



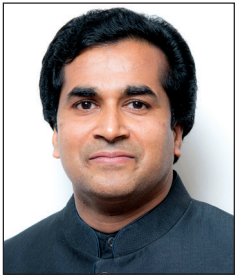
# EPICS



MONTHLY MAGAZINE  
THE INDIAN  
COMMUNITY  
SCHOOL (SENIOR)  
KUWAIT

**E** EMOTIONAL **P** PHYSICAL **I** INTELLECTUAL **C** CULTURAL **S** SPIRITUAL

NOVEMBER 2018



## PRINCIPAL'S MESSAGE

Dear Children,

Welcome to the November edition of EPICS. In this edition, let's discuss on how to feel good about yourself. Feeling good about yourself is not just a matter of confidence or changing your look,

it's about shifting your perception about yourself to a more powerful and positive one. It requires changes, some of which will be difficult for some people. It requires perseverance. Most of all, it requires you to decide that this is what you want and that it is time to start making a change.

### Step 1. A Different Perspective

**Stop comparing yourself to others.** No one is exactly like you, so comparing yourself to anyone else is nothing more than a waste of time. When you compare yourself to others, you inevitably look for what positive things they have that you don't, which will only make you feel bad about yourself. Rather than just feeling envious of others, think of what you would be, not whom. If you can envision your goal - you can achieve it.

**Build your confidence.** While it's not everything, confidence is definitely a key part of feeling good about yourself. It's not something that you can build overnight, but as you start going, you'll feel better and better about yourself. Adopt a confident body language – stand up straight, don't slouch, keep your eyes up and ahead. Don't fold your arms or fidget - you will seem more approachable and positive.

**Find something you're good at,** even if it's something you think is trivial, and take pride in it. If you have a talent - develop it. Don't think of everything that could go wrong - think of what the best-case scenario can be and aim for that.

**Celebrate your strengths.** Everyone has something to be proud of. If you're not sure what it is that you have, sit down and write a list of everything about yourself. Don't stop until you've filled the page up with all the things you love about yourself, your sense of humour, your patience, your compassion, etc. Keep that list with you, so if your faith in yourself is shaken - you can

pull out the page and remind yourself of all that you have going for you.

Don't be hard on yourself if you have a bad day. We all have bad days; the secret is to remember that it's only a bad day, not a bad life. You'll never feel good about yourself 100% of the time, no one does! Instead, remember that "this too shall pass."

Develop a positive attitude. While you can't just change your attitude with a flick of a switch, you can still work on being more positive on a daily basis. Once you decide to be positive, it will become easier. Learn to recognize when you're negative or having negative thoughts. Don't run away from them, just face them and then ignore them. The more you practice it, the easier it will be.

Remember - You have much to offer! You may not feel it now, and you may even feel useless, but you're not. You have loved ones who need you, you have friends who appreciate you, and you possess great qualities. If you need to know it for yourself, talk to a friend you trust and ask them about what you mean to them. As long as you remember that you're important to people, you'll start feeling better and appreciating yourself more.

What you look is not everything. Beauty is subjective, and what society is today - it may hate tomorrow. Learn to feel good about yourself - it will boost your confidence. Forget about what others may or may not think. You don't know what people are thinking, nor what they themselves are going through. Someone might point out something "negative" in you that is actually something they are insecure about. Confident people don't put others down, so don't let other people's insecurities affect you.

Few more points to be shared with you on how to feel good about yourself, that will be discussed in the December edition of EPICS. Children, time is precious and that should be spent properly. Now you are in the last phase of second term, study well with a time table so that you can score good marks in second mid term examination. Wish You All the Best.

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## 20th CBSE KUWAIT CLUSTER ATHLETIC MEET ORGANIZED IN POMP AND SPLENDOUR & THE INDIAN COMMUNITY SCHOOL EMERGES CHAMPIONS FOR THE 17th TIME IN A ROW



It was amidst great Jubilation that the 20th CBSE Kuwait Cluster Athletic Meet was initiated at the Amateur Athletic Federation Stadium, Khaifan. The Kuwait Chapter Convener, Dr.V.Binumon, (Senior Administrator and Principal ICSK) declared the athletic meet open.

The overall championship was won for the record 17th time by the Indian Community School with an incredible lead score of 350 points. The Valedictory Ceremony was graced by the presence of the Chief Guest- Mrs.Asha Sharma, Principal, Indian Learners Own Academy. In the lively and exciting closing ceremony, the winners regaled themselves with the applause of acknowledgement, and the euphoria of victory and sportsmanship as the trophies and certificates were given away by the luminous dignitaries including the Principals of various CBSE schools in Kuwait.

# EDITORS' NOTE

Dear Children

Greetings from the editorial board!!!

In this edition of Epics we would like to tell you how an exhibition improves the overall development of a student.

An exhibition is a platform for the students to work together in groups. This gives the opportunity to the students to develop social and moral skills. Students apart from their technical knowledge learn to respect each other's views and thoughts, sharing experiences, cooperating with each other, managerial skills, skills of leadership, helping and caring about the feelings of fellow members.

When the presentation is ready, during the exhibition the students learn public speaking and it helps the students remove the fear of speaking in public. They represent their model and explain its uses and functions. This kind of exhibitions boosts the confidence of the students and develops their interest and curiosity even further.

Experiment always reveals a new truth, a new discovery, an unknown reality. As the necessities change and so the inventions and development. It keeps growing and can never be dull and boring. Exhibitions explore the creative talent of the students and force them to think out of the box. Science exhibitions at school develop a scientific spirit and curiosity in a student which in turn forces them to think and creatively find solutions to the challenges. Students enjoy learning through such exhibition and feel a sense of belongingness as they make the models with their own hands. In an exhibition, students get a chance to apply or do the practical aspect of the things that they have learned from the classroom. These are real opportunities for the children to easily implement the things that they have learnt from textbooks.

We are sure while preparing and exhibiting your models during our Edufair 'Gyanotsav', you made best use of your creativity.

**Send your valuable contributions to**

**epicseditor@icsk-kw.com**



Mrs. Shyna Ramesh



Mrs. Tintu Wilson

## MANKIND'S FUTURE IN A SCIENTIFIC AGE



KAVYA  
10-A

"For a successful technology, reality must take precedence over public relation, for nature cannot be fooled."

Science marches on and mankind stumbles all over in a frenzy to try to keep up with it. The question is - What is mankind's future in this mad race? It is a question that begs an answer. The reality is we may not have any answer. Little toddlers today master the art of navigating Ipods, Ipads, Iphones and even movies or more. Teenagers have more than a 1000 friends on social media. Yet most of the time, not a single friend to talk to!

On a large scale, science encompasses our daily life in every way possible. All good perhaps as we willingly lap it up and demand more. Mankind's coping in future will largely depend on the attitudes and approaches that we youngsters and the future generation are imbibed with.

A coexistence wherein science is given the responsibility of making our lives easier but not making our lives overly dependent is the way out as far as I can think. A new culture has evolved and are we prepared to face the scientific technological culture? The Future world too is one full of exciting potentials but also menacing threats. Engaging youngsters more with the world we live in and ensuring that they understand the world was not a creation of technology. Finally it all begins in the classroom.

Richard Feynman has rightly quoted "If we want to solve a problem we have never solved before, we must leave the door to the unknown ajar". To conclude, "Science is global, it's a beautiful gift to humanity. It should not be distorted. Let it serve us and not have mastery over us", quoted our very own missile man DR A P J Abdul Kalam..



ICSK students met the versatile personality Dr. Vasuki , IAS , District Collector of Thiruvananthapuram at her office on 12th October 2018 at 1 PM. They had a scintillating session of talk with her. It was an immensely informative session as Dr. Vasuki gave the children tips and insights of being a part of the elite administrative cadre of India.



# A Maiden Experience for the Young ICSKians - An Unforgettable Trip to NASA



The youngsters at ICSK were bestowed with a golden chance to travel to the United States of America. Students long with their teachers made their maiden journey to USA on 23rd October 2018. The team was given a chance to visit NASA, where the students experienced, imagined and interacted through brand-new immersive simulators in the new Astronaut Training Experience Centre, tours of Kennedy Space Centre Visitor Complex, where they also had a chance to prove their talents in solving everyday challenges faced by astronauts. The camp activities provided the students with an environment to train as the next generation of space explorers in the all-new Astronaut Training Experience. The students also experienced walking and driving on Mars through virtual and motion simulation, and also conducted a spacewalk in a microgravity experience. The students had a chance to live and work on Mars for the day in Mars Base1. They also had a chance to work together to solve base operations emergencies, program robots to optimize solar energy, and sustain life in the Botany Lab. Tour exhibits and attractions throughout the visitor complex enchanted the already excited crew. The team encountered everyday challenges of astronauts and engineers through hands-on activities and experiments.



