option of environment friendly products in jewelry, nowadays you can sport a great look without harming the environment in any way. A lot of people need to use beauty products to take care of their look, the face and the body. Chemical products can be really detrimental for your skin in the long run and disposing them will cause great environmental hazards too. This is where you can get the ideal solutions by using beauty items made from natural products. The world is taking a turn towards the green side as mankind is beginning to witness the side effects of ignoring nature. There are many human activities that contribute steadily in the deterioration of the environment. By opting to use organic products, you can bring about a significant change and promote the benefits of these wonderful options too. Nowadays, you can get your hands on a wide range of green items in an eco friendly store. With the help of the amazing advantages offered by these green avenues, you can lead a green life that will keep you and the nature protected.



MEGHNA DESHNUR
12A



CHARITY FUND

BALANCE SHEET FOR THE MONTH OF MAY 2016

INCOME (APRIL)	KD	EXPENDITURE (MAY)	KD
Balance c/f from April	3663.690	Mrs. Amor Velina	150.000
		Mrs. Rostica Tristi Legarsa	150.000
		Mrs. Perley Tareq Saheed	150.000
		Mr. Abdul Salam Meetal	150.000
			600.000
Balance from April	3063.690		
Contribution from students (May)	608.090		
Contribution from Staff & Well Wisher (May)	262.500		
Contribution from French Department (Edu Fair)	71.000		
Contribution from Ex-Student	84.000		
Contribution from Commerce Department "GYANOTSAV"	58.350		
Balance in hand	4147.630		

BIRTHDAY AND CHARITY FUND FOR MAY 2016

CLASS / SEC	Birthday Fund	Charity Fund	Sub Total	CLASS / SEC	Birthday Fund	Charity Fund	Sub Total	CLASS / SEC	Birthday Fund	Charity Fund	Sub Total
XII A	-	16.135	16.135	XI D	-	21.510	21.510	X E	-	3.250	3.250
XII B	21.000	20.665	41.665	XI E	3.000	15.320	18.320	X F	-	9.900	9.900
XII C	10.000	22.605	32.605	XI F	5.000	18.660	23.660	IX A	2.250	13.850	16.100
XII D	10.000	6.55	16.55	XI G	13.000	5.940	18.940	IX B	-	15.025	15.025
XII E	8.500	3.535	12.035	XI H	8.000	12.090	20.090	IX C	8.250	10.005	18.255
XII F	-	6.200	6.200	XI I	-	20.490	20.490	VIII A	4.000	25.045	29.045
XII G	10.000	32.915	42.915	XI J	-	11.680	11.680	VIII B	4.000	8.690	12.690
XII J	10.035	-	10.035	XI K	-	17.275	17.275	VIII C	5.000	18.925	23.925
XII K	-	3.035	3.035	XI L	1.000	7.100	8.100	TOTAL	133.035	475.055	
XI A	-	46.395	46.395	X A	2.000	24.080	26.080	SUB TOTAL			608.090
XI B	8.000	17.890	25.890	X B	-	8.965	8.965				
XI C	-	21.000	21.000	X C	-	10.330	10.330				

QUIZ

- Mahim Bora, who died recently, was a well-known author of which language?
- Who has become the first Indian woman to join the International Olympic Committee?
- The Bombay Stock Exchange (BSE) has recently signed cyber security MoU with which Indian Institute of Technology (IIT)?
- The National Handloom Day is celebrated on which day in India?
- Who is the newly appointed chief minister of Gujarat?
- Which country has successfully launched its first mobile telecom satellite "Tiantong-01"?
- What is the theme of the 2016 Rio Olympics?
- The 2017 Swachh Suvakshan has been launched by which union ministry?
- Which Indian personality honoured at the United Nations on India's 70th Independence Day?
- Krishna Pushkar festival has started in which state of India?
- India's first touch-and-feel garden for visually impaired has been set up in which state?