They also got to hear real-life stories from a veteran NASA astronaut. Samson Mammen Samuel scored a 100% for communication and cartography skills. He also scored a 100% for Mars rover.

After which the ICSK team visited the Disney world, where they enjoyed lunch and dinner at the park. The students were exhilarated as they had tremendous fun getting on various thrilling rides like the Transformers 3D Ride and the Flight of the Hippogriff. The students were amazed and thrilled as they got a real-life experience of what they had only seen in a TV screen.

The crew toured on the Island of Adventures. It was an amazing experience for the students, where super heroes, beasts and magical creatures stood before them. They also witnessed the most colossal ape to ever walk on earth. They also visited the Universal



Studios, where they saw and experienced the magic of movie-making.

The Universal Studios located in Florida, is a theme park and production studio opened on June 7, 1990. It is estimated to be ranking as the sixth most attended theme park in the United States, as well as the ninth most attended theme park worldwide.

The team reached back to Kuwait on 30th October at 2035 hours after completing their maiden voyage to NASA.

## Release of Annual Magazine: INSPIRE



A special assembly was conducted on 1st November 2018 to celebrate the release of the latest edition of 'Inspire' the annual school



magazine. Special guests were invited to join in the celebrations. The annual magazine is an expression of ICSK's ardent young talents.

The editorial board of the Inspire magazine consisted of a group of students from ICSK, headed by Mrs. Susan George as the Editor-in-chief.

The chief guest of the celebrations was Mr. Sanjeev Saklani, the second secretary of the Indian Embassy in Kuwait (press, information, culture and education). Mr. Babu Erinjery (director of Global International Trading and Contracting Company) was the special guest.



# WALKING **WALKING** WALKING



Walking 30 minutes a day cuts the rate of people becoming diabetic by more than half and it cuts the risk of people over 60 becoming diabetic by almost 70 percent.

Walking cuts the risk of stroke by more than 25 percent.

Walking reduces hypertension. The body has over 100,000 miles of blood vessels. Those blood vessels are more supple and healthier when we walk.

Walking cuts the risk of cancer as well as diabetes and stroke.

Women who walk have a 20 percent lower

likelihood of getting breast cancer and a 31 percent lower risk of getting colon cancer.

Women with breast cancer who walk regularly can reduce their recurrence rate and their mortality rate by over 50 percent.

The human body works better when we walk. The body resists diseases better when we walk, and the body heals faster when we walk.

We don't have to walk a lot. Thirty minutes a day has a huge impact on our health.

Men who walk thirty minutes a day have a significantly lower level of prostate cancer.

Men who walk regularly have a 60 percent lower risk of colon cancer.

For men with prostate cancer, studies have shown that walkers have a 46 percent lower mortality rate.

Walking also helps prevent depression, and people who walk regularly are more likely to see improvements in their depression.

In one study, people who walked and took medication scored twice as well in 30 days as the women who only took the medication. Another study showed that depressed people who walked regularly had a significantly higher level of not being depressed in a year compared to depressed people who did not walk. The body generates endorphins when we walk. Endorphins help us feel good.

Walking strengthens the heart. Walking strengthens bones.

Walking improves the circulatory system.

Walking generates positive neurochemicals. Healthy eating is important but dieting can trigger negative neurochemicals and can be hard to do.

Walking generates positive neurochemicals. People look forward to walking and enjoy walking.

## INJAZ INNOVATES ICSK



INJAZ Kuwait, a member of JA worldwide, initiated Innovation Camp in ICSK Senior, on Wednesday 24<sup>th</sup> Oct, 2018. The INJAZ team consisted of Mr. Abdullah, Ms. Afrah, Mr. Meshal, Mr. Mohammed Adel, Mr. Ali, Mr. AliBoftain, Mr. Muhammed Abdul Salam, Mr. Omer Abo Seedo, Ms. Munira, Ms. Hawra Hasan, Mr. Jenan Murrad, Ms. Rawan Behbehani and Mr. Mohammed Al Ghareeb. The esteemed guests and enthusiastic audience were welcomed by Mrs. Ruksana, followed by an inspiring and ice breaking

address by Senior Administrator & Principal, Dr. V. Binumon.

Video's and slide presentations on entrepreneurial aspects like failures, start-ups, risks, etc. were shared amidst the young budding entrepreneurs. The entire batch of 12<sup>th</sup> Commerce were randomly split into nine uniformly sized groups, each headed by a mentor. Each group had to identify a problem encountered in their daily life and devise a flexible solution to it.

Following a short break, a Business Challenge was announced and teams were asked to challenge and brainstorm potential business opportunities.

Through flipchart presentations and on stage demonstrations, teams exhibited their highly innovative and creative business plans. Judgement panel from the INJAZ team evaluated all the nine teams with respect to team work, creativity, feasibility of idea and communicative skills. Gold, silver and bronze medals were awarded to the three prize winning groups in addition to participation certificates to the entire commerce batch.

A vote of thankfulness and gratitude was delivered by Mr. Atiq Dhanse, accompanied by gifting of "Thank- you" cards to the entire INJAZ team. The INJAZ Innovative Camp wrapped up with a memorable group photo session, leaving behind promises for more entrepreneurial skill development programmes in the near future.



# A Thrilling Trip to the Magnificent Country of Singapore



habits. And after dinner, they returned back to their place of residence. They also visited the Universal Studios of Singapore. The theme park was divided into 7 zones: Hollywood, New York, Sci-Fi City, Ancient Egypt, The Lost World, Far Far away and Madagascar.

There were many rides including roller-coasters, 3-D and 4-D rides and much more. They then went to see a wonderful mechanical crane show. They also visited the Jurong Bird Park where they encountered a wide variety of birds. After an exciting tram ride they got a chance to attend a wonderful show titled

On 27th October 2018, a group of young ICSKians along with their teachers official from Ceasars Travels set upon a journey to one of the most fascinating Asian countries, Singapore. The team explored the South East Asia aquarium. They were amazed at the variety and beauty of the sea creatures dwelling at the aquarium. After a tasty luncheon from a local restaurant, the team returned back to their hotel and attended a programme organized by the cultural committee.. They then had an interactive game of charades after which they left for the Night Safari to the world's first nocturnal zoo. The team went on a tram ride and saw various nocturnal animals in their natural habitats including animals like the white Asiatic lion, Singapore's first elephant



calf 'Neha', tigers, hyenas etc. This was followed by a wonderful show titled 'Creatures of the Night' where they had a chance to learn about many nocturnal animals and their

'High Flyers' where they witnessed many tricks performed by various birds like parrots, cranes, pelicans etc. They also visited the Science centre and Merlion park.

## Special Assembly : Diwali Celebration



Diwali is a festival of light symbolizing the victory of righteousness and lifting of spiritual darkness. It celebrates the victory of good over evil. A special assembly was conducted by the students of class VII-E on 5<sup>th</sup> November. The assembly was initiated with a beautiful quote on Diwali followed by lighting of diyas. Apart from a song and dance, a beautiful skit depicting the significance of Diwali as a festival of removing darkness of ignorance from our minds was staged by the students.





# Birthday Arcade - NOVEMBER



AHIL ASHRAF ZAIN  
9D - NOV 1



ADITHYA RAMESH  
8D - NOV 1



FARZANA  
12D - NOV 1



MUSTAFA  
12D - NOV 1



ALITA ANNET MATHEW  
12B - NOV 2



AMAR MOHIDEEN BASHA  
10E - NOV 2



BENHANN THOMAS  
7E - NOV 2



IMTIYAZ MOHAMMED  
11B - NOV 2



SUMAIYA AGAIRA  
8D - NOV 2



ZOYA D. KELKAR  
9D - NOV 2



ZIYAD ALI ANSARI  
12H - NOV 2



ADVAIT VINOD  
11D - NOV 3



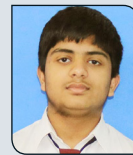
JADE LOURDES VAZ  
12A - NOV 3



KURIAN ALEX KARETTU  
8A - NOV 3



SARAYU  
10B - NOV 3



SHIHAB MOHAMMED  
10F - NOV 3



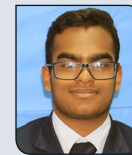
PREINEL SILFORA  
8C - NOV 4



SAAD MOHAMMED  
7B - NOV 4



DANUSH PRIYAN  
9E - NOV 5



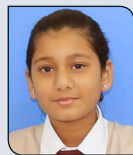
PARTHRAJ  
11D - NOV 5



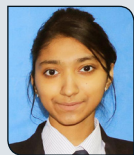
SAFIYA NASE KHAN  
12B - NOV 5



DILSHAD  
12G - NOV 6



FATEMA ALIAGGAR  
7C - NOV 6



NAJMA MOHAMMED  
11B - NOV 7



NIDHI GIRISH  
8D - NOV 7



AARON D'SOUZA  
12L - NOV 8



AKHILA S. PHILIP  
11I - NOV 8



ASHWATHY MATHEW  
11H - NOV 8



HARSIMAR KAUR  
8C - NOV 8



MAYSA RODRIGUES  
10E - NOV 8



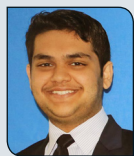
NIKITA GIGI GEORGE  
10C - NOV 8



SAMAN SAJID  
12G - NOV 8



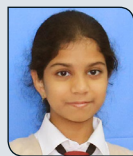
SARA ELENA SAJI  
8C - NOV 8



SHERON D. PERERA  
11F - NOV 8



AMATULLAH  
12E - NOV 9



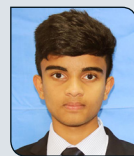
ASMI MAHESH  
7A - NOV 9



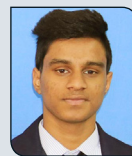
BECKHAM R.  
10E - NOV 9



DANIEL VARGHESE GEORGE  
8B - NOV 9



KRISHNA KARTHIK  
11D - NOV 9



MOHAMMED WASEEM  
12K - NOV 9



JEHAN S. BHATHENA  
11D - NOV 10



AADITYA KUMAR  
11D - NOV 11



ABBAS KUTUBUDDIN  
8A - NOV 11



BLESSEN REJI  
10B - NOV 11



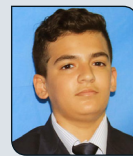
KAMALAKSHANA S.  
11F - NOV 11



MATHEW P. KOLLAMALA  
10B - NOV 11



PETER ALLEN THOMAS  
12B - NOV 11



RAYYAN KAZI ABDUL  
11F - NOV 12



BLESSY K.  
10C - NOV 14



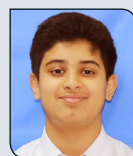
REYNA MICHELLE  
12B - NOV 14



OSAMA SOLANKI  
12D - NOV 14



YASH SAINI  
9D - NOV 14



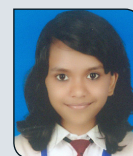
AARON MANOJ  
8E - NOV 15



ESTHER THOMAS  
9C - NOV 16



HANNAH E. GEORGE  
9C - NOV 16



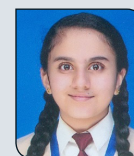
JANICE ARENA  
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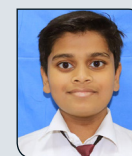
S. KASHIFA  
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RHEA REBECCA P.  
12C - NOV 16



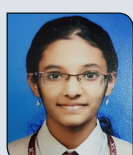
ELISHA ANN PETER  
8A - NOV 17



LOYSON SALDANHA  
7C - NOV 17



ANGELINA MARIAM  
11H - NOV 18



ANJALI NAIR  
9B - NOV 18



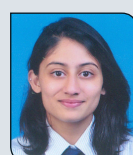
ASWATH GANI  
11A - NOV 18



FAWAZ RAUT  
12D - NOV 18



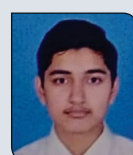
MOH'D SAAD SURESH  
8F - NOV 18



SAKSHI MILIND  
12C - NOV 18



SHAMIL SABEER  
12F - NOV 18



ALLWYN REMSY  
10F - NOV 19



EMPHRAIM ROBINSON  
12A - NOV 19



SAKINA SAIFUDDIN  
12E - NOV 19



YUSUF SHAFI H.  
11E - NOV 19



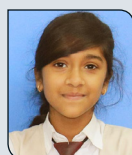
AHMED AIJAZ K.  
10A - NOV 20



BURHANUDDIN M.  
8C - NOV 20



SOHA MARIYAM  
8D - NOV 20



TANMAYEE DUDDUKUNTA  
7B - NOV 20



ALVIN LIAN LIJO  
8D - NOV 21



ASHMIT SRIVASTAVA  
8C - NOV 21



FARHAN MOHAMMED  
10E - NOV 21



JATINI KRISHNAN K.  
11M - NOV 21



KHALIDOUN MUAZZAM S.  
10A - NOV 21



NANDA KRISHNA  
9B - NOV 21



AKASH GANTA  
12B - NOV 22



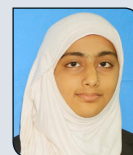
IBRAHIM SHAUKAT  
10A - NOV 22



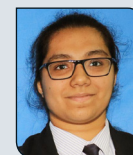
RASHA BISHARA  
12G - NOV 22



STEPHEN INDRAJITH  
12G - NOV 22



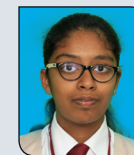
ABEER ABRAR N.  
11F - NOV 23



SHANICE MATHIAS  
11H - NOV 23



BINIL BABY THOMAS  
11F - NOV 24

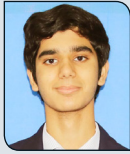


CHRISTINA S. VIJI  
8D - NOV 24



ESSA FAISAL G. R.  
10B - NOV 25





FAHAD JAVID  
11B - NOV 25



SAMAH RAHIMAN  
12F - NOV 25



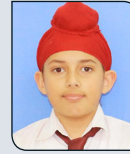
ANOOJ JACOB  
8E - NOV 26



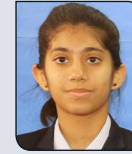
ABIGALE IRENE  
9A - NOV 26



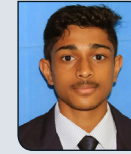
KEVIN  
8E - NOV 26



MANMEET SINGH  
7E - NOV 26



ROSHELLE MARY  
11I - NOV 26



SAMUEL GLADWIN  
11D - NOV 26



SHANICE LEOWA M  
12L - NOV 26



SURYA KARTHIK  
10E - NOV 26



VEDANT  
9E - NOV 26



RON SHAJI  
10B - NOV 27



JOPHIN SAJU  
12D - NOV 27



AMATULLAH ABBAS B.  
12A - NOV 28



AARON VARKEY Z.  
7E - NOV 29



HAJIRA  
9C - NOV 29



ADITYA THOMAS A.  
10B - NOV 30



IOANN JACOB C.  
12A - NOV 30



MRS. SRIKALA  
DILEEP - 1 NOV



MR. SHINOJ  
- 2 NOV



MRS. ANGU LAKSHMI  
- 8 NOV



MRS. K. LAMBA  
9 NOV



MRS. JAYABALA  
JAYARAM - 12 NOV



MRS. REEBA  
CHACKO - 19 NOV



MR. SURESH PETER  
- 20 NOV

## LOVE HEALS



For most of us it's hard to believe that the man who brought the world's largest empire to its knees was so shy, Mahatma Gandhi as a kid was so shy that he would run home after school so that he wouldn't have to talk to anybody. But incidents from his life turn out to be a lesson for all of us.



NANDITHA VINOD  
11I

When he was just a child of about fifteen Gandhiji was guilty of stealing a bit of gold from his brother's armlet. Though it could not have been discovered by anyone, he couldn't bear to live with that guilt. He decided to confess to his father but did not dare to speak. So he wrote a letter in which he confessed his crime, asked for punishment and pledged never to steal in future. With trembling hands he handed out that letter to his father. After reading it there were tears trickling down his father's cheeks. He tore up the note and remained wonderfully peaceful. For Mohandas who expected him to get angry and scold him, it was a lesson which he would never forget in his own words.

"Only who is smitten by the arrows of love, knows it's power.."

## GOODWILL AMBASSADORS



BHARANI  
VISWANATHAM - 7E



JOHN HARSHIT K.  
- 11A



GURLEEN KAUR  
- 6A



HASSAN NAWAZ  
- 12L



# BEST STUDENTS - OCTOBER



RUTH ANN MATHEW  
- 12A



DIYA THASNIM  
- 12B



SHARON SARA  
- 12C



ZENAB  
- 12D



ALLEN ROY  
- 12E



ALI KURESH  
- 12F



REBECCA JAIN  
- 12G



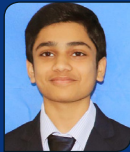
GIBIN JACOB  
- 12J



VEVAY CLEO  
- 12K



AKHIL JO MATHEW  
- 12L



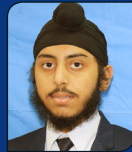
GAUTHAM PRAKASH  
- 11A



SANDRA SHAJAN  
- 11B



AAKASH  
- 11C



HRNARN SINGH  
- 11D



ANGEL  
- 11E



ADVIKA  
- 11F



DARREN SIJI  
- 11G



SUMMAYYA PARVEEN  
- 11H



ARSHIYA NAAZ  
- 11I



LUBNA  
- 11M



REUBEN LAJI  
- 10A



CHRISTINE SUSAN  
- 10B



ALMA TRISA SUNIL  
- 10C



DONAL TOMS  
- 10E



ARJUN VINOD  
- 10F



FATHIMA NADA  
- 10G



NANDINI P.  
- 9A



SHAIKH YOUSUF  
- 9B



DARIUS LAL  
KISHORE - 9C



GRACE ANIL  
- 9D



RIA JOSE  
- 9E



MIR ZAMAAN HYDER  
- 8A



JESSLYN SARA  
VARGHESE - 8B



MURTAZA MAIMOON  
- 8C



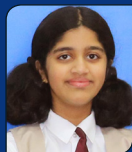
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- 8D