- Assamese
- Nita Ambani
- IIT Kanpur
- August 7
- Vijay Rupani
- China
- World Peace and Environment
- Ministry of Urban Development
- M. S. Subbulakshmi
- Andhra Pradesh
- Kerala

"QUOTES"

- "Life is 10% what happens to us and 90% how we react to it."
– Dennis P. Kimbro
- "There is no royal road to anything. One thing at a time, all things in succession. That which grows fast, withers as rapidly. That which grows slowly, endures."
– Josiah Gilbert Holland

- "Be not afraid of life. Believe that life is worth living, and your belief will help create the fact."
– William James
- "When I stand before God at the end of my life, I would hope that I would not have a single bit of talent left and could say, I used everything you gave me."
– Erma Bombeck
- "When I hear somebody sigh, 'Life is hard,' I am always tempted to ask, 'Compared to what?'"
– Sydney Harris

Saluting the Gurus

The smiling faces that greeted us when we were crying toddlers on our first day to school, the firm but gentle hands that led us through the early years. The occasionally strict but mostly friendly companion in middle school, and the crying faces that reluctantly bid goodbye as we leave the school gates for the last time; the faces of a teacher are many.



MOHAMMED
MISHAL-11A

We know how most of us fell in love with a subject at some point; more often than not, it is a teacher who causes this. Such is the influence a teacher holds over the children. They create the next generation and it is a pity that we honour them on only 1 of 366 days. Not too much thinking is required to realize that all of us are even able to read this as a result of the efforts of many a hardworking teacher.

At the end of the day, the fond memories that we cherish of our schooldays will always involve those loving teachers' who never left our side, guiding us with unparalleled love and sincerity.

We can all agree wholeheartedly with Karl A. Menninger when he says "What the teacher is is more important than what he teaches."

On behalf of the editorial board and all students of ICSK Senior,

HAPPY TEACHERS' DAY



September !!

"The breezes taste
Of apple peel.
The air is full
Of smells to feel-
Ripe fruit, old footballs,
Burning brush,
New books, erasers,
Chalk, and such.
The bee, his hive,
Well-honeyed hum,
And Mother cuts
Chrysanthemums.
Like plates washed clean
With suds, the days
Are polished with
A morning haze."

GOOD WILL AMBASSADORS



TEPHY CHANDRA
KUMAR - CLASS VIII A



ANANIA SARAH
CHERIYAM - CLASS XI A

CHARITY CONVENORS - SEPTEMBER 2016



LIKHITHA J.
12A



RANICE LOUIS
12B



MILAN KOSHY P.
12C



HUSSAIN ZOHAR
12D



HUZAIFA
12E



ABDULLA SABBIR
12F



HADASSAH ANGEL
12G



ANGEL SIMON
12J



HAFEEDA B.
12K



VISHAKHA JAYRAM
11A



HABEEB TALHA
11B



ELIJAH JOJO
11C



AHMED ABDUL
JABBAR - 11D



JANNADHUL
RISWANA - 11E



HEBA ZAHRA
SHAJI - 11F



AEISHA ANIS
MUKADAM - 11G



PRIYADARSHINI
VENKATRAMAN-11H



SAAMIYA VASEEM
ANSARI - 11I



KASAM MANNAN
CHAVI - 11J



NIHA ANN SAM
- 11K



MEHDI IMRAN
- 11L



SUMAIYA FATHIMA
ABDUL - 10A



MOHAMED SAFEEK
10B



NANDHA KRISHNAN
RAJENDRA - 10C



SHAIK ASIF
10E



KULDEEP NATH
10F



ELWIN GEORGE
JOECHIM - 9A



JOSVI CRASTO
9B



BREANNE BANZE
9C



RUQAYYAH
SHERIFF - 8A



VAIDEHI NAIR
KRISHNAKUMAR - 8B



AMAL. R
8C

WORLD in a Nutshell

August 2016



ISRO successfully test-fires scramjet engine: The Advanced Technology Vehicle (ATV), a sounding rocket (research rocket) with a solid booster carrying advanced scramjet engines, was successfully flight-tested from the launch pad of the Satish Dhawan Space Centre, also known as Sriharikota Range (SHAR), at Sriharikota.