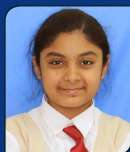
STEFFI MARIA  
- 8E



MOHD FAAIZ  
- 8F



SARAH ELIZABETH  
OOMMEN - 7A



MUSKAAN FAROOQ  
- 7B



ALETA JOHNSON  
- 7C



FATHIMA SAYEED  
SHAIK - 7D



GAURI THAMATTOOR  
- 7E



GRAHAM JIJI  
THOMAS - 7F



ZEYAD  
- 6A

## How is Gene Therapy Being Used to Treat Cancer?

(Dept. of Biology)



Gene therapy is a way of treating or preventing disease by altering the genetic instructions within an individual's cells. Genes are responsible for virtually every aspect of cell life: they hold the code for proteins that enable cells to grow, function, and divide. When a gene is defective, it can give rise to proteins that are unable to do their job. When a gene is missing, or is overactive, important

bodily functions may be impaired. The goal of gene therapy is to correct such problems by fixing them at the source.

Gene therapy can involve replacing abnormal or absent genes with healthy ones that enable cells to produce useful proteins. It also can involve changing the way genes are regulated, so that under- or overactive genes operate properly. Finally, gene therapy can be used to express entirely foreign genes in cells that alter their function and/or survival.

A variety of efforts are underway to apply gene therapy to cancer treatment. Most are in early, exploratory stages, where they're being studied in the laboratory or in clinical research trials. One approach, however, known as CAR T-cell therapy, has received approval from the U.S. Food and Drug

Administration for use as a therapy in certain groups of patients and is expected to receive additional approvals in the near future.

### Gene Transfer

In gene transfer, researchers introduce a foreign gene directly into cancer cells or into surrounding tissue. The goal is that the newly inserted gene will cause the cancer cells to die or prevent cancer cells and surrounding tissue from funneling blood to tumors, depriving them of nutrients they need for survival. While this approach has a great deal of promise, it presents scientists with several obstacles as well, including "gene silencing," in which the implanted genes fail to switch on. In animal studies, gene transfer techniques achieved positive results in treating prostate, lung, and pancreatic tumors.





# 12 psychological tricks that work on anyone

These are some of the tricks I use personally and it works like a charm! Try it for yourself!

Do you want people to take your words seriously? Every time you tell them something, say that your father taught you this. People tend to believe parents' advice inherently.

Become an ultimate 'Rock, paper, scissors' champion! To win at the 'Rock, Paper, Scissors' game, right before playing it, ask your opponent a random question. Most of the time your confused friend will throw 'scissors.'

If you want people to agree with you, just nod and maintain eyecontact while you're talking. 'The nod' sign means 'everything I'm saying is true.' Plus, following social behavior patterns, people tend to nod back.

Have you ever wished the corridor wasn't that crowded in the morning? In crowded places look right in front of you, in the direction in which you're going. You will be impressed watching the crowd literally give way to you. This trick is very easy to explain: in crowded

places we tend to look other people in the eyes so that we know which direction someone is going. We take the opposite way so not to run into each other.

If a certain song is stuck in your head and you would love to forget it, try to think of the end of the song. According to the Zeigarnik effect, our brain tends to remember the things that we've left unfinished. So if you think of the end of the annoying earworm, you will be able to get it out of your head.

Want your kids to eat vegetables? Go ahead and ask them if they want two or five stalks of bitter gourd instead of asking them if they want bitter gourd. Thus, you've made your mind and chose bitter gourd for their lunch, but they feel like they have really made their own decision. You can use the same old trick in different situations.

If you have the feeling that someone is watching you, just yawn and look around. If someone is really stalking you, they will yawn too, since yawning is highly contagious.

Your friend will most likely help you carry, let's say, a box of your stuff if you continue talking

while handing over the box. The majority of people won't even notice you're handing them something and will take it. However, some people more attentive and less close to you may get pretty confused.



ANDERS SPENCER  
- 12B

If you know you're going to shake hands with someone, make sure your hands are warm enough. Warm hands promote a friendly atmosphere while cold handshaking will trigger the opposite effect.

Whatever your friend has just said, paraphrase it and say it again. The person who talks to you will subconsciously get the feeling you are a really great listener. Just don't go too far with the paraphrasing thing.

If you want someone to help you, start your phrase with the words 'I need your help...' People hate feeling guilty and that's why they won't be able to refuse to help.

If you believe a person doesn't like you, ask if you can borrow his pencil or pen. On one hand, people tend not to help those whom they don't like, but on the other hand, it's such a small favor that your 'hater' most likely won't be able to say 'No'. Eventually he will come to the conclusion that you're not that bad.

## Why is the color blue so rare in nature, especially in plants?



Well, with the ocean covering over 2/3 of the world and the blue sky, I wouldn't say that blue is particularly uncommon in nature. However, with fauna and flora, it's true. There

are very few foods, animals, and plants that have the color blue. There could be a variety of reasons.

For one, leaves have chlorophyll, which are a greenish color. Flower colors are generally composed of anthocyanin and carotenoids, two chemical classes that are responsible for different colors. Red is very common between both. As a flower, you would want to attract bees and birds with vibrant colors for a higher chance of pollination. If a flower would want to become more blue, a surplus

of red would still be left over, creating purple.

Evolution was not able to develop a process for blue pigment production for every organism but at least it provided a way to replicate the effect. The biological effect was taken care of by simple physics! We have to wait and see if our scientist can unlock the mechanism of plant genetics to simply create blue pigment.



KEYUR SOLANKI  
X-B

# EVAPORATION : A REVELUTIONARY PROCESS



*“When the winds of change blow, some people build wall and some people build windmills”- a Chinese proverb*

When we think about renewable energy, we usually think about solar energy, wind energy, hydroelectricity etc. But it is very very rare that we see people think about energy from evaporation. Scientists are developing ways to harness energy from evaporation. Scientists have developed ways to harness energy of water coming down (rain), but now they are developing ways to harness energy of water going up (evaporation). Evaporation is the phenomena of surface vaporization. The key material used here is bacterial spores/ endospores. The characteristics of bacterial spores are that they expand when they are in a humid condition (as they absorb the water) and contract when they are exposed

to normal atmosphere (as lose water due to heat). Endospores are mostly found in soil and water. Studies have found that bacterial spores are 1000 times more powerful than human when they absorb water. If you keep a pound of dried bacterial spores and keep a car over it and most importantly in a humid atmosphere. It can lift the car a meter above ground. But, what excites scientist so much is how little water it takes for the spores to expand. If a body of water is kept under a strip of bacterial spores it can make so much movement to produce energy to run a turbine and can eventually power a city if there are many of them. So, why shouldn't we harness this much energy.

One of the applications was to make a big wheel on which many strips of endospores are attached to it. We have to create a

humid condition in half of the wheel. Thus, when they the strips enter the humid climate they gain weight. Thus, there is an imbalance in the wheel making it rotates. But when the expanded strips get exposed to normal condition it gets contracted. Meanwhile, the contracted strips enter the humid region and get expanded again causing an imbalance in the wheel making it to rotate again. From this we can easily produce electricity.



KITTU SHAN .M  
- 9B

Endospores are harmful to us only when we eat or get in contact with animal or its products affected by it. It can affect us through other ways which will not affect us during this process. And we don't have to worry about these bacterial spores dying because there are very resistant to high temperature, extreme freezing, ultra violet radiation and chemical disinfectants . There are reports of endospores being viable for 10,000 years.

This is a very efficient method of harvesting renewable energy as 71% of the earth's surface is covered in water and evaporation is taking place every second. Thus people are hoping that scientists will surely create ways to improve this way of harvesting energy and put an end to pollution and the world energy crisis.

## PHILANTHROPY, CHARITY - IS THERE A DIFFERENCE?



Philanthropy has distinguishing characteristics separate from Charity. Not all charity is Philanthropy or vice versa, though there is a recognised degree of overlap in practice. The difference commonly cited is that, charity aim to relieve the pain of a particular social problem, whereas Philanthropy attempts to address the root cause of the problem. Philanthropy is the rent we pay for the joy and privilege we have for our space on this earth. It requires thought, action and passion.

How shall we expect charity towards others when we are uncharitable to ourselves? 'Charity begins at home' is the voice of the world. Charity should begin at home, but should not end there. No person was ever honoured for what he received. Honour has been the reward for what he gave. The great use of life is to spend it for something that will outlast it. Do what you can, with what you have, where you are. No one becomes poor by giving. Life's most persistent question is "what are you doing for others? It's not how much we give but how much love we put into giving. Seva comes from the ancient language of Sanskrit meaning, selfless service. In the context of Hinduism, it means selfless service rendered as a community action, done for the goodwill and benefit of others. Service to man is service to god - "Narseva Narayan seva"

Love is not patronizing and charity is not about pity, it's about love. With charity, you give love. So don't just give money, but reach out your hand instead! For attractive lips, speak words of kindness. For lovely eyes, seek out the good in people. For slim figure, share your food with the hungry. When one donates unconditionally, a prayer from the receiver's heart is a blessing in disguise from the 'Paramatma' himself, which is subconsciously delivered in favour of the giver.



NEHA NAIR  
SAJEEV - 8E

"Annadanam Mahadanam" (There is no offerings greater than offering food to the hungry) The simplest act of kindness is far more powerful than a thousand heads bowing in prayers. If you cannot feed hundred people, then feed just ONE!



# Yao Ming Bridge Between Chinese and American Basketball Fans



Yao Ming (Chinese: 姚明; born September 12, 1980) is a Chinese retired professional basketball player who played for the Shanghai Sharks of the Chinese Basketball Association (CBA) and the Houston Rockets of the National Basketball Association (NBA). He was selected to start for the Western Conference in the NBA All-Star Game eight times, and was named to the All-NBA Team five times. At the time of his final season, he was the tallest active player in the NBA, at

2.29 m (7 ft 6 in). He is the only player from outside of the United States to lead the NBA in All-Star votes.

Yao, who was born in Shanghai, started playing for the Shanghai Sharks as a teenager, and played on their senior team for five years in the Chinese Basketball Association (CBA), winning a championship in his final year. After negotiating with the CBA and the Sharks to secure his release, Yao was selected by the Houston Rockets as the first overall pick in the 2002 NBA draft. He reached the NBA Playoffs four times, and the Rockets won the first-round series in the 2009 postseason, their first playoff series victory since 1997. In July 2011, Yao announced his retirement from professional basketball because of a series of foot and ankle injuries which forced him to miss 250 games in his last six seasons. In eight seasons with the Rockets, Yao ranks sixth among franchise leaders in total points and total rebounds, and second in total blocks.

Yao is one of China's best-known athletes, with sponsorships with several major companies. His rookie year in the NBA was the subject of a documentary film, *The Year of the Yao*, and he co-wrote, along with NBA analyst Ric Bucher, an autobiography titled *Yao: A Life in Two Worlds*. In April 2016, Yao was elected into the Naismith Memorial Basketball Hall of Fame, alongside Shaquille

O'Neal and Allen Iverson.

On November 9, 2007, Yao played against fellow Chinese NBA and Milwaukee Bucks player Yi Jianlian for the first time. The game, which the Rockets won 104–88, was broadcast on 19 networks in China, and was watched by over 200 million people in China alone, making it one of the most-watched NBA games in history.

On July 20, 2011, Yao announced his retirement from basketball in a press conference in Shanghai. He cited injuries to his foot and ankle, including the third fracture to his left foot sustained near the end of 2010. His retirement sparked over 1.2 million comments on the Chinese social-networking site Sina Weibo. Reacting to Yao's retirement, NBA commissioner David Stern said Yao was a "bridge between Chinese and American fans" and that he had "a wonderful mixture of talent, dedication, humanitarian aspirations and a sense of humor."

On September 9, 2016, Yao was inducted into the Hall of Fame along with 4-time NBA champion Shaquille O'Neal and Allen Iverson. Continuing with the honours, on February 3, 2017, Yao's Number 11 jersey was retired by the Houston Rockets.



AARON MANOJ  
OOMMEN - 8E



## FACTS THAT WILL BLOW YOUR MIND ONLY IN ONE SENTENCE!

- You can't hum while holding your nose.
- The surface area of Russia is slightly larger than that of the surface area of Pluto
- Oxford university is older than Aztec Empire.
- There are more fake flamingos in the world than real flamingos
- Mammoths went extinct 1,000 years after the Egyptians finished building the Great Pyramid.
- Carrots were originally purple.
- Humans share 50% of their DNA with bananas.
- An octopus has three hearts.
- There is a basketball court on the top floor of the U.S. Supreme Court Building known as the "highest court in the land."
- The name Jessica was created by Shakespeare in the play Merchant of Venice.
- It rains diamonds on Saturn and Jupiter.
- The toy Barbie's full name is Barbara Millicent Roberts.
- A strawberry isn't a berry but a banana is.
- A Venus day is longer than a Venus year.
- A TI-83 calculator has six times more processing power than the computer that landed Apollo 11 on the moon.
- A ball of water bounces higher than a ball of Rubber.
- The density of Saturn is low enough that it could flow on water.
- In 2004, Marvel comics launched Spider man India where Peter parker was called Pavithr Prabhakar, Mary jane as Meera Jain and Aunt May as Auntie Maya.
- A Snail can have about 25,000 teeth.
- there are 12 times more trees on earth than stars in the milky way.



BLESSEN REJI  
- 10B

# BIRTHDAY CUM CHARITY FUND

## BALANCE SHEET FOR THE MONTH OF OCTOBER 2018

INCOME (SEPTEMBER)	KD	EXPENDITURE (OCTOBER)	KD
Balance c/f from September	2239.715	Mrs.Kalyani Chakrawarthy	150.000
		Mr.Zahir Ahmad Hasan	150.000
		Mrs. Manowara Ramjan	150.000
			<b>450.000</b>
<b>Balance from September</b>	<b>1789.715</b>		
<b>Contribution from students (October)</b>	<b>270.590</b>		
<b>Contribution from Staff (October)</b>	<b>17.000</b>		
<b>Balance in hand</b>	<b>2077.305</b>		

## BIRTHDAY FUND AND CHARITY FUND COLLECTION - OCTOBER 2018

CLASS / SEC	Birthday Fund	Charity Fund	Sub Total
12A		2.495	2.495
12B		9.845	9.845
12C	5.000	12.240	17.240
12D		7.305	7.305
12E		4.320	4.320
12F		14.075	14.075
12G		3.685	3.685
11A		30.595	30.595
11B		12.650	12.650
11C		6.795	6.795
11D		0.260	0.260
11E		2.325	2.325
11F	3.000	2.290	5.290
11G		1.420	1.420
11H		1.410	1.410
11 I	2.500	4.510	7.010
10A		8.730	8.730
10B		3.230	3.230
10C	1.000	4.500	5.500
9A		8.350	8.350
9B	1.000	8.670	9.670
9C	1.750	2.985	4.735
9D	5.000	4.400	9.400
8A		4.510	4.510
8B		3.600	3.600
8C		5.280	5.280
8D	1.450	5.700	7.150
8E	1.000	2.000	3.000
7A		12.610	12.610
7B		5.005	5.005
7C	2.000	1.395	3.395
7D		0.770	0.770
7E		11.400	11.400
	23.700	209.355	233.055
<b>AFTERNOON</b>			
VI A		1.250	1.250
VII F		0.515	0.515
VIII F		5.305	5.305
IX E		4.010	4.010
X E		3.910	3.910
X F		4.295	4.295
X G		2.580	2.580
XI M		3.565	3.565
XII J		3.605	3.605
XII K	1.000	3.500	4.500
XII L		4.000	4.000
<b>TOTAL</b>	<b>1.000</b>	<b>36.535</b>	<b>37.535</b>
<b>GRANT TOTAL</b>	<b>24.700</b>	<b>245.890</b>	<b>270.590</b>