Modi hosts national sports awardees: Prime Minister Narendra Modi hosted national sports awardees, including Rio Olympics silver medallist P.V. Sindhu and bronze winner Sakshi Malik, at his 7 Race Course Road. Prime Minister greeted the athletes on the eve of the National Sports Day. All the four athletes will be conferred with the prestigious Rajiv Gandhi Khel Ratna Award by President Pranab Mukherjee.



Bezwada Wilson, T.M. Krishna receive Magsaysay award: Two Indians - Carnatic singer T.M. Krishna and campaigner for eradication of manual scavenging Bezwada Wilson - were among six persons who received the prestigious Ramon Magsaysay prize for 2016.



Honour for Havildar Dada, Niranjana: Havildar Hangpan Dada, who died in Kupwara on May 27 after killing three terrorists, has been awarded Ashok Chakra, while Lt. Col. Niranjana Ek of the National Security Guard, who died during Pathankot operations, was awarded Shaurya Chakra on the eve of Independence Day by President Pranab Mukherjee.



300 youth from J&K inducted into Army: 300 youth hailing from various parts of Jammu and Kashmir inducted as soldiers in the Army after completing a year of strenuous training. The new recruits of Jammu and Kashmir Light Infantry (JAKLI) regiment took the oath to serve the cause of the nation at the ceremony held at the Bana Singh Parade Ground at Rangreth.



Bill clearing six IITs gets RS approval : The Rajya Sabha approved the Institutes of Technology (Amendment) Bill, 2016, which was passed by the Lok Sabha earlier. As a result, new IITs will soon come up in Jammu, Tirupati, Palakkad (Kerala), Goa, Dharwad (Karnataka) and Bhilai (Chhattisgarh).



Indian-American Pramila Jayapal wins Washington open primary: Indian American Pramila Jayapal has won the open primary for the 7th Congressional District in the State of Washington and could make history as the first woman from the community to enter the U.S Congress if she wins the November general election. Ms. Jayapal, a Chennai-born Malayali, came to the U.S in 1982 as a student.



Centre forms panel to study enhanced allowance for retired employees: The Union government has constituted a high-level committee to examine enhancement of 'Constant Daily Allowance', paid to retired employees with 100 per cent disability where the person is completely dependent on somebody else for day-to-day functions, from Rs. 3,000 to Rs. 6750 per month and fixed medical allowance to retired employees from Rs. 500 per month.



West Bengal to write to Centre on Tagore's Nobel Prize medallion theft case: The West Bengal government has decided to write to the Centre, requesting for the status of the CBI investigation in a case related to the theft of Rabindranath Tagore's Nobel Prize medallion. Chief Minister Mamata Banerjee had said a few days ago that if the CBI was "unable" to crack the case, the State government was ready to take it over.



Irom Sharmila ends 16-year fast: Ending her 16-year fast when she took a few drops of honey, Irom Chanu Sharmila could not hold back her tears. A few moments later the frail woman, who had been force-fed all these years, regained composure and announced that she wants to be the Chief Minister of Manipur, some day. "There is no democracy in Manipur. I want to be Chief Minister of Manipur and make positive changes," she said calmly.



Govt mulls salary hike of President, Vice-President, Governors: With the 7th Pay Commission's recommendations creating an anomalous situation in which the salary of the President is Rs. 1 lakh less than that of the country's top-most bureaucrat, the Home Ministry has got down to drafting a proposal for raising the emoluments of the President, Vice President and governors. The proposal will be forwarded to the Union Cabinet for its approval soon. At present, the President gets Rs. 1.50 lakh per month, the Vice-President Rs. 1.25 lakh and Governor of a state Rs. 1.10 lakh.



Saudi King orders resolution of foreign workers' issues: Saudi Arabia's King Salman has ordered authorities to address "once and for all" the grievances of distressed foreign workers, especially Indians and the Filipinos, stranded in the Kingdom after not being paid for months.