# CHARITY CONVENORS - NOVEMBER



SHAMEELAH HAFEEZ  
- 12A



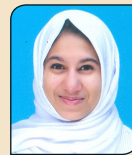
YAHYA SHABBIR  
- 12B



SHARON JUDITH  
- 12C



BURHAN TAIYEB  
- 12D



MAIMUNA - 12E



HUSSAIN MOHD  
- 12F



AYMAN JEET KAUR  
- 12G



BASHAYER - 12J



TAHA SHABBIR  
- 12K



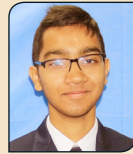
SHEIKH SAQUIBULLA  
- 12L



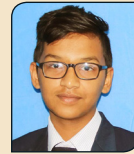
IRINE MARIA  
- 11A



TINA TONY ALAPATT  
- 11B



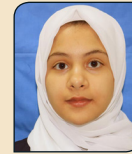
AAKASH  
- 11C



NURUL ISLAM  
- 11D



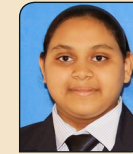
YOSUF KHAZI  
- 11E



SADIA MOHD  
- 11F



DEVESH PADMA  
KUMAR - 11G



MUSKAN SHAFI  
- 11H



AKHILA SOPHIYA  
- 11I



C. SURYA PUTHRA  
- 11M



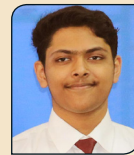
FATHIMA HANNA  
- 10A



IMAD IMTIYAZ  
PARKER - 10B



ANFAL UZMA D  
- 10C



DARIN K. SHAJI  
- 10E



S. MOHSINULLA  
- 10F



KRISTEN P.  
- 10G



DAANYA B. NAIDU  
- 9A



CAROLIN NISHA - 9B



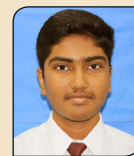
ATIF ASHRAF SYED  
- 9C



MANSHI BHAGAT  
- 9D



ASHFAQ M SYED  
- 9E



SHAAFI HUSSAIN  
- 8A



SHUGANDHIGA B  
- 8B



ALI AFTAB  
- 8C



ILHAM NADEEM  
PARKAR - 8D



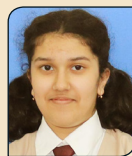
KRITIKA  
- 8E



MOHD AAMIR  
- 8F



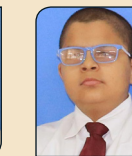
AMIL MATHEW  
ALEX - 7A



SOUMILI AMIT NANDI  
- 7B



ATHER YUNUS  
- 7C



MOHAMMED ZEYAD  
SHAIKH - 7D



KAREN SUSAN REJI  
- 7E



ABDUL ASHEEN  
- 7F



ZEYAD  
- 6A

## SUPER MOM



Mom, you're a wonderful mother,  
So gentle, yet so strong.  
The many ways you show you care  
Always make me feel I belong.

You're patient when I'm foolish;  
You give guidance when I ask;  
It seems you can do most anything;  
You're the master of every task.

You're a dependable source of comfort;  
You're my cushion when I fall.  
You help in times of trouble;  
You support me whenever I call.

I love you more than you know;  
You have my total respect.  
If I had my choice of mothers,  
You'd be the one I'd select!



MEHRIN NIDA  
9 E

## TODAYS BIRTH RATE WILL BE TOMMOROWS EXPLOSION



Earth is one of the largest living organisms in the world. Since it is a living organism, it should be protected from the elements that deteriorate the good health of the species of earth. Undeniably, on accelerated growth the population is being challenged on very existence of earth and other living organisms that depend upon it. In fact, humans are said to be rational animals, however most of our deeds are irrational in terms of protecting nature.

Killing earth is equivalent to suicide because we cannot exist in this world without the existence of earth. Though population is essential, population explosion is dangerous. The earth has to keep it balance and the overpopulation undoubtedly will lead to the

phenomenon of inequality of nature.

The increase of population has created a number of problems in the live of people. One of the main causes of population explosions is developed health care facilities all over the world, in fact people have developed various facilities to prevent health problems, and this reason has caused the death rate to drop tremendously. Another reason for overgrowth of population is migration, millions of people all over the world immigrate different countries in search of job opportunities and a quality eye ; they also move to more developed areas for the same reason. The third reason can be the increased number of birthrate in the world. The increase of population can bring difficulties; millions of people are unemployed, this can lead to poverty, long ques in the hospitals and traffic jams can affect the lives of people, this can bring a disgrace to the people all over the world.



MAY SMITH JAMES  
- 9A

1. 'Peace of mind is a beautiful gift which only we can give to ourselves, just by expecting nothing from anyone, even after doing everything for them.'
2. 'Life is about moments. Don't wait for them, create them.'
3. 'An arrow can only be shot by pulling it backward. When life is dragging you back with difficulties, just imagine that it is going to launch you into something great.'
4. 'Caring is a gift that no one can buy. It is made up of love that roots in our hearts and creates memories not just for a while but for a lifetime.'
5. 'Happiness is the spiritual experience of living every minute with love, grace and gratitude.'

## FUTURE of AUTOMOBILE is here



Tesla Motors is a company based in Palo Alto, California which makes electric cars. It was started in 2003 by Martin Eberhard and Elon Musk (who also co-founded PayPal and is the CEO of Space X). Today, Elon Musk is the Chief Executive Officer (CEO). It started selling its first car, the Roadster in 2008.

### How the Tesla Electric Car Actually Works?

The Tesla Model S has been hailed as both a must-have big boy toy for the well-moneyed as well a harbinger of environmentally friendly transportation tech. So well-regarded are Tesla's electric cars, in fact, that the Model S was voted the Motor Trend Car of 2013.

But how do Tesla's electric cars actually work? That answer requires a bit more explanation. Electricity charges a battery to give the Model S juice for a certain period of time, not unlike your smartphone or laptop. In fact, each Tesla electric car has much more in common with your MacBook than you might think - the company uses lithium-ion batteries just like the type that powers laptops worldwide.

There's just one difference - Tesla's batteries are a heck of a lot more powerful. The battery in each Tesla car is actually made up of thousands of lithium-ion cells that have a combined weight of about a thousand pounds, according to the company. Each pack is built at Tesla's Bay Area headquarters and comes equipped with a heating system that enables the car to function in cold weather.

### Charging your Tesla electric car.

Tesla recommends getting an electrician to install a recharging station at your home. Called a High Power Wall Charger, this device plugs into the back of the car and can juice its battery twice as fast as a 120-volt outlet would. You can also plug in to 100-volt outlets via a mobile connector that allows you to charge wherever you find time and electricity. And, of course, you could always go green by installing solar panels to generate charge at home.



JOSH  
-10B



BHARGAVEE DAS  
9D

## My Incredible India!

This incredible India of mine,  
So beautiful, so divine.  
Mountains & flowers, waterfalls and trees,  
Filled with birds and moths and fleas.

Rain or spring, winter or summer,  
The toughest job is of the farmer.  
He works all day and rests a little,  
So that our tummys full and we act subtle.

It rains and rains, and rains a lot,  
And then it becomes tough to find a parking slot!!  
It leads to drought or sometimes flood,  
But to handle everything is in every Indian's blood!

Filled with diversity, overflowing with culture,  
India's landmark is a true gift of nature!  
From Gujarat to Assam, Kashmir to Kanyakumari,  
Every place is unique and their traditions vary.

Be it sports or be it economy,  
India has its own powers, being the largest democracy.  
From beauty pageants to dress designing  
In every single field, my India is exceling!

Yet, India is considered a dangerous place,  
Because every girl is judged by the length of her dress.  
Name it poverty or population, child labour or corruption,  
They somehow find their way in India's progress solution.

It has to be the youth of the country, who have to make a change,  
Developing India to its captivating range.  
For a better India, there's always a ray of hope,  
For joy, peace & love and everyone to get a better scope!!



# KANYAKUMARI

## The southern tip of India



Kanyakumari is a district in the State of Tamil Nadu, also called as the "God's own district". The name comes from the Devi Kanya Kumari Temple in the region, it is located in the southernmost tip of peninsular India, and is surrounded on three sides by the Laccadive Sea. It is a beautiful place located in the southern tip of the Cardamom Hills, an extension of the Western Ghats range. Until Nov 1, 1956, Kanyakumari along with Taluks of Agasteeswaram, Thovalai, Kalkulam and Vilavancode were a part of Thiruvananthapuram district of Kerala. Later, it became a district of Tamil Nadu. Marshal Nesamony (also known as 'Kumari thanthai' meaning 'father of Kanyakumari district') was instrumental in the merge of Kanyakumari to

Tamil Nadu. The nearest town is Nagercoil, the administrative headquarters of Kanyakumari District, 22 km away. Kanyakumari has been a city since Sangam period and is a popular tourist destination.

*Some of the notable landmarks are :*

**1. THIRUVALLUVAR STATUE:** Thiruvalluvar is a saint and a poet, known famous for his book 'Thirukkural'. It has 133 chapters, each chapter consists of 10 songs. On the basis of the number of chapters, his statue is built to a height of 133 feet.

**2. VIVEKANANDA ROCK MEMORIAL :** It was built in the honor of Swami Vivekananda in 1970. He is said to have attained

enlightenment on this rock. According to local legends, it was on this rock that Goddess Kumari performed austerity. A meditation hall (Dhyana mandapam) is attached to the memorial for visitors to meditate.



JENISHA  
- 12G

**3. GHANDHI MEMORIAL:** It has been built on the spot where the urn containing Gandhi's ashes were kept for public immersion. It is designed in such a way that on Mahatma Gandhi's birthday, October 2, the first rays of sun fall on the exact place where his ashes were kept.

Though there are several places of tourist-interest in the district, Kanyakumari is especially popular in India for its spectacular and unique sunrise and sunset. On full-moon evenings (Chitra Pournami), one can also see the moon-rise and sunset at the same time. It is also famous for its food items like appam, curd rice, aval (Beaten rice), Semiya (Vermicelli) paayasam, pazha (banana) baji, maravazhi kizhangu (tapioca cassava) with fish, Nungu sarbath (palm fruit juice), sweets like thaan kuzhal, jalebi, kadalai mittai, etc.

# THE AGE OF ADVERTISEMENTS



Today, the craze of advertisement of manufactured goods is on the increase. The art of advertisement is, in fact, a modern development. It has revolutionized the modern trade. Modern life is highly complex and mechanical. People have no time to go into the soul of things. They want to buy largely advertised goods. The manufacturer, in his turn, wants to popularize his goods before these are manufactured. Such is the craze for advertised goods. We are living in the age of advertisement. No wonder, one sees shining and multi-coloured bill boards hung on poles displaying goods advertised. The city walls are found lettered with eye-

catching advertisements of products that are manufactured today. There is a spate of magazines and journals which spare pages for latest variety of goods manufactured. Radio and television are humming with advertisements of new products. In fact, many a time, one gets sick of these advertisements repeated hundreds of times on the radio or T.V. screen.

There are various methods of advertisement. The most popular and useful method is to send advertisements in newspapers and magazines. Television is no less powerful a medium for advertising goods. There is always a great demand for advertisement space of footage and much money flows to the advertising media. In certain cases the advertisement cost runs into thousands of rupees for a product advertised. Advertisements are sometimes so scientifically and intelligently planned that they change the entire psychology of the consumers. Advertisements thus hold the sway and no manufacturer can do without it. A thing may not have an intrinsic value but it must be well advertised. We

live in a glamorous world of advertisement.

Advertisements has now developed both as an art as well as a science. Several universities in the country have introduced academic courses leading to some degree or diploma in the art of advertisement. No wonder, these graduates from the universities are coming out with newer and newer ways of advertising things.

The world of advertisement is very large. It is a run between the manufacturer and the consumer without wickets. Certain advertisements are catching while others are repulsive to hear or to see. In fact, there is going on a mad race in dress materials advertised in words becoming or unbecoming and very often the advertising agency crosses all limits of decency and propriety. Advertisements have come to say, it is for the consumers to look into the soul of things advertised. They may go in for advertised goods but they should not be taken in by eye-catching but cheap advertisements.



SHAIKH ADAM  
- 10B



# CAPTAINS & VICE CAPTAINS - NOVEMBER

CLASS 12A		CLASS 12B		CLASS 12C		CLASS 12D		CLASS 12E	
									
AMATULLAH BHAILA	GHANTA AKASH	SUDARSHNI RAMESH	JAIMY ELSA JOSE	MHD. MUSTAFA	SAKINA	MEVIN JOE	FARZANA SULTANA	ALLEN ROY	NADEENA
CLASS 12F		CLASS 12G		CLASS 12J		CLASS 12K		CLASS 12L	
									
AAHFIL AHMED	ABDUL AZIM	STEPHEN	PALESA E F.	MOHAMMED HESHAM	MOHAMMAD USMAN	ZAIBA HABIBULLAH	MOHAMMED ALI	VIVIN JOSEPH	ASIA HAMZA
CLASS 11A		CLASS 11B		CLASS 11C		CLASS 11D		CLASS 11E	
									
NAYANA RUDRA	ASWAN GANI	JESSICA ANNAMALAI	LISA ANN JACOB	AAKASH	SHRUTHI UDAY	INSIYA SAIFEE	SHAWN SPENCER	AHALYA	RASHI PRABHA
CLASS 11F		CLASS 11G		CLASS 11H		CLASS 11I		CLASS 11M	
									
KENISHA	SHERON	DARREN SIJI	AMIRA MUNIR	BINI JOSEPH	ASRA ARIF	ROSELLE ALEXANDER	RAJ SHARMA	MUBARIKA	AKSHAYA BABU
CLASS 10A		CLASS 10B		CLASS 10C		CLASS 10E		CLASS 10F	
									
SHEREEN FATHIMA	IBRAHIM SHANKAT	ADAM MOHAMMED	IRENE MARY	SAMREEN FATHIMA	ASHISH V. ABRAHAM	ALI ASGAR	HAFSAH SHAIK	MOHAMMED AAMIR	S. MOHSINULLA
CLASS 10G		CLASS 9A		CLASS 9B		CLASS 9C		CLASS 9D	
									
SABIA PARVIN	SADIA KHAN	ABHISHEK SREEKUMAR	MAY SMITH	SAGAMA JAMIL	BATUL ZEHRA	HARSHANTH RAJA	ALVITA RAYNA	DYLAN	KHADIJA
CLASS 9E		CLASS 8A		CLASS 8B		CLASS 8C		CLASS 8D	
									
JUZER ALI	ABRA KHAN B.	KIRTHANA SAI	HUSAIN SARFRAJ	SARATH SUBRAMANI	UMAYAL MARIMUTHU	ARJUN P.	SAARA SHAIKH	STAN DAY PHILIP	NIDHI GIRISH
CLASS 8E		CLASS 8F		CLASS 7A		CLASS 7B		CLASS 7C	
									
SHARON JOHNSON	KRITIKA	MOHD RASHIQ	ABHISHEK SOMI	AISHWARYA G.	MUSTANSIR B.	SOORYA SUNIL K.	LAMIAH TARIQ	VIRAJ BATHINA	YASHILA VEERAMANI
CLASS 7D		CLASS 7E		CLASS 7F		CLASS 6A			
									
JOHN PREETAM	AURELIA SHABI	AARON MATHEW	SANVI SURESH	MUFFAZAL HAIDER	SAI AKHIL NAIK	SAI NIKHIL NAIK	KUPPALA RAMYA		



## Thinking Out of the Box (Creative Thinking)



In a small Italian town, hundreds of years ago, a small business owner owed a large sum of money to a loan-shark. The loan-shark was a very old, unattractive looking guy that just so happened to fancy the business owner's daughter.

He decided to offer the businessman a deal that would completely wipe out the debt he owed him. However, the catch was that we would only wipe out the debt if he could marry the businessman's daughter. Needless to say, this proposal was met with a look of disgust.

The loan-shark said that he would place two pebbles into a bag, one white and one black.

The daughter would then have to reach into the bag and pick out a pebble. If it was black, the debt would be wiped, but the loan-shark would then marry her. If it was white, the debt would also be wiped, but the daughter wouldn't have to marry the loan-shark.

Standing on a pebble-strewn path in the businessman's garden,

the loan-shark bent over and picked up two pebbles. Whilst he was picking them up, the daughter noticed that he'd picked up two black pebbles and placed them both into the bag.

He then asked the daughter to reach into the bag and pick one.

The daughter naturally had three choices as to what she could have done:

1. Refuse to pick a pebble from the bag.
2. Take both pebbles out of the bag and expose the loan-shark for cheating.
3. Pick a pebble from the bag fully well knowing it was black and sacrifice herself for her father's freedom.

She drew out a pebble from the bag, and before looking at it 'accidentally' dropped it into the midst of the other pebbles. She said to the loan-shark;

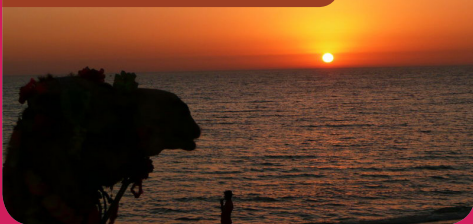
"Oh, how clumsy of me. Never mind, if you look into the bag for the one that is left, you will be able to tell which pebble I picked."

The pebble left in the bag is obviously black, and seeing as the loan-shark didn't want to be exposed, he had to play along as if the pebble the daughter dropped was white, and clear her father's debt.

Moral of the story: It's always possible to overcome a tough situation throughout of the box thinking, and not give in to the only options you think you have to pick from.

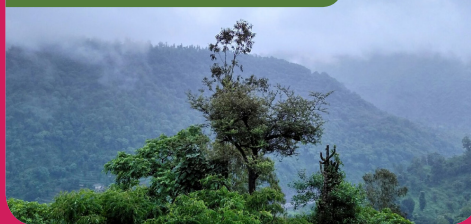
## HOW THE INDIAN STATES GOT THEIR NAMES?

### GUJARAT



Gujarat is named after the 'Gujaras', who ruled the area in the 8th Century.

### HARYANA



This name could be broken down into 'Hari' means greenery and 'Aranya' means Forest

### JHARKHAND



'Jhari' means dense forest and 'Khand' means land

Student Name: .....

Class : ..... Section: ..... Roll No.: .....

Serial No.



### ACKNOWLEDGEMENT

I, the parent of ..... studying in class ..... section ..... hereby, acknowledge the receipt of the November, 2018 edition of the ICSK Senior Monthly Magazine, EPICS.

Signature: ..... Date: .....

Name: .....

# WORLD



## OCTOBER 2018 in a Nutshell



### Guwahati sports India's 'tallest' national flag:

The Assam government celebrated the 150th birth anniversary of Mahatma Gandhi by unfurling India's tallest National Flag from the average city elevation. The 9,600 sq ft flag stands on a 319.5 ft flag pole

at Gandhi Mandap, a memorial for Mahatma Gandhi atop the Sarania Hill in the heart of Assam's principal city.