Trump's suggestion to gun advocates triggers anger: Republican candidate Donald Trump waded into a new controversy with a statement that was widely seen as inciting violence against his Democratic opponent Hillary Clinton. Raking up the controversial issue of gun control in the country, Mr. Trump said a Clinton presidency would curtail the rights of gun owners, and suggested that "maybe there is" something they could do about it.

art gallery



**AMBER
CORREIA - 11J**



**FRANCESCA
11J**



**ANU RANJITH
9B**



**SAMIRA RIZVI
10B**



**ARSHIDA ABDUL
KHADER - 11I**



**RONAK
KISHORE - 9B**

Student Name:

Class : Section: Roll No.:

Serial No.



ACKNOWLEDGEMENT

I, the parent of studying in class section hereby, acknowledge the receipt of the September, 2016 edition of the ICSK Senior Monthly Magazine, EPICS.

Signature: Date:

Name:

The Light Within



Vritika Naik
XII - A

With all the beautiful teachers and handsome sirs
On the first day of school, everyone cheers.
Back to school after a long summer break
Some of the best memories in life one can make.

You must be wondering who is this
I am just someone devoid of a few senses.
I cannot hear, I cannot see
But that does not make me a liability.

My poverty does not let me attend school
Hence, most people think that I am a fool.
I know my life is a whole lot of mess
But compared to you all, I am no less.

I can feel things more than anyone over here;
Snakes, Ghosts - there is nothing that I fear.
I can feel the sun smiling brightly at me,
The birds having a flight of freedom is all that my heart can see.

I yearn to study, to gain knowledge
But the resources aren't enough.
Life gets challenging day by day,
Situations are getting tough.

For others, I might be just someone
Who has to depend on people for every little thing,
However, disabilities or weaknesses aren't matters worth a while
Whenever you feel low, all you got to do is smile.

I have dreams, dreams to fly
Dreams to break open the shackles of my disability
To make my own identity
In this world, so unknown to me.

I want to write stories, play with words,
Just like how nests are woven beautifully by birds.
I have to work hard and I will
I am determined, my dreams I shall fulfill.

Everyone has their own strength and weakness
Failing once, doesn't mean you won't ever achieve success.
Life is not a competition, it is not a game
Each one of us is different; our goals are not the same.

Get rid of fears hidden deep down your brain
Let the clouds of determination and hard work rain.
Smile every second; spread happiness
And no one will be able to prevent you from achieving success.

BEST CLASS AWARD



The Indian Community School, Senior, Kuwait, for encouraging and identifying the different capabilities of the students, provides for various awards and recognition every year. The criterion of every award is predefined and is communicated to everybody in advance.

Best class award is instituted to recognize the talents and capabilities of the students coming from different strata of the society. Under this, the individual performance is not taken into account but the group performance is measured and evaluated both in qualitative and quantitative form. The award focuses on promoting students' good behaviour, punctuality, maintenance of class cleanliness, and participation in National Education and school events. It encourages every student to give their best in working together with their fellow classmates towards a common goal. Not only does it emphasize on teamwork, it also empowers every individual to create an impact in the class' overall performance.

This is to bring to your notice that the photographs of the winners of the Best Class Award for the month of May, were already published in the June Edition of Epics 2016.

EPICTIONARY

- 1. efflorescent** (ADJECTIVE) Blossoming; used to describe the final development of something
The poet's middle years were marked by some remarkable and efflorescent work of unparalleled quality.
- 2. imperious** (ADJECTIVE) Haughty; to convey a sense of dictatorial arrogance
Mrs. Banks rushed around the kitchen, issuing a serious of imperious commands to the cook.
- 3. lissome** (ADJECTIVE) Supple, something that is easily bent
The lissome young gymnast's body seemed to defy the laws of physics.
- 4. lustrous** (ADJECTIVE) Radiant; shining
Gina's lustrous eyes shimmered in the candlelight.

Forth coming Events



- Paradigm 2016
- First summative examination for classes VIII, IX and X
- First semester examination for classes XI and XII
- Self governance day



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COMMUNITY SCHOOL
KUWAIT**

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