### Korean war memorial to be built in Delhi:

A Korean War memorial will be built in New Delhi to commemorate India's role in the war which ended in an armistice in 1953.

"India and South Korea have agreed on building the war memorial.



### India's TCS among top 10 firms to get foreign labour certification for H-1B visas:

Tata Consultancy Services is the only Indian company among top 10 firms to get foreign labour certification for the H-1B visas for the fiscal year 2018, according to

data from the U.S. Department of Labour. The H-1B visas are the most sought-after among Indian IT professionals. The visa programme allows employers to temporarily employ foreign workers in the U.S.



### U.N. chief lauds Narendra Modi for climate action:

Prime Minister Narendra Modi was conferred the Champions of the Earth Award by United Nations Secretary-General Antonio Guterres at a ceremony.

"In PM Narendra Modi, we have a leader who realises the issue of climate change and understands the benefits of climate action. He knows the problems and also works to solve them," UN Secretary-General Antonio Guterres said at the presentation.



### ₹700-crore project to clean up courts:

A ₹700-crore project to have clean courts, right from the Supreme Court, High courts to the 3,388 lower courts, has been proposed. The project would be inaugurated on the occasion of Law Day on November 26 by

Chief Justice Ranjan Gogoi. The project, which is ostensibly on the lines of the Centre's flagship scheme Swachh Bharat Abhiyan, would be undertaken by NITI Aayog and the Union Ministry of Drinking Water and Sanitation along with the justice department.



### Saudi Arabia promises to meet all of India's energy needs, including oil:

Riyadh stands committed to meeting all of New Delhi's energy needs, including oil, according to Saudi Arabia Energy Minister

Khalid A. al-Falih. This meant an increase in investment in India as well. Saudi Aramco's investment of \$44 billion in the Ratnagiri refinery was "just the start" and the company was keen on investing in an integrated downstream business, including the retail side, as well as storage capacity, he said at the India Energy Forum.



### India's success in 2030 U.N. SDGs can change face of the world:

UNGA president: India's success in achieving the Sustainable Development Goals (SDGs) can change the face of the world, United Nations General

Assembly president Maria Fernanda Espinosa has said, describing the country as a "very important player" of the multilateral system. Ms. Espinosa said she is very much looking forward to engaging and working together with India under her presidency of the 193-member U.N. General Assembly.



### Gita Gopinath is IMF Chief Economist:

International Monetary Fund (IMF) appointed India-born Gita Gopinath as Economic Counsellor and Director of the IMF's Research Department. Ms. Gopinath

currently serves as the John Zwaanstra Professor of International Studies and Economics at Harvard University.



### China-built world's largest amphibious plane completes maiden flight test:

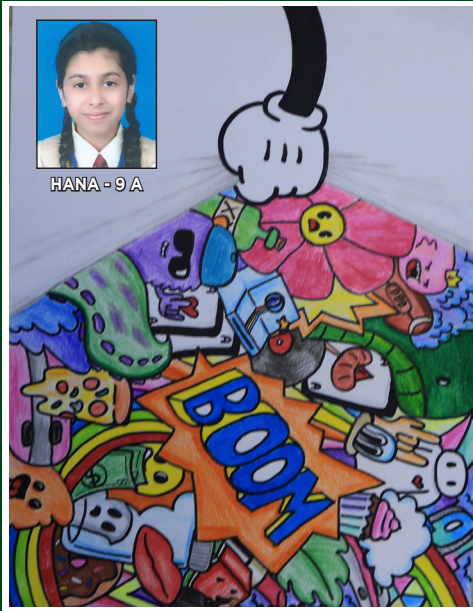
China's indigenously designed and built amphibious aircraft AG600, touted as the world's largest, successfully carried out its

first take-off and landing tests. The aircraft, developed and built by the state-owned aircraft firm Aviation Industry Corporation of China, took off and later landed on the water in Hubei province's Jingmen. The aircraft code-named Kunlong was piloted by four crew members.

*People who change AFTER change will survive.  
People who change WITH change will Succeed.  
People who Cause the change will LEAD.*



# Art Gallery



HANA - 9 A



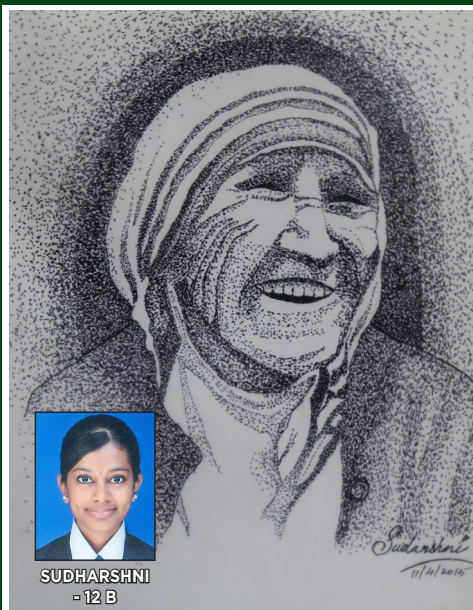
SAMAH RAHIMAN  
- 12 F



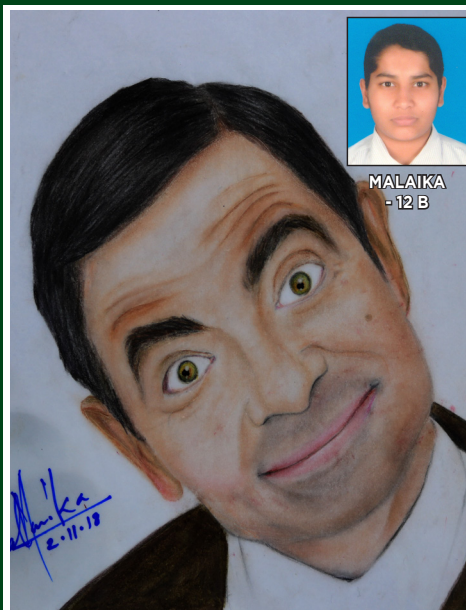
SREELAKSHMI  
BINUMON - 7 C



MAHILYA MOHAN  
- 10 A



SUDHARSHNI  
- 12 B



MALAIKA  
- 12 B



THARINI  
- 7 E



# EPICTIONARY

## 5 English Words & Phrases with Greek Origin You Might Want to Use

1. A **mercurial disposition** means subject to sudden or unexpected changes in mood. Mercury is the Roman name for the Greek god, Hermes. Hermes was unpredictable. As an infant, Hermes stole the cattle of Apollo and walked them backwards up a mountain to confuse his trackers. When he was hunted down, Hermes pretended to be a frightened child. He was brought to trial before Zeus where he confessed and was granted leniency. He then gave Apollo the lyre which he invented and won him over a friend. Example of use: My co-worker had a mercurial disposition. One minute, he was positive and helpful. The next minute he was disagreeable and mean.

2. An **Achilles' heel** is a tragic weakness or flaw. The expression comes from Achilles, a Trojan War hero, who was dipped in the river Styx to ensure his immortality at birth. Being held by the heel, this part did not get dipped in the river and it was the one vulnerable spot on his body. He died of a wound to the heel. Example of use: Our base seems nearly impenetrable, but our lack of a missile defense system is our Achilles Heel.

3. The **Midas touch** means to have good fortune in everything you do. King Midas was granted one wish. He requested that everything he touched be turned into gold. But King Midas soon learned that having this wish prevented him from doing some wonderful things like eating food and hugging his daughter. Lucky for Midas that his prayers to Dionysus were heard and he was given a remedy for his ailment. Example of use: That teacher has the Midas touch. He turns any student into one of the best.

4. A **mentor** is an experienced and trusted advisor. Athena served as a teacher to Telemachus, the son of Odysseus. Her human form was named Mentor. Example of use: A mentor can be helpful to a new employee to learn the ropes of the job.

5. **Phobia** means a fear of. The word phobia comes from the name Phobos, the son of the Greek god Ares. Phobos literally meant fear or terror. Example of use: Mary Ellen had a phobia about speaking English to her boss until she gained some confidence by taking an English class.

## BEST CLASSES - OCTOBER

### Senior Secondary



FIRST - 12B

### Secondary



FIRST - 9C



SECOND - 11C



SECOND - 10A



THIRD - 11A



THIRD - 8A

### AFTERNOON



FIRST - 12J



FIRST - 7F

## Forthcoming Events



- Sports day
- 2<sup>nd</sup> term exam for classes 10 and 12
- 2<sup>nd</sup> mid term exam for classes 6 to 9 and class 11

- Teach me
- Higher education fair
- Award of excellence
- Gavels club inauguration



**THE INDIAN  
COMMUNITY SCHOOL  
KUWAIT**

